

**Οι ανεπιθύμητες ενέργειες  
από το καρδιαγγειακό σύστημα**

*Michael Doumas  
Aristotle University of Thessaloniki  
George Washington University, Washington, DC*

## Δήλωση συμφερόντων

Δεν υπάρχει  
σύγκρουση συμφερόντων  
σχετικά με το περιεχόμενο της  
παρουσίασης αυτής



## Wisdom for Thought

*“Doctors pour drugs of which they know little for disorders of which they know less into patients of which they know nothing.”*

**Voltaire**





**Overactive bladder**

Anti-muscarinic

Mirabegron

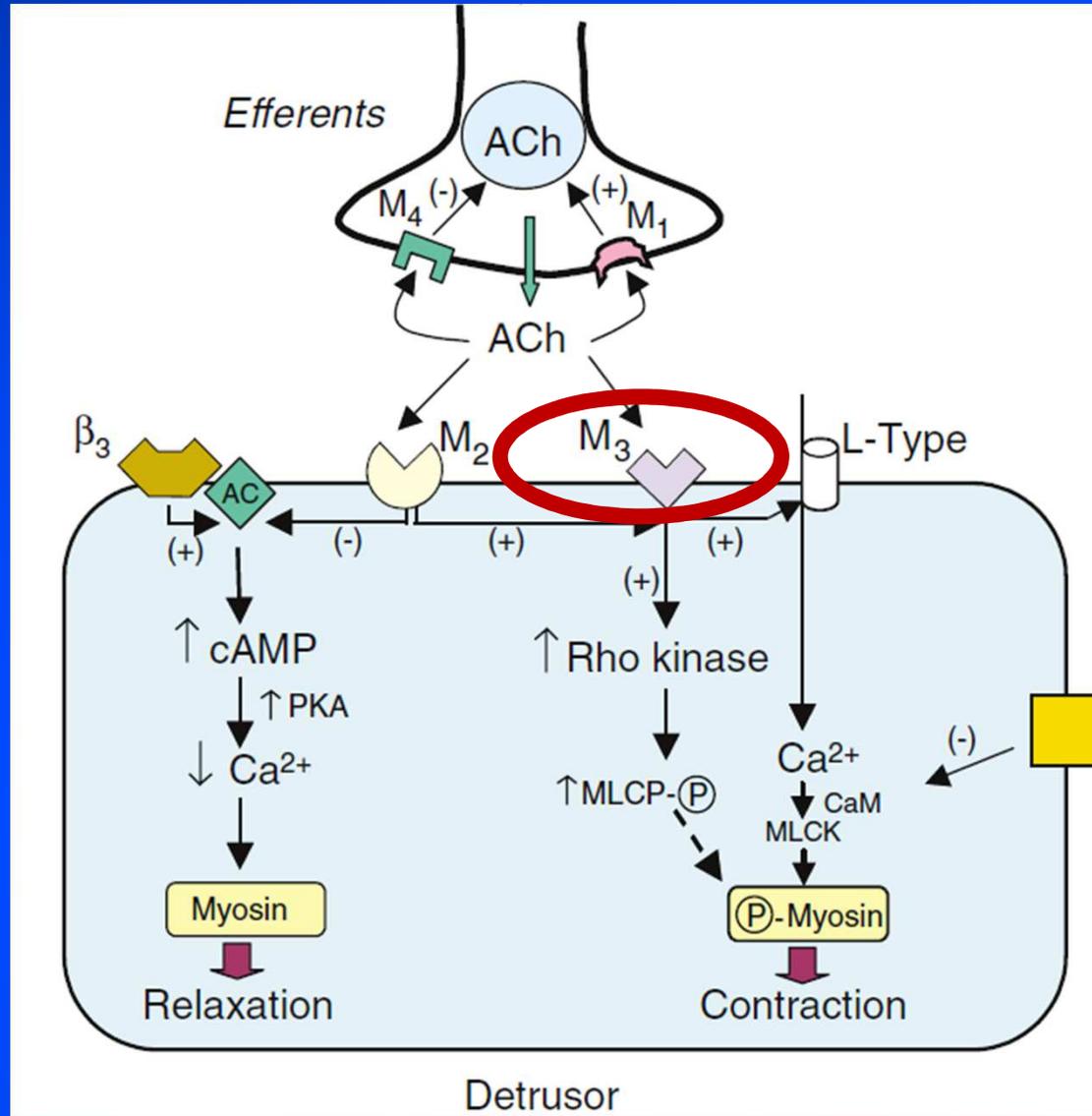
Desmopressine

# Αντιχολινεργικά

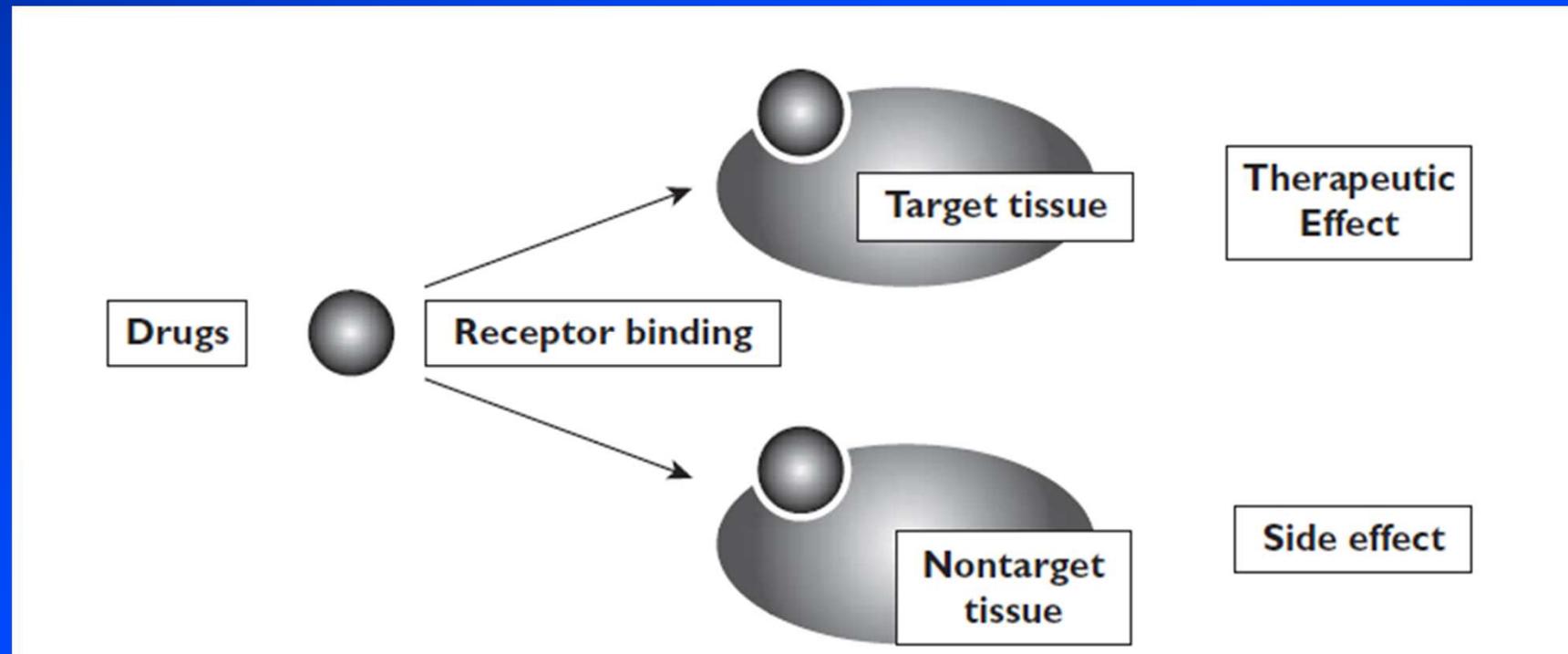
## Χολινεργικοί υποδοχείς

- Ουροδόχος κύστη
- Σιελογόνοι αδένες
- Γαστρεντερικό σύστημα
- Εγκέφαλος
- Οφθαλμοί
- Καρδιά

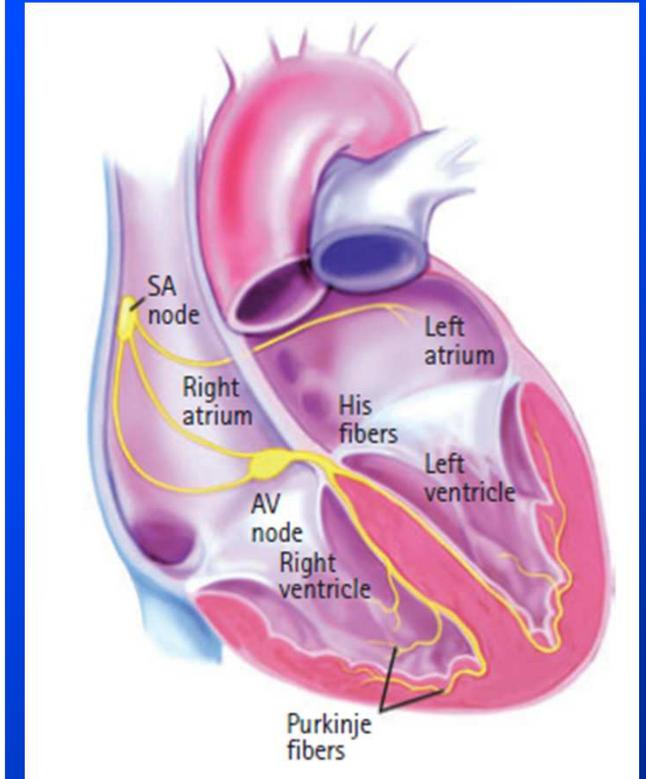
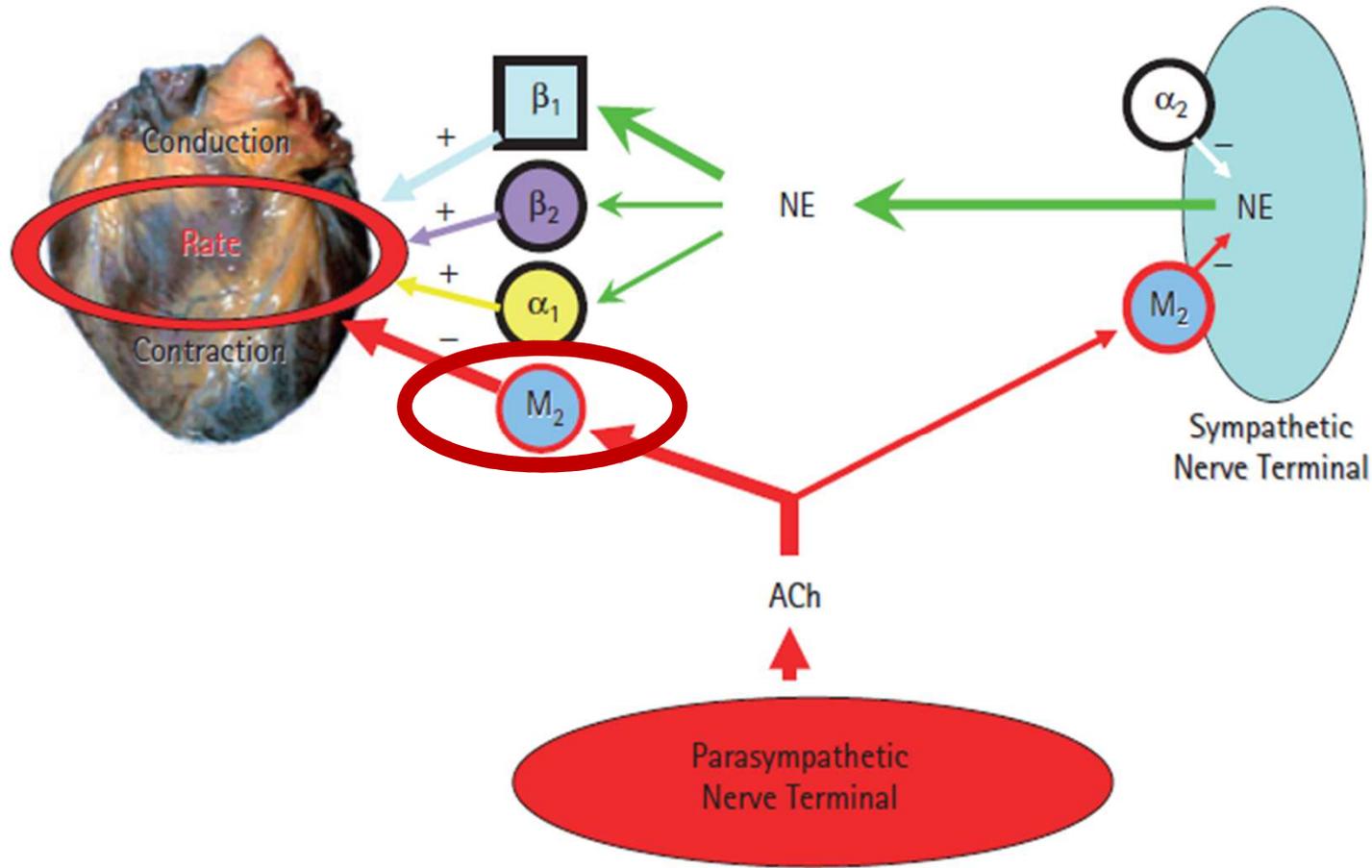
# Μηχανισμός δράσης



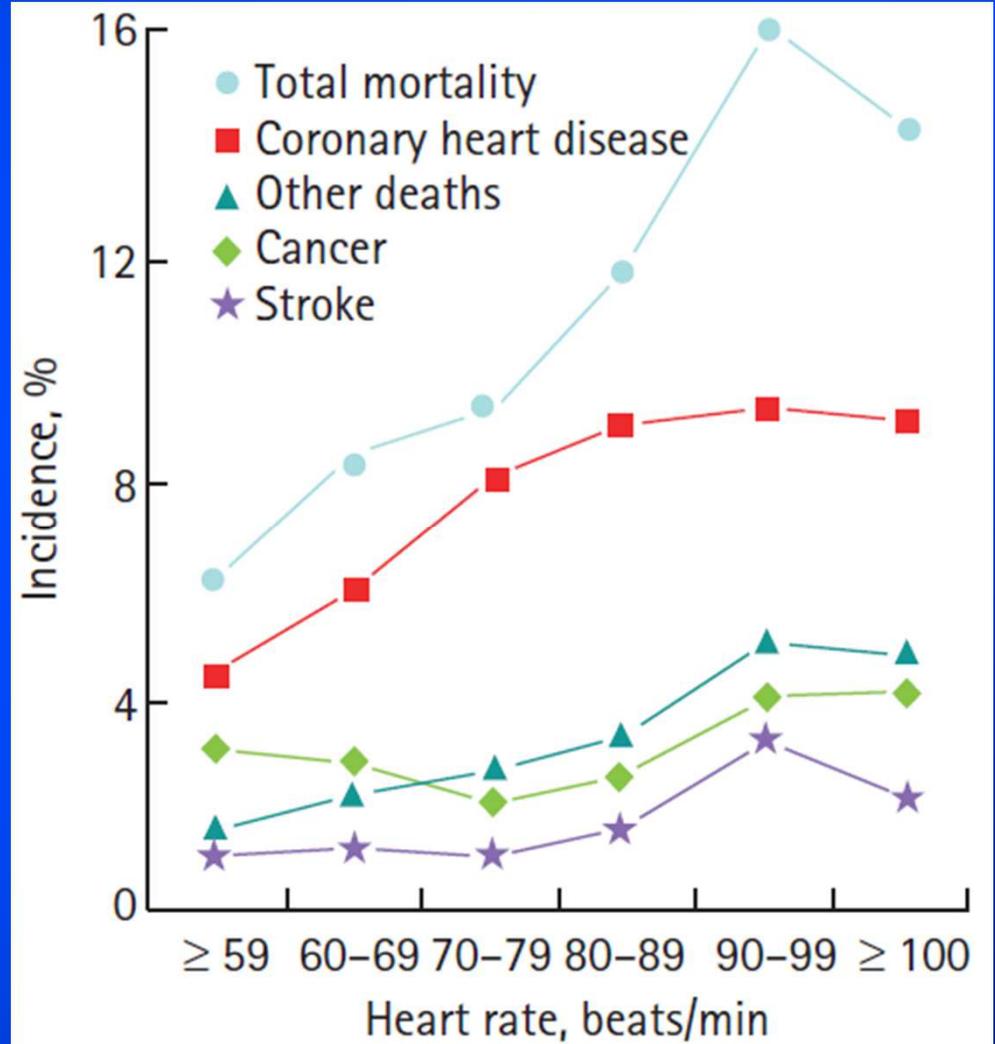
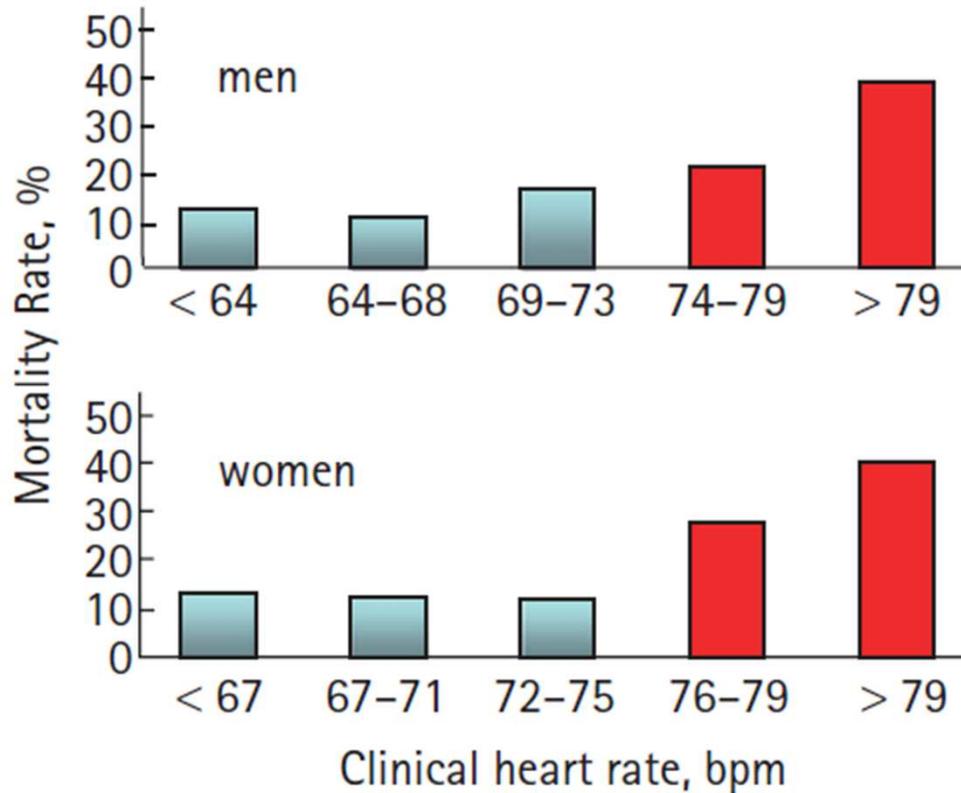
# Μηχανισμός δράσης – ανεπιθυμητών ενεργειών



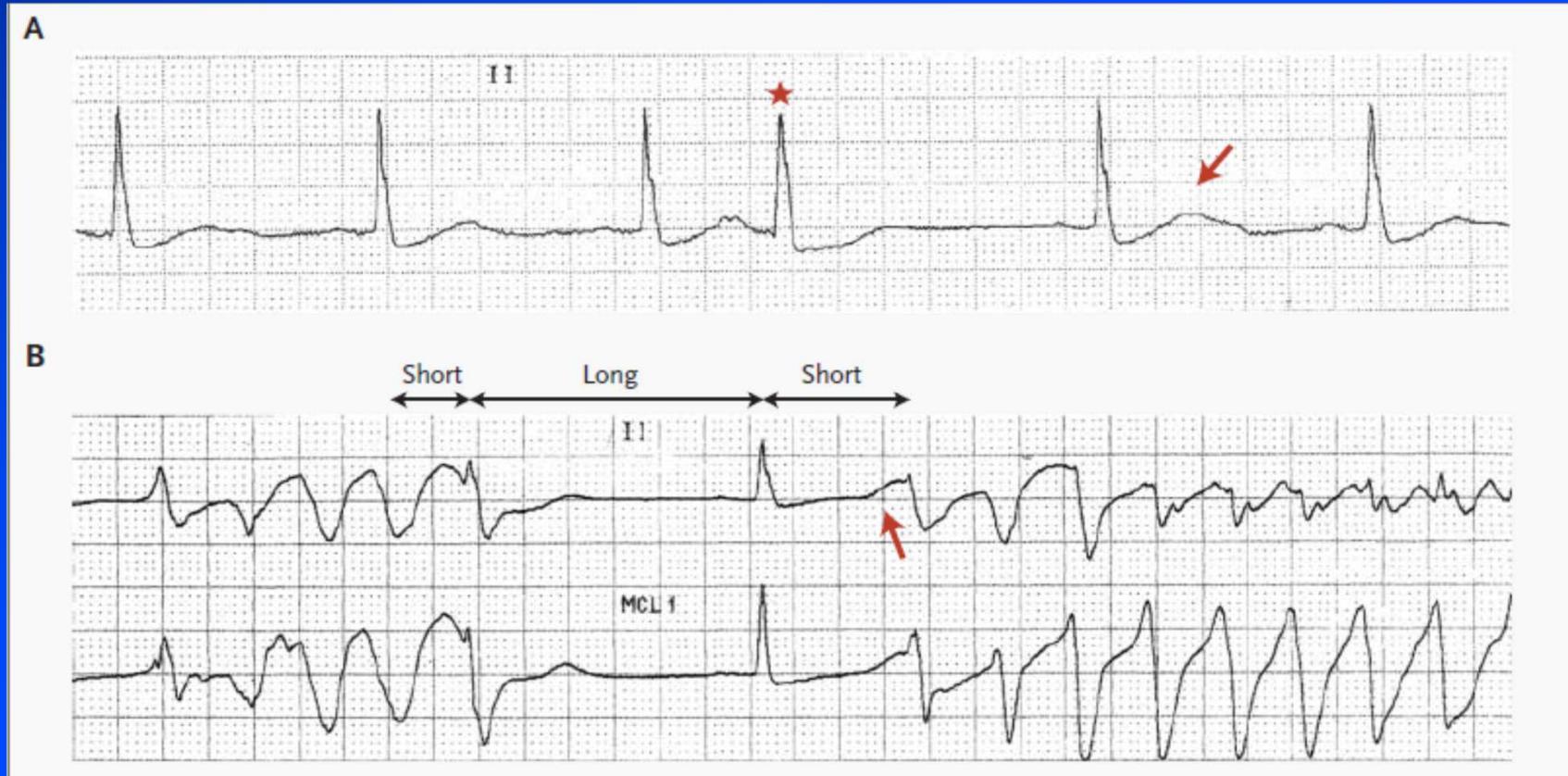
# Έλεγχος καρδιακού ρυθμού



# HR-CV risk



# QT prolongation Torsades de pointes



# Αντιχολινεργικά και υποδοχείς

| <i>Molecule</i> | $M_1$ | $M_2$ | $M_3$ | $M_4$ | $M_5$ |
|-----------------|-------|-------|-------|-------|-------|
| Oxybutynin      | 1.0   | 6.7   | 0.67  | 2.0   | 11.0  |
| Tolterodine     | 3.0   | 3.8   | 3.4   | 5.0   | 3.4   |
| Darifenacin     | 7.3   | 46.0  | 0.79  | 46.0  | 9.6   |
| Solifenacin     | 25    | 125   | 10    | NR    | NR    |
| Trospium        | 0.75  | 0.65  | 0.50  | 1.0   | 2.3   |

(a) Affinity ( $pK_i$ ) of antimuscarinic compounds for the human recombinant receptor subtypes  $M_1$ – $M_5$

|             | $M_1$      | $M_2$      | $M_3$      | $M_4$      | $M_5$      |
|-------------|------------|------------|------------|------------|------------|
| Darifenacin | 8.2 (0.04) | 7.4 (0.10) | 9.1 (0.10) | 7.3 (0.10) | 8.0 (0.10) |
| Tolterodine | 8.8 (0.01) | 8.0 (0.10) | 8.5 (0.10) | 7.7 (0.10) | 7.7 (0.03) |
| Oxybutynin  | 8.7 (0.04) | 7.8 (0.10) | 8.9 (0.10) | 8.0 (0.04) | 7.4 (0.03) |
| Propiverine | 6.6 (0.10) | 5.4 (0.10) | 6.4 (0.10) | 6.0 (0.10) | 6.5 (0.10) |
| Trospium    | 9.1 (0.10) | 9.2 (0.10) | 9.3 (0.10) | 9.0 (0.10) | 8.6 (0.10) |

(b) Comparison of the  $M_3$  selectivity of each compound

|             | $M_3$ versus $M_1$ | $M_3$ versus $M_2$ | $M_3$ versus $M_4$ | $M_3$ versus $M_5$ |
|-------------|--------------------|--------------------|--------------------|--------------------|
| Darifenacin | 9.3***             | 59.2***            | 59.2***            | 12.2***            |
| Tolterodine | 0.6 <sup>aa</sup>  | 3.6***             | 7.3***             | 6.3***             |
| Oxybutynin  | 1.5 <sup>aa</sup>  | 12.3***            | 6.9***             | 27.0***            |
| Propiverine | 0.6 <sup>aa</sup>  | 9.6***             | 2.8***             | 0.8                |
| Trospium    | 1.5                | 1.3                | 2.0*               | 4.6***             |

# Αντιχολινεργικά και καρδιαγγειακό

| Ουσία        | Εκλεκτικότητα | Καρδιακή συχνότητα                                              | QT                                   | Μελέτες                                  |
|--------------|---------------|-----------------------------------------------------------------|--------------------------------------|------------------------------------------|
| Darifenacin  | >>> M3        | -                                                               | -                                    | Oslansky, 2008<br>Oslansky, 2008         |
| Fesoterodine | M3 = M2       | +3.00 σφ/min (4mg)<br>+11.60 σφ/min (28mg)<br>+3-5 σφ/min (8mg) | -                                    | Chapple, 2007                            |
| Oxybutynin   | >>> M3        | -                                                               | ?                                    | Abrams, 2006<br>Chapple, 2005            |
| Propiverine  | M3 = M2       | ↑↑                                                              | -                                    | Dorschner, 2000<br>Abrams, 2006          |
| Solifenacin  | >>> M3        | -                                                               | ↑ QT 30mg>10mg<br>Torsade de pointes | Michel, 2008<br>Asajima, 2008            |
| Tolterodine  | M3 = M2       | +1.84 (4mg)<br>+2.00 (4mg)<br>+6.30 (8mg)                       | ± ?                                  | Malhotra, 2007<br>Oslansky, 2008         |
| Trospium     | M3 = M2       | +9.1 (20mg)<br>+18.0 (100mg)                                    | -                                    | Guay, 2005<br>Zinner, 2004<br>Rudy, 2006 |
| Terodiline   |               |                                                                 | +++<br>Torsade de pointes            | Stewart, 1992<br>Thomas, 1995            |

## Γενικό σχόλιο

- Δεν υπάρχουν μακροχρόνιες τυχαιοποιημένες μελέτες
- Δεν υπάρχουν αρκετές μελέτες άμεσης σύγκρισης
- Δεν υπάρχουν μεγάλες μελέτες σε ηλικιωμένους
- Δεν υπάρχουν μελέτες σε ασθενείς με καρδιαγγειακά νοσήματα

# Comorbidities

| Condition                    | OAB patients,<br>% (N = 41 440) | Non-OAB<br>patients, %<br>(N = 77 272) | P      |
|------------------------------|---------------------------------|----------------------------------------|--------|
| CV co-morbidities            |                                 |                                        |        |
| Any CV co-morbidity          | 57.60                           | 44.62                                  | <0.001 |
| Congenital heart disease     | 0.20                            | 0.27                                   | 0.010  |
| Ischaemic heart disease      | 10.80                           | 8.92                                   | <0.001 |
| Other forms of heart disease | 6.30                            | 5.22                                   | <0.001 |
| Conduction disorders         | 8.50                            | 7.28                                   | <0.001 |
| Heart failure                | 3.60                            | 2.71                                   | <0.001 |
| CV symptoms                  | 5.60                            | 4.56                                   | <0.001 |
| Hypertension                 | 44.20                           | 32.00                                  | <0.001 |
| Hypotension                  | 1.20                            | 0.62                                   | <0.001 |
| Pulmonary heart disease      | 1.00                            | 0.69                                   | <0.001 |
| Cerebrovascular disease      | 7.50                            | 4.39                                   | <0.001 |
| Disease of blood vessels     | 5.50                            | 4.04                                   | <0.001 |
| Diabetes                     | 15.50                           | 10.96                                  | <0.001 |
| Renal diseases               | 3.30                            | 2.33                                   | <0.001 |

# Φάρμακα που προκαλούν παράταση QT

## Drugs commonly involved

Disopyramide

Dofetilide

Ibutilide

Procainamide

Quinidine

Sotalol

Bepriidil

## Other drugs†

Amiodarone

Arsenic trioxide

Cisapride

Calcium-channel blockers: lidoflazine (not marketed in the United States)

Antiinfective agents: clarithromycin, erythromycin, halofantrine, pentamidine, sparfloxacin

Antiemetic agents: domperidone, droperidol

Antipsychotic agents: chlorpromazine, haloperidol, mesoridazine, thioridazine, pimozide

Methadone

# Παράγοντες κινδύνου για παράταση QT

Female sex<sup>10</sup>

Hypokalemia<sup>11,12</sup>

Bradycardia<sup>11,12</sup>

Recent conversion from atrial fibrillation, especially with a QT-prolonging drug<sup>13,14</sup>

Congestive heart failure<sup>15</sup>

Digitalis therapy<sup>16</sup>

High drug concentrations (with the exception of quinidine)

Rapid rate of intravenous infusion with a QT-prolonging drug<sup>17</sup>

Base-line QT prolongation<sup>16</sup>

Subclinical long-QT syndrome<sup>18,19</sup>

Ion-channel polymorphisms<sup>20-22</sup>

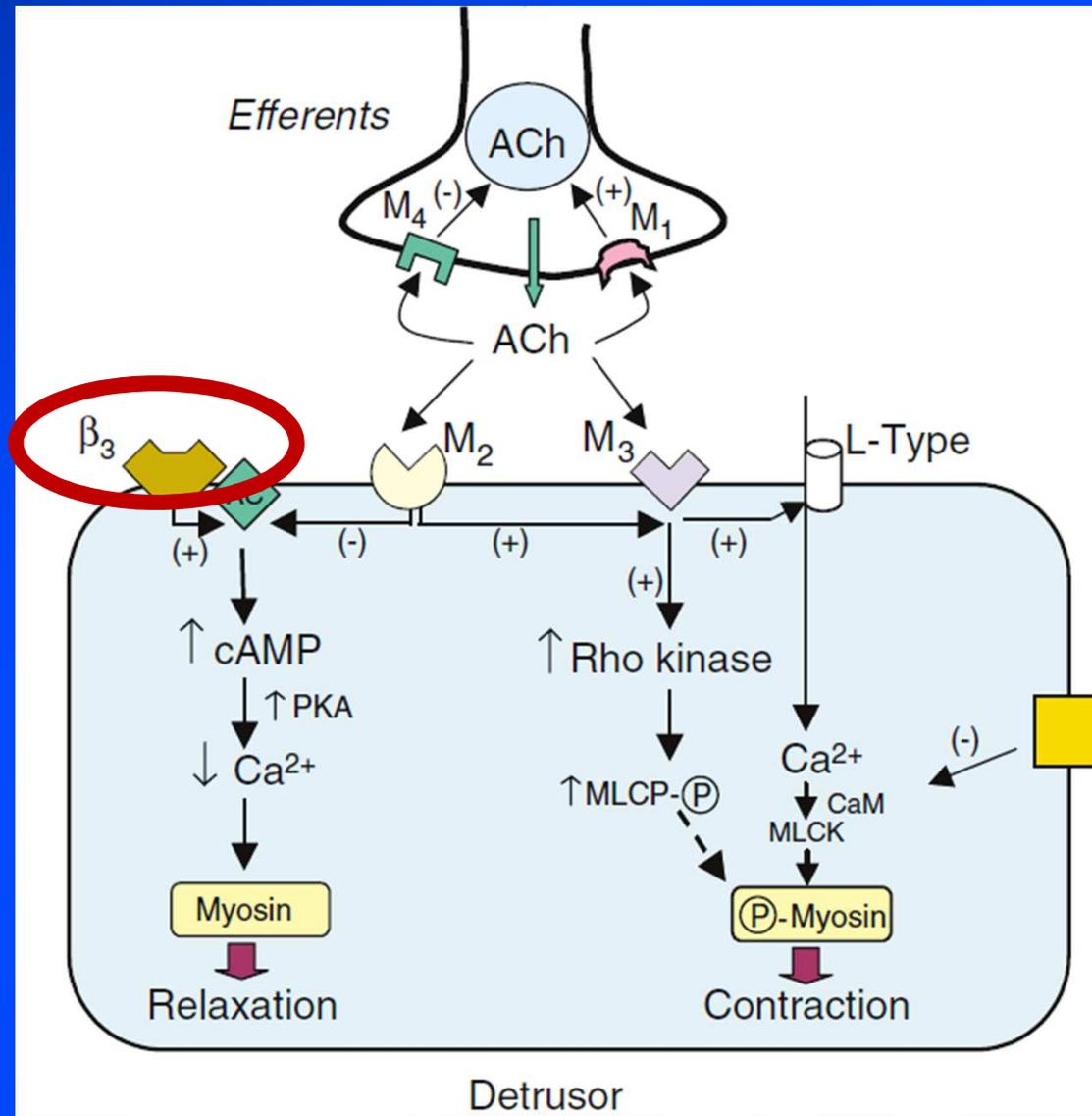
Severe hypomagnesemia

## Τι να κάνουμε

- Προσοχή σε ασθενείς που έχουν καρδιολογικά προβλήματα – ταχυκαρδία
- Προσοχή σε ασθενείς που έχουν σύνδρομο μακρού QT ή λαμβάνουν φάρμακα που επιμηκύνουν το QT διάστημα
- Προσοχή στη συγχορήγηση με κινολόνες, μακρολίδες, διουρητικά, αντιαρρυθμικά

# Μιραμπερόνη

# Μηχανισμός δράσης



## **Prescribing information**

**Mirabegron can increase blood pressure.**

**Periodic blood pressure determinations are recommended, especially in hypertensive patients.**

**Mirabegron is not recommended for use in patients with severe uncontrolled hypertension (>180/110 mmHg)**

**Γιατί;;;**

**Αύξηση της ΑΠ κατά 3.5/1.5 mmHg**

**στα 50mg στις μελέτες φάσης Ι.**

**Δοσο-εξαρτώμενη - 200mg: 9.7 mmHg.**

**Άγνωστες δράσεις;**

**Απώλεια εκλεκτικότητας σε υψηλές δόσεις;**





# Safety – 12 weeks

## Pooled analysis of 3 phase III trials

| Number of patients (%)                                                                  | Placebo (n = 1380) | Mirabegron      |                  |                  |                  | Tolterodine ER 4 mg (n = 495) |
|-----------------------------------------------------------------------------------------|--------------------|-----------------|------------------|------------------|------------------|-------------------------------|
|                                                                                         |                    | 25 mg (n = 432) | 50 mg (n = 1375) | 100 mg (n = 929) | Total (n = 2736) |                               |
| Any TEAE                                                                                | 658 (47.7)         | 210 (48.6)      | 647 (47.1)       | 402 (43.3)       | 1259 (46.0)      | 231 (46.7)                    |
| Drug-related TEAE                                                                       | 232 (16.8)         | 87 (20.1)       | 256 (18.6)       | 172 (18.5)       | 515 (18.8)       | 131 (26.5)                    |
| TEAE leading to discontinuation                                                         | 46 (3.3)           | 17 (3.9)        | 53 (3.9)         | 34 (3.7)         | 104 (3.8)        | 22 (4.4)                      |
| Drug-related TEAE leading to discontinuation                                            | 27 (2.0)           | 11 (2.5)        | 35 (2.5)         | 25 (2.7)         | 71 (2.6)         | 20 (4.0)                      |
| SAE                                                                                     | 29 (2.1)           | 7 (1.6)         | 29 (2.1)         | 26 (2.8)         | 62 (2.3)         | 11 (2.2)                      |
| Drug-related SAE                                                                        | 6 (0.4)            | 3 (0.7)         | 7 (0.5)          | 3 (0.3)          | 13 (0.5)         | 6 (1.2)                       |
| <b>Common TEAEs by preferred term (reported by &gt; 3% in total mirabegron group)</b>   |                    |                 |                  |                  |                  |                               |
| Hypertension                                                                            | 105 (7.6)          | 49 (11.3)       | 103 (7.5)        | 48 (5.2)         | 200 (7.3)        | 40 (8.1)                      |
| Nasopharyngitis                                                                         | 35 (2.5)           | 15 (3.5)        | 51 (3.8)         | 25 (2.7)         | 94 (3.4)         | 14 (2.8)                      |
| Urinary tract infection                                                                 | 25 (1.8)           | 18 (4.2)        | 40 (2.9)         | 25 (2.7)         | 83 (3.0)         | 10 (2.0)                      |
| <b>Antimuscarinic AEs of interest by preferred term (reported by ≥ 2% in any group)</b> |                    |                 |                  |                  |                  |                               |
| Headache                                                                                | 43 (3.1)           | 10 (2.3)        | 47 (3.4)         | 23 (2.5)         | 80 (2.9)         | 18 (3.6)                      |
| Dry mouth                                                                               | 29 (2.1)           | 8 (1.9)         | 23 (1.7)         | 23 (2.5)         | 54 (2.0)         | 50 (10.1)                     |
| Constipation                                                                            | 20 (1.4)           | 7 (1.6)         | 22 (1.6)         | 15 (1.6)         | 44 (1.6)         | 10 (2.0)                      |
| <b>Drug-related* TEAEs by preferred term (reported by ≥ 2% in any group)</b>            |                    |                 |                  |                  |                  |                               |
| Hypertension                                                                            | 63 (4.6)           | 30 (6.9)        | 65 (4.7)         | 32 (3.4)         | 127 (4.6)        | 30 (6.1)                      |
| Headache                                                                                | 18 (1.3)           | 4 (0.9)         | 28 (2.0)         | 12 (1.3)         | 44 (1.6)         | 11 (2.2)                      |
| Dry mouth                                                                               | 22 (1.6)           | 7 (1.6)         | 13 (0.9)         | 20 (2.2)         | 40 (1.5)         | 47 (9.5)                      |

# Safety

## Pooled analysis of 3 phase III trials

|                                                                 | Placebo (n = 1380)      |                        | Mirabegron 25 mg (n = 432) |                          | Mirabegron 50 mg (n = 1375) |                         | Mirabegron 100 mg (n = 929) |                         |
|-----------------------------------------------------------------|-------------------------|------------------------|----------------------------|--------------------------|-----------------------------|-------------------------|-----------------------------|-------------------------|
|                                                                 | AM                      | PM                     | AM                         | PM                       | AM                          | PM                      | AM                          | PM                      |
| <b>Blood pressure (mmHg)</b>                                    |                         |                        |                            |                          |                             |                         |                             |                         |
| <b>SBP</b>                                                      |                         |                        |                            |                          |                             |                         |                             |                         |
| N                                                               | 1329                    | 1326                   | 410                        | 410                      | 1327                        | 1327                    | 891                         | 890                     |
| Baseline, mean (SE)                                             | 125.9 (0.47)            | 125.0 (0.41)           | 129.2 (0.81)               | 129.0 (0.71)             | 126.4 (0.47)                | 125.6 (0.43)            | 125.0 (0.55)                | 123.7 (0.49)            |
| Final Visit, mean (SE)                                          | 126.2 (0.45)            | 125.7 (0.41)           | 128.8 (0.75)               | 128.3 (0.67)             | 127.2 (0.46)                | 126.6 (0.41)            | 125.6 (0.51)                | 125.2 (0.46)            |
| Adjusted change from baseline, mean (SE), (95% CI) <sup>†</sup> | 0.2 (0.25), (-0.3, 0.7) | 0.6 (0.25), (0.1, 1.1) | -0.3 (0.52), (-1.2, 0.7)   | -0.5 (0.53), (-1.5, 0.6) | 0.8 (0.25), (0.3, 1.3)      | 1.1 (0.25), (0.6, 1.6)  | 0.6 (0.32), (-0.1, 1.3)     | 1.4 (0.33), (0.8, 2.1)  |
| Difference vs. placebo, mean (SE), (95% CI) <sup>‡</sup>        | -                       | -                      | -0.5 (0.57), (-1.6, 0.6)   | -1.0 (0.58), (-2.2, 0.1) | 0.6 (0.35), (-0.1, 1.3)     | 0.5 (0.36), (-0.2, 1.2) | 0.4 (0.41), (-0.4, 1.2)     | 0.9 (0.42), (0.1, 1.7)  |
| <b>DBP</b>                                                      |                         |                        |                            |                          |                             |                         |                             |                         |
| N                                                               | 1329                    | 1326                   | 410                        | 410                      | 1327                        | 1327                    | 890                         | 890                     |
| Baseline, mean (SE)                                             | 77.1 (0.26)             | 75.3 (0.23)            | 78.2 (0.48)                | 76.1 (0.46)              | 77.2 (0.25)                 | 75.4 (0.24)             | 77.4 (0.30)                 | 75.3 (0.28)             |
| Final Visit, mean (SE)                                          | 77.2 (0.25)             | 75.7 (0.24)            | 77.6 (0.43)                | 75.7 (0.42)              | 77.6 (0.24)                 | 76.2 (0.24)             | 77.7 (0.28)                 | 76.3 (0.28)             |
| Adjusted change from baseline, mean (SE), (95% CI) <sup>†</sup> | 0.0 (0.16), (-0.3, 0.3) | 0.4 (0.16), (0.1, 0.7) | -0.1 (0.33), (-0.8, 0.5)   | 0.1 (0.34), (-0.6, 0.7)  | 0.4 (0.16), (0.1, 0.7)      | 0.7 (0.16), (0.4, 1.1)  | 0.2 (0.21), (-0.2, 0.6)     | 0.9 (0.21), (0.5, 1.3)  |
| Difference vs. placebo, mean (SE), (95% CI) <sup>‡</sup>        | -                       | -                      | -0.1 (0.37), (-0.9, 0.6)   | -0.3 (0.37), (-1.0, 0.4) | 0.4 (0.22), (-0.1, 0.8)     | 0.4 (0.23), (-0.1, 0.8) | 0.2 (0.26), (-0.3, 0.7)     | 0.5 (0.27), (-0.0, 1.0) |

## Safety – Heart rate

Αύξηση του καρδιακού ρυθμού στις μελέτες φάσης I, δοσο-εξαρτώμενη 6.7-17 b/min

Σε μία μελέτη φάσης II (Dragon)  
100mg: 2.15 – 200mg: 4.66 b/min

Chapple, Int Urogynecol J 2013

| Pulse rate (bpm)                                                |                        |                           |                        |                         |                        |                        |                        |                        |
|-----------------------------------------------------------------|------------------------|---------------------------|------------------------|-------------------------|------------------------|------------------------|------------------------|------------------------|
| N                                                               | 1329                   | 1326                      | 410                    | 410                     | 1327                   | 1327                   | 891                    | 890                    |
| Baseline, mean (SE)                                             | 70.5 (0.28)            | 75.3 (0.29)               | 71.0 (0.50)            | 75.5 (0.51)             | 70.4 (0.28)            | 74.9 (0.28)            | 70.4 (0.34)            | 74.4 (0.34)            |
| Final Visit, mean (SE)                                          | 70.9 (0.29)            | 74.7 (0.29)               | 71.7 (0.52)            | 75.3 (0.53)             | 71.8 (0.29)            | 75.5 (0.28)            | 72.9 (0.34)            | 76.5 (0.34)            |
| Adjusted change from baseline, mean (SE), (95% CI) <sup>†</sup> | 0.4 (0.17), (0.1, 0.8) | -0.4 (0.18), (-0.8, -0.1) | 1.3 (0.36), (0.6, 2.0) | 0.2 (0.37), (-0.5, 0.9) | 1.4 (0.17), (1.1, 1.6) | 0.6 (0.18), (0.2, 0.9) | 2.3 (0.22), (1.9, 2.6) | 1.9 (0.23), (1.4, 2.3) |
| Difference vs. placebo, mean (SE), (95% CI) <sup>‡</sup>        | -                      | -                         | 0.9 (0.40), (0.1, 1.6) | 0.6 (0.41), (-0.2, 1.4) | 1.0 (0.24), (0.5, 1.5) | 1.0 (0.25), (0.5, 1.5) | 1.9 (0.28), (1.3, 2.5) | 2.3 (0.29), (1.7, 2.9) |
| Incidence of tachycardia (%)*                                   |                        |                           |                        |                         |                        |                        |                        |                        |
| Tachycardia events, N (%)                                       | 43 (3.1)               |                           | 21 (4.9)               |                         | 52 (3.8)               |                        | 43 (4.6)               |                        |

Nitti, Int J Clin Practice 2013

## Safety – 1 year

| Preferred term<br>Adverse event, <i>n</i> (%) | Mirabegron                 |                             | Tolterodine SR 4 mg<br>( <i>n</i> = 820) |
|-----------------------------------------------|----------------------------|-----------------------------|------------------------------------------|
|                                               | 50 mg<br>( <i>n</i> = 812) | 100 mg<br>( <i>n</i> = 820) |                                          |
| Any AE                                        | 485 (59.7)                 | 505 (61.5)                  | 508 (62.6)                               |
| Hypertension                                  | 75 (9.2)                   | 80 (9.8)                    | 78 (9.6)                                 |
| Urinary tract infection                       | 46 (5.7)                   | 45 (5.5)                    | 52 (6.4)                                 |
| Nasopharyngitis                               | 32 (3.9)                   | 35 (4.3)                    | 25 (3.1)                                 |
| Headache                                      | 33 (4.1)                   | 26 (3.2)                    | 20 (2.5)                                 |
| Back pain                                     | 23 (2.8)                   | 29 (3.5)                    | 13 (1.6)                                 |
| Constipation                                  | 23 (2.8)                   | 25 (3.0)                    | 22 (2.7)                                 |
| Influenza                                     | 21 (2.6)                   | 25 (3.0)                    | 28 (3.4)                                 |
| Dry mouth                                     | 23 (2.8)                   | 19 (2.3)                    | 70 (8.6)                                 |
| Sinusitis                                     | 22 (2.7)                   | 18 (2.2)                    | 12 (1.5)                                 |
| Diarrhoea                                     | 15 (1.8)                   | 24 (2.9)                    | 16 (2.0)                                 |
| Arthralgia                                    | 17 (2.1)                   | 19 (2.3)                    | 16 (2.0)                                 |
| Dizziness                                     | 22 (2.7)                   | 13 (1.6)                    | 21 (2.6)                                 |
| Cystitis                                      | 17 (2.1)                   | 11 (1.3)                    | 19 (2.3)                                 |
| Tachycardia                                   | 8 (1.0)                    | 19 (2.3)                    | 25 (3.1)                                 |



## Σχόλιο

- Δεν υπάρχουν αξιόπιστα στοιχεία
- Placebo effect δεν παρατηρείται - Symplcity III
- Στοιχεία σε υπέρτασικούς – νορμοτασικούς
- Σε σοβαρή υπέρταση; - **Μηχανισμός;**
- Σε συνυπάρχοντα καρδιακά νοσήματα
  
- 24ωρη μέτρηση της ΑΠ ή ΗΒΡ

# Drug – induced hypertension

TABLE 2: Drugs inducing or exacerbating hypertension.

- 
- (i) Nonsteroidal anti-inflammatory drugs
  - (ii) Oral contraceptives
  - (iii) Sympathomimetics
  - (iv) Illicit drugs
  - (v) Glucocorticoids
  - (vi) Mineralocorticoids
  - (vii) Cyclosporine, tacrolimus
  - (iix) Erythropoietin
  - (ix) Herbal supplements
  - (x) VEGF inhibitors
-

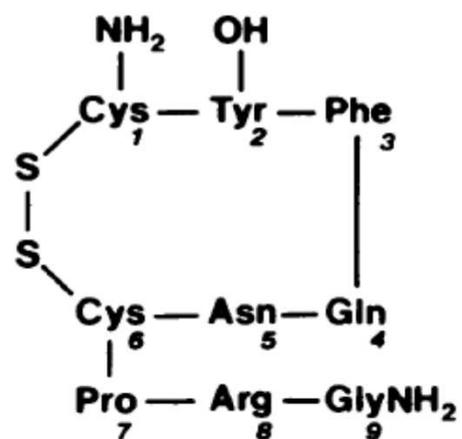
## Τι να κάνουμε

- Αποφυγή σε ασθενείς με σοβαρή υπέρταση
- Προσοχή σε ασθενείς που έχουν υπέρταση
- Περιορισμός του νατρίου
- Προσοχή στη συγχορήγηση άλλων φαρμάκων που αυξάνουν την αρτηριακή πίεση και ιδιαίτερα ΜΣΑΦ

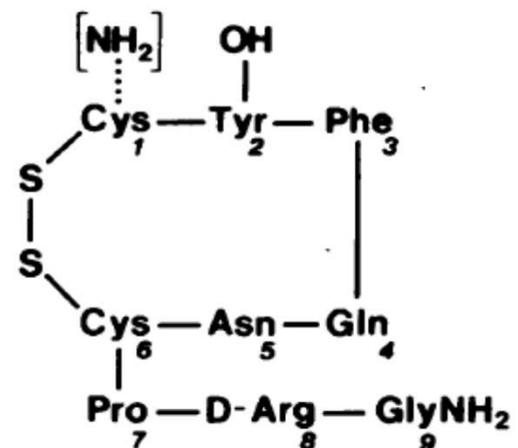
# Δεσμοπρεσίνη

# Δεσμοπρεσίνη

AVP



DDAVP



# Hyponatremia Induced by Vasopressin or Desmopressin in Female and Male Rats<sup>1,2</sup>

Joseph G. Verbalis<sup>3</sup>

## Hyponatraemia following desmopressin

EDITOR,—M Hamed and colleagues report on a case of hyponatraemic convulsion associated with desmopressin and imipramine treatment.<sup>1</sup> We are aware of six previous reports of hyponatraemic convulsion associated with the use of desmopressin.<sup>2,7</sup> Five of the six patients had ingested an excessive amount of fluid in the evening or days preceding the seizure. Four of the patients complained of vomiting before the seizure, three of headache, and one of nausea. All six patients recovered completely. One of the patients reported

BMJ VOLUME 307 3 JULY 1993

## Dangers of intranasal desmopressin for nocturnal enuresis

Sir,

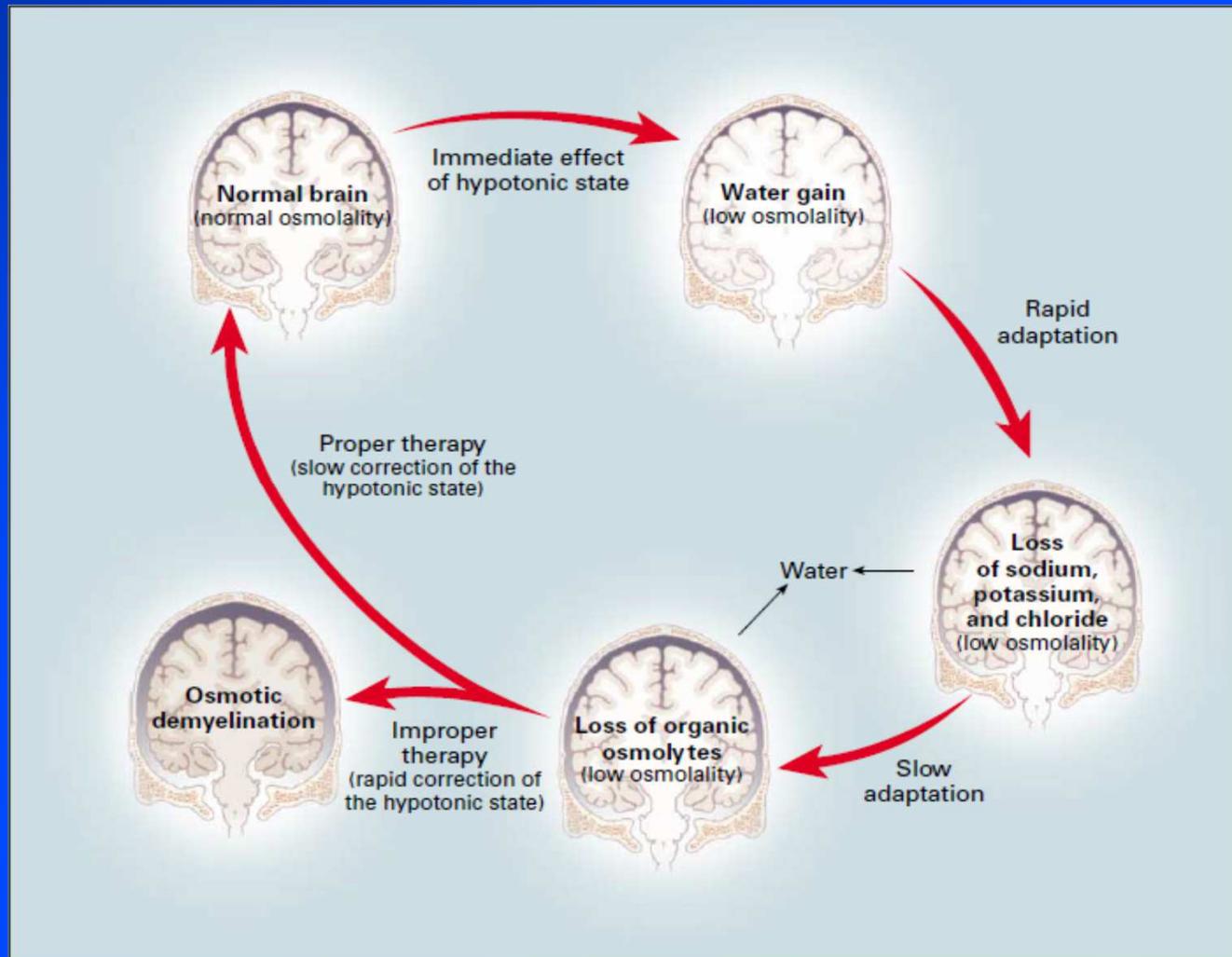
The recent advocacy of desmopressin as an apparently successful treatment for nocturnal enuresis<sup>1</sup> should be noted with caution because of the potential side effects. A recent case has been noted in which a child with cystic fibrosis had a severe adverse response to desmopressin.<sup>2</sup>

## Hyponatraemic seizures resulting from inadequate post-operative fluid intake following a single dose of desmopressin

Zoltán Molnár<sup>1</sup>, Viktor Farkas<sup>1</sup>, László Nemes<sup>2</sup>, György S. Reusz<sup>1</sup> and Attila J. Szabó<sup>1</sup>

<sup>1</sup>First Department of Pediatrics, Semmelweis University, Budapest and <sup>2</sup>National Haemophilia Center, National Medical Center, Budapest, Hungary

# Κίνδυνοι υπονατριαιμίας, ταχείας διόρθωσης



# Αίτια υπονατριαιμίας

## IMPAIRED CAPACITY OF RENAL WATER EXCRETION

### Decreased volume of extracellular fluid

Renal sodium loss  
 Diuretic agents  
 Osmotic diuresis (glucose, urea, mannitol)  
 Adrenal insufficiency  
 Salt-wasting nephropathy  
 Bicarbonaturia (renal tubular acidosis, disequilibrium stage of vomiting)  
 Ketonuria  
 Extrarenal sodium loss  
 Diarrhea  
 Vomiting  
 Blood loss  
 Excessive sweating (e.g., in marathon runners)  
 Fluid sequestration in "third space"  
 Bowel obstruction  
 Peritonitis  
 Pancreatitis  
 Muscle trauma  
 Burns

### Increased volume of extracellular fluid

Congestive heart failure  
 Cirrhosis  
 Nephrotic syndrome  
 Renal failure (acute or chronic)  
 Pregnancy

### Essentially normal volume of extracellular fluid

Thiazide diuretics\*  
 Hypothyroidism  
 Adrenal insufficiency  
 Syndrome of inappropriate secretion of antidiuretic hormone  
 Cancer  
 Pulmonary tumors  
 Mediastinal tumors  
 Extrathoracic tumors  
 Central nervous system disorders  
 Acute psychosis  
 Mass lesions  
 Inflammatory and demyelinating diseases  
 Stroke  
 Hemorrhage  
 Trauma  
 Drugs  
 Desmopressin  
 Oxytocin  
 Prostaglandin-synthesis inhibitors  
 Nicotine  
 Phenothiazines  
 Tricyclics  
 Serotonin-reuptake inhibitors  
 Opiate derivatives  
 Chlorpropamide  
 Clofibrate  
 Carbamazepine  
 Cyclophosphamide  
 Vincristine  
 Pulmonary conditions  
 Infections  
 Acute respiratory failure  
 Positive-pressure ventilation  
 Miscellaneous  
 Postoperative state  
 Pain  
 Severe nausea  
 Infection with the human immunodeficiency virus  
 Decreased intake of solutes  
 Beer potomania  
 Tea-and-toast diet

## EXCESSIVE WATER INTAKE

Primary polydipsia†  
 Dilute infant formula  
 Sodium-free irrigant solutions (used in hysteroscopy, laparoscopy, or transurethral resection of the prostate)‡  
 Accidental intake of large amounts of water (e.g., during swimming lessons)  
 Multiple tap-water enemas

## Drugs

Desmopressin  
 Oxytocin  
 Prostaglandin-synthesis inhibitors  
 Nicotine  
 Phenothiazines  
 Tricyclics  
 Serotonin-reuptake inhibitors  
 Opiate derivatives  
 Chlorpropamide  
 Clofibrate  
 Carbamazepine  
 Cyclophosphamide  
 Vincristine

# Συχνότητα

|                                                                                 | <i>Dose titration</i> |          |
|---------------------------------------------------------------------------------|-----------------------|----------|
|                                                                                 | <i>Desmopressin</i>   |          |
|                                                                                 | <i>No. (%)</i>        | <i>E</i> |
| Patients exposed                                                                | 224 (100)             |          |
| Total adverse events                                                            | 158 (71)              | 398      |
| Serious adverse events                                                          | 5 (2)                 | 10       |
| Deaths*                                                                         | 2 (1)                 | 3        |
| Adverse events related to study medication                                      | 109 (49)              | 231      |
| Most frequently reported (>3%)<br>adverse events related to study<br>medication |                       |          |
| Headache                                                                        | 50 (22)               | 63       |
| Nausea                                                                          | 17 (8)                | 18       |
| Hyponatremia                                                                    | 14 (6)                | 15       |
| Abdominal pain                                                                  | 5 (4)                 | 10       |
| Dry mouth                                                                       | 9 (4)                 | 9        |
| Micturition frequency                                                           | 8 (4)                 | 9        |
| Dizziness                                                                       | 7 (3)                 | 7        |
| Fatigue                                                                         | 7 (3)                 | 8        |
| Peripheral edema                                                                | 7 (3)                 | 9        |

# Συχνότητα

| Study                    | Study population                                | Length of follow up | Desmopressin formulation | Incidence of hyponatremia (%) |
|--------------------------|-------------------------------------------------|---------------------|--------------------------|-------------------------------|
| Asplund et al. [1998]    | Men and women aged over 60                      | 3 weeks             | Oral                     | 2/23 (8.7)                    |
| Asplund et al. [1999]    | Men and women aged over 60                      | 2 weeks             | Oral                     | 1/17 (5.9)                    |
| Cannon et al. [1999]     | Men aged over 50                                | 2–4 weeks           | Nasal                    | 1/20 (5.0)                    |
| Chancellor et al. [1999] | Men with benign prostatic hyperplasia           | 3 months            | Nasal                    | 0/12 (0.0)                    |
| Mattiasson et al. [2002] | Men aged over 18 (mean in treatment group 64.5) | 3 weeks             | Oral                     | 49/224 (21.9)                 |
| Kuo [2002]               | Men and women aged over 65                      | 2 weeks             | Oral                     | 1/30 (3.3)                    |
| Rembratt et al. [2003]   | Men and women aged over 65                      | 3 days              | Oral                     | 4/72 (5.6)                    |

**7,6%**

# Βαρύτητα, παράγοντες κινδύνου Ενδορινικά, <14d

Table 1 Clinical and laboratory data in subjects with severe signs of hyponatremia secondary to desmopressin treatment for enuresis.

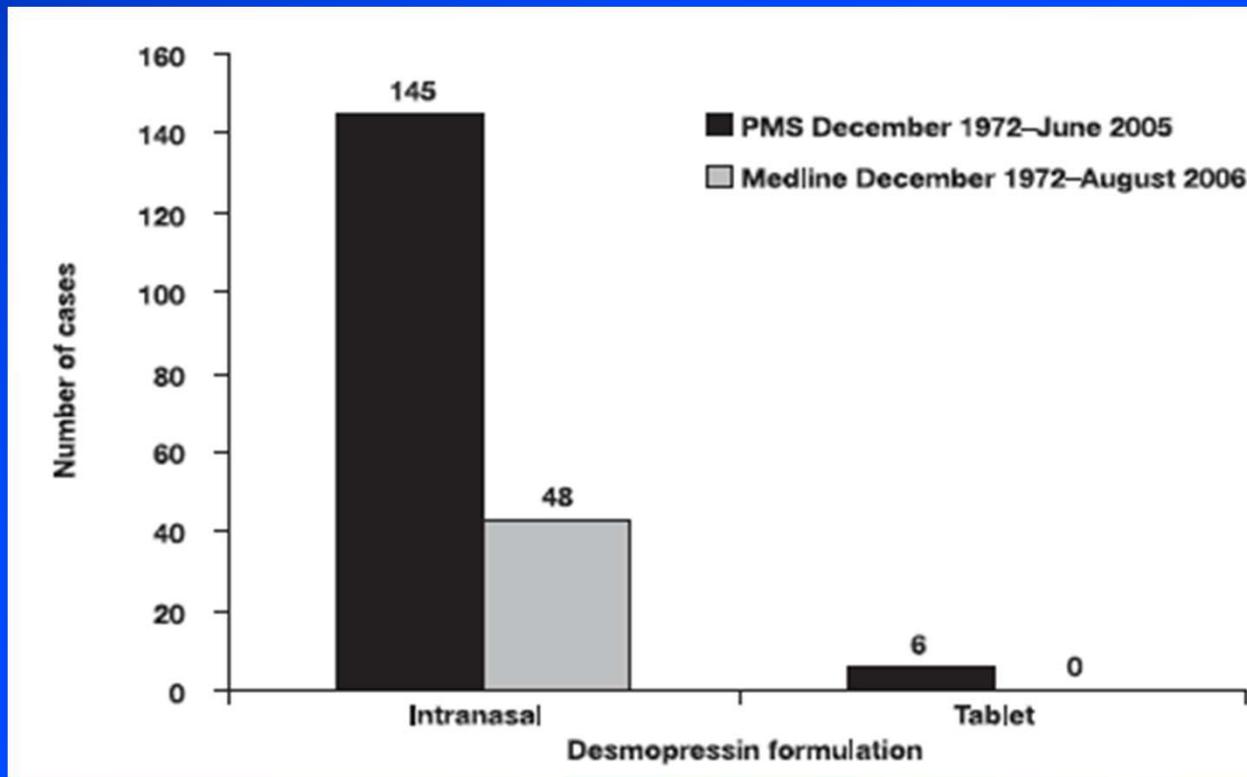
|                                | All cases     | Severely altered<br>mental status | Convulsions   | Significance    |
|--------------------------------|---------------|-----------------------------------|---------------|-----------------|
| <i>N</i>                       | 54            | 8                                 | 46            |                 |
| Desmopressin, nasal/oral       | 47/7          | 5/3                               | 42/4          | Not significant |
| Gender, male/female            | 34/20         | 2/6                               | 32/14         | $P < 0.05$      |
| Age, years                     | 9.0 [6.5–11]  | 9.0 [7.8–19]                      | 9.0 [6.0–11]  | Not significant |
| Age $\leq 6.0$ years, <i>N</i> | 11            | 1                                 | 10            | Not significant |
| Blood sodium level, mmol/L     | 119 [116–122] | 124 [120–125]                     | 118 [115–121] | $P < 0.01$      |
| Contributing factor            |               |                                   |               |                 |
| Excess fluid intake, <i>N</i>  | 25            | 4                                 | 21            |                 |
| Intercurrent illness, <i>N</i> | 6             | 1                                 | 5             |                 |
| Total, <i>N</i>                | 31            | 5                                 | 26            | Not significant |

# Συχνότητα, βαρύτητα, παράγοντες κινδύνου

|                              | All |     | Male study |     | Female study |     | Mixed study |     |
|------------------------------|-----|-----|------------|-----|--------------|-----|-------------|-----|
|                              | n   | %   | n          | %   | n            | %   | n           | %   |
| Exposed patients             | 632 | 100 | 224        | 100 | 224          | 100 | 184         | 100 |
| Non-hyponatremic             | 537 | 85  | 181        | 81  | 198          | 88  | 158         | 86  |
| Hyponatremic                 | 95  | 15  | 43         | 19  | 26           | 12  | 26          | 14  |
| Borderline (134–130 mmol/L)  | 64  | 10  | 34         | 15  | 13           | 6   | 17          | 9   |
| Significant (<130 mmol/L)    | 31  | 3   | 8          | 4   | 5            | 2   | 5           | 3   |
| (<125 mmol/L)                | 13  | 2   | 1          | <1  | 8            | 4   | 4           | 2   |
| Symptomatic hyponatremia     | 27  | 4   | 11         | 5   | 13           | 6   | 3           | 2   |
| Adverse event                | 29  | 5   | 9          | 4   | 14           | 6   | 6           | 3   |
| <i>Serious adverse event</i> | 2   | <1  | 0          | 0   | 2            | <1  | 0           | 0   |

|                                                | Odds ratio | 95% Wald confidence limits |      | P-value |
|------------------------------------------------|------------|----------------------------|------|---------|
| Age (years)                                    | 1.16       | 1.09                       | 1.25 | <0.0001 |
| Baseline 24-hr urine volume/bodyweight (ml/kg) | 1.09       | 1.04                       | 1.16 | 0.0016  |
| Baseline serum sodium (mmol/L)                 | 0.76       | 0.64                       | 0.91 | 0.0025  |
| Weight gain at time of minimum s-sodium (%)    | 1.31       | 1.07                       | 1.61 | 0.0106  |

# Oral vs intranasal





## Τι να κάνουμε

- Αποφυγή λήψης υγρών
- Προσοχή στην υπερδοσολογία
- Επαγρύπνηση για συμπτωματολογία
  - Κεφαλαλγία, ναυτία, έμετος
- Έλεγχος νατρίου
- Διακοπή φαρμάκου
- Προσοχή στη συγχορήγηση με διουρητικά

**BPH – sexual dysfunction**  
**a-blockers**  
**PDE-5 inhibitors**

# PDE-5 inhibitors

## **Safety in hypertension**

Concerns have been raised regarding sildenafil use in patients taking complicated, multidrug, antihypertensive regimens, where sildenafil could be “potentially hazardous”.

## **Efficacy and safety in hypertensives**

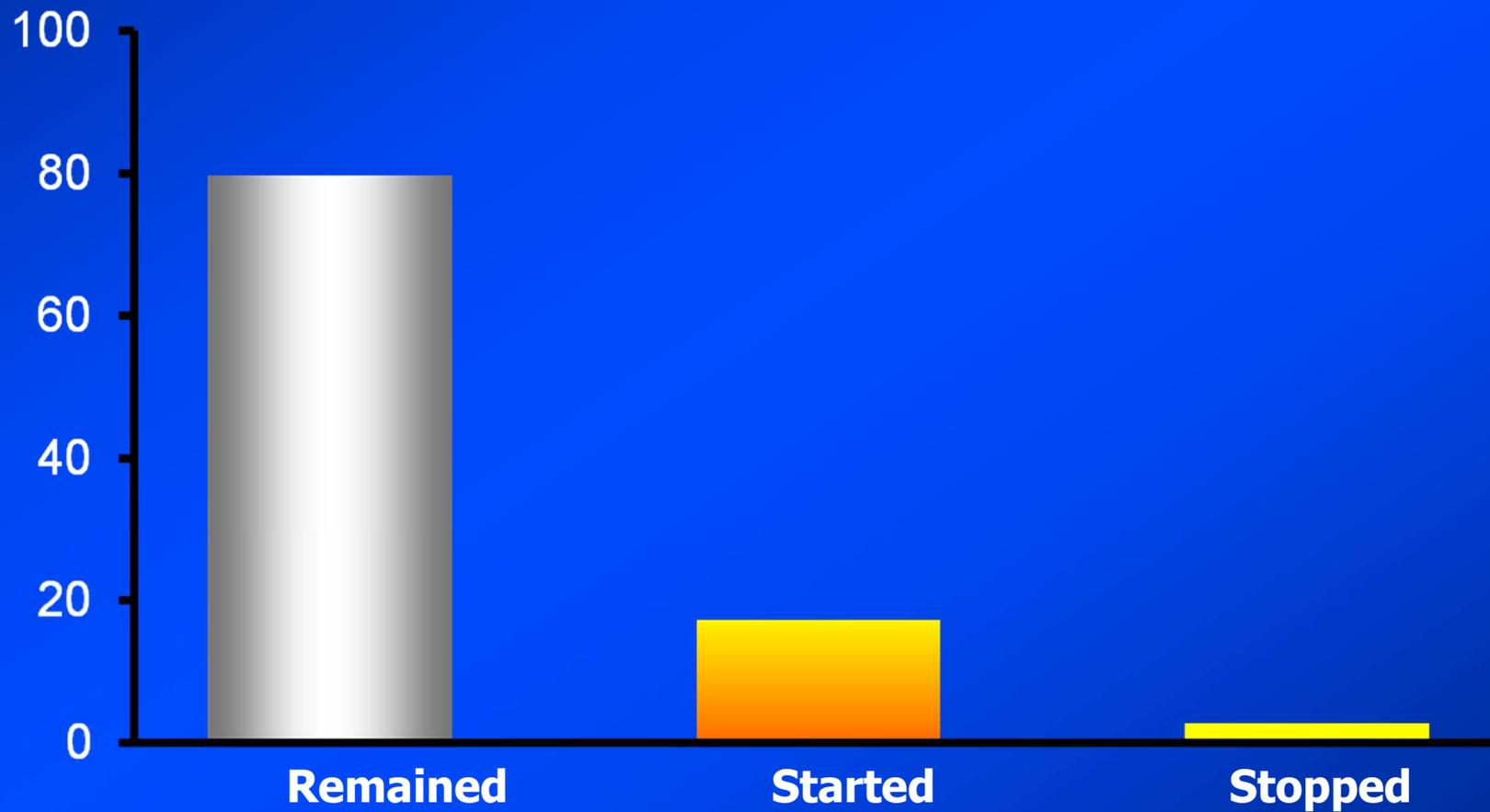
- **Efficacy: 70% compared to 20% with placebo**
  - Irrespective of the number of antihypertensive agents
- **Discontinuation due to AE: 2% with both sildenafil and placebo**

## **Safety in hypertension**

**Current available data strongly indicate that PDE-5 inhibitors may be **safely** co-administered with all classes of antihypertensive drugs, even in patients taking multiple antihypertensive agents.**

# Efficacy in hypertension

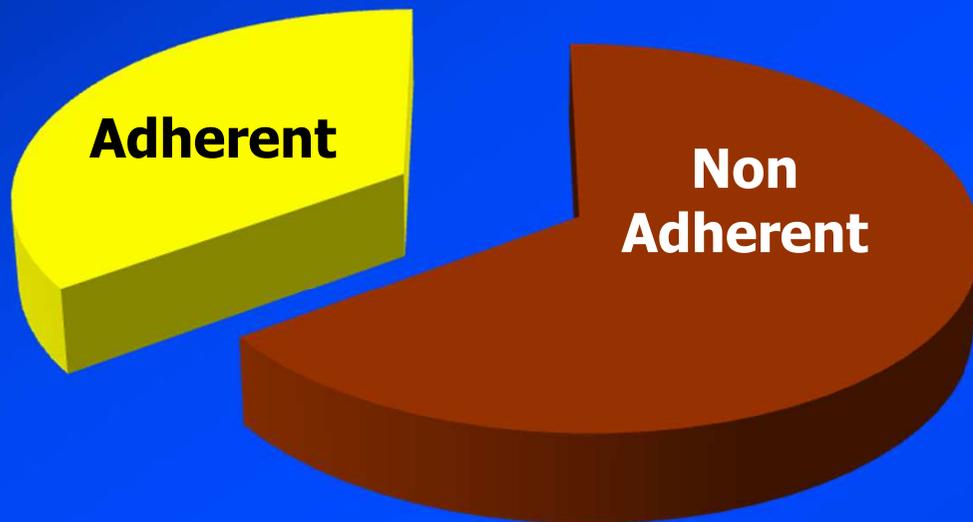
Increased compliance



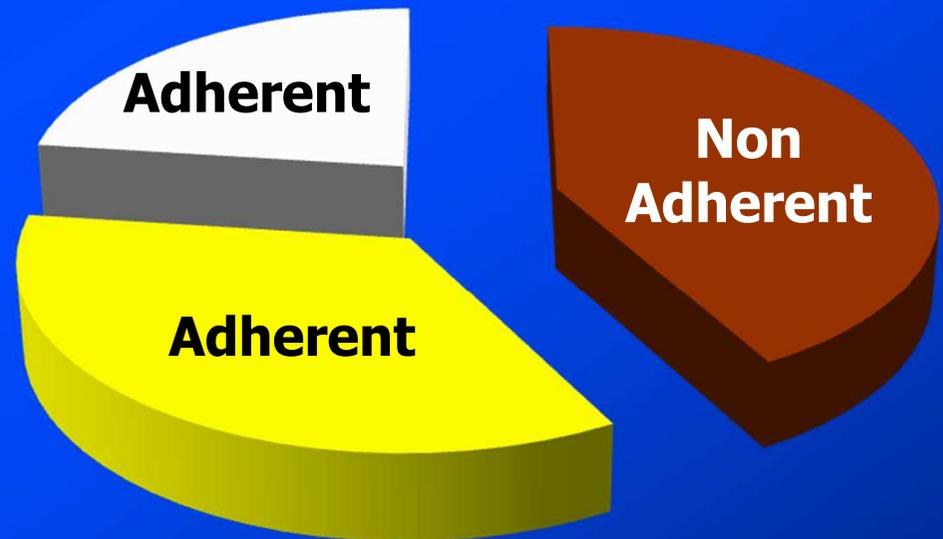
# Efficacy in hypertension

Increased compliance

Before PDE-5

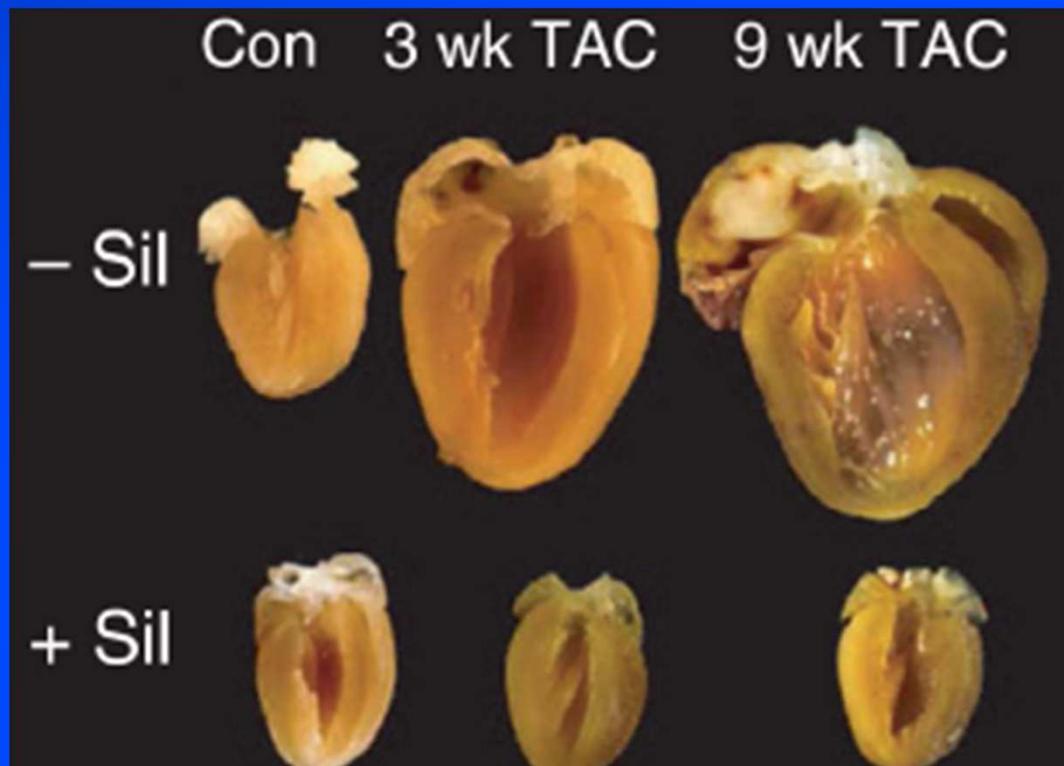


After PDE-5

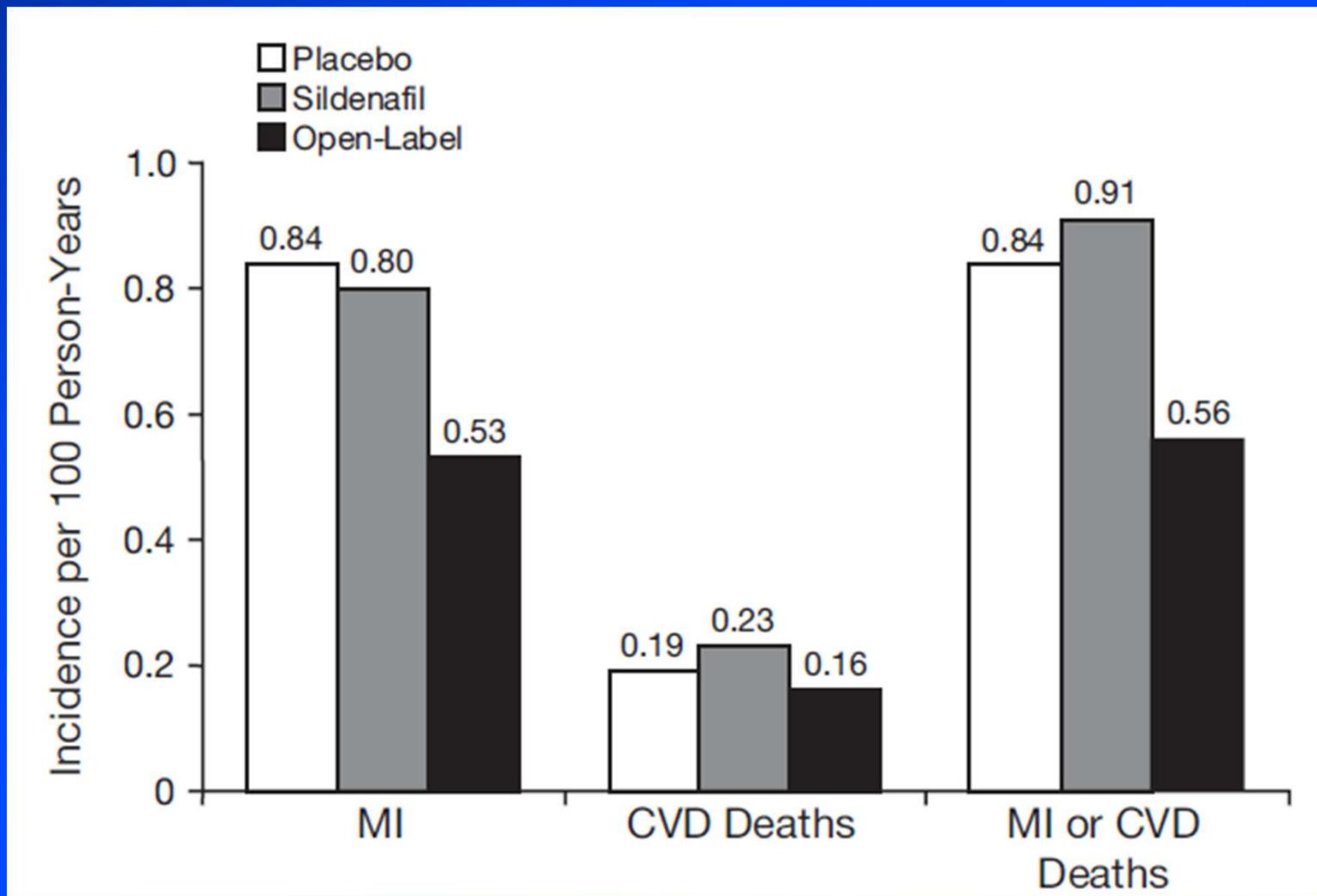


# Efficacy in hypertension

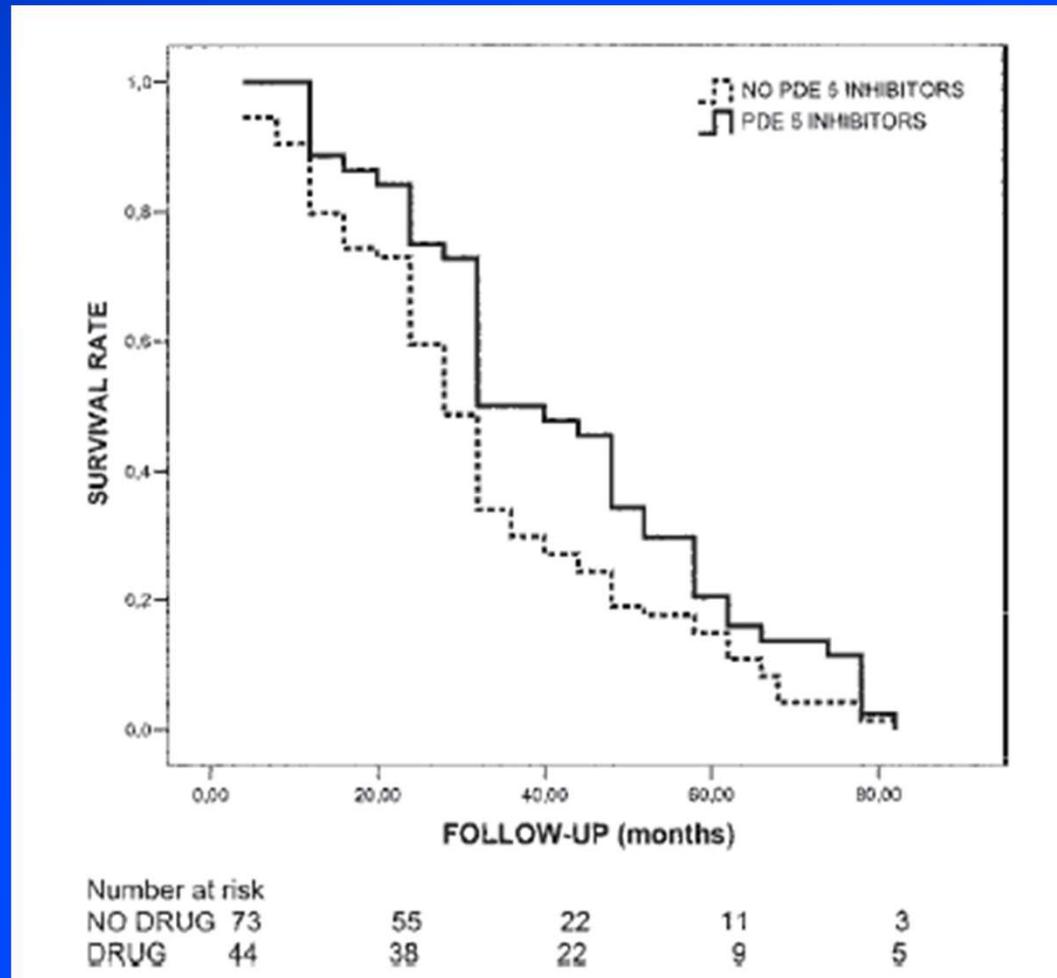
## LV hypertrophy



# PDE-5 inh και καρδιαγγειακά συμβάματα

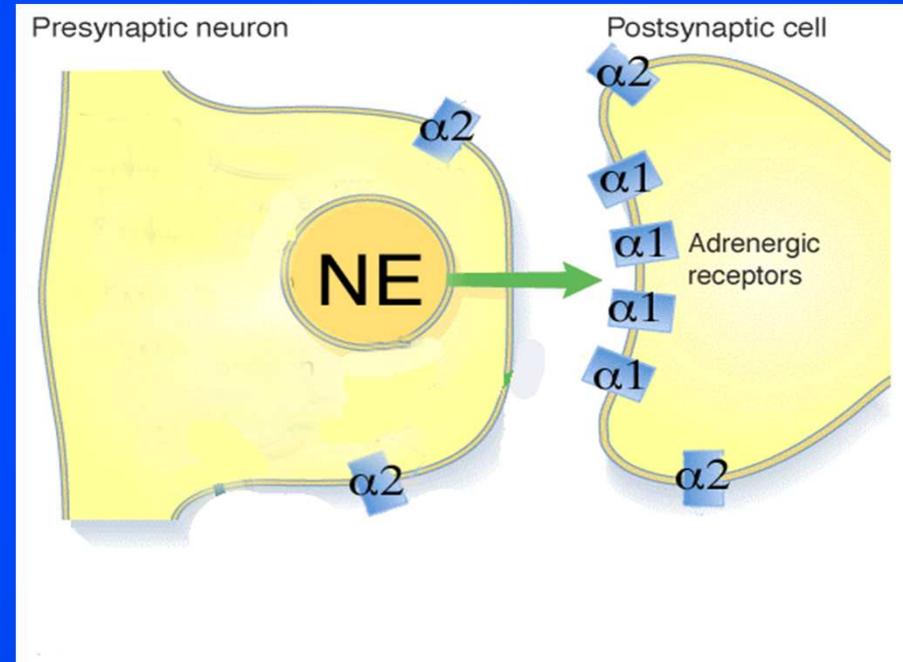
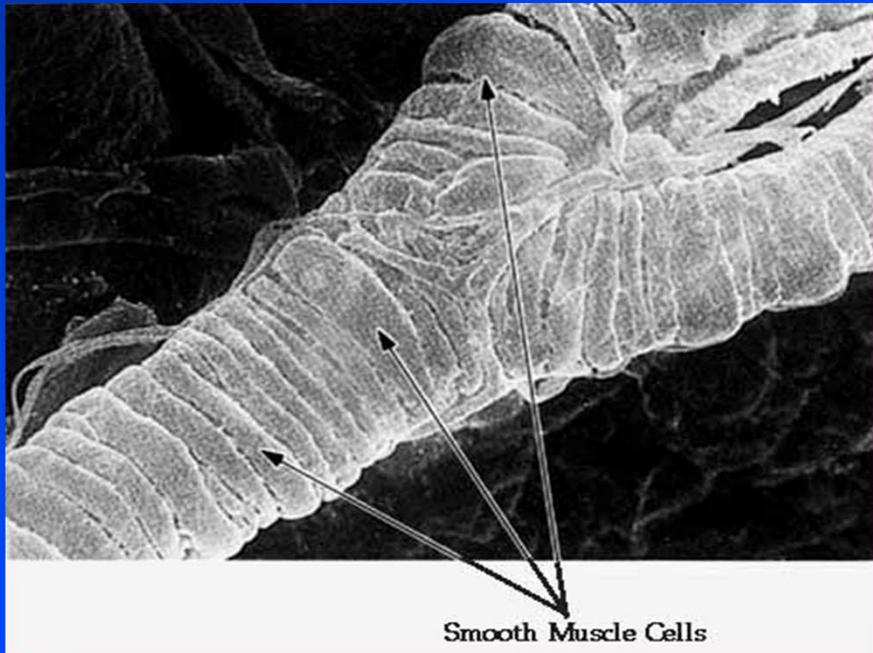


## ED and death – Protection with PDE-5 inh type 2 diabetes mellitus



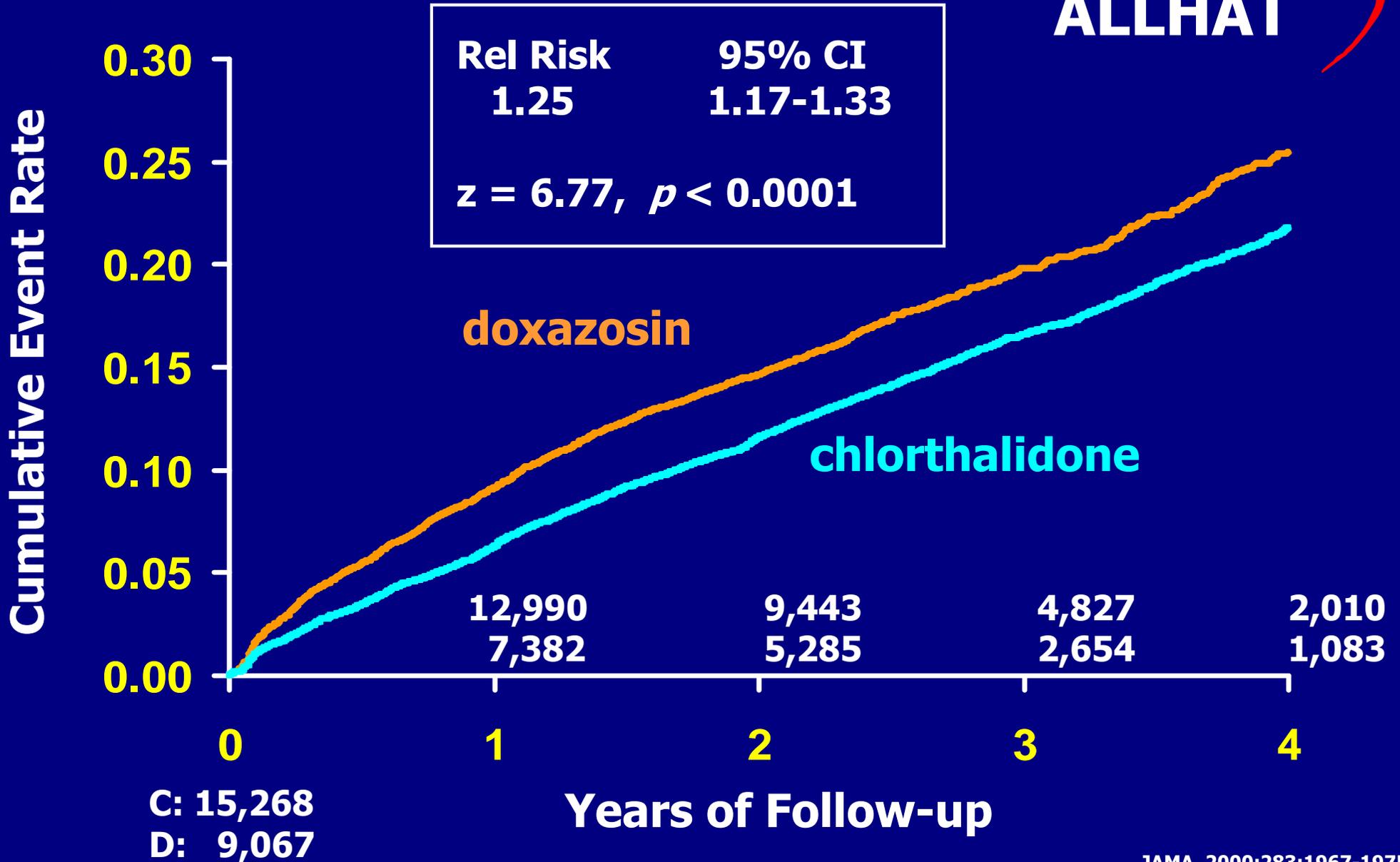
*α-αποκλειστές*

# Alpha blockers



# Cardiovascular Disease

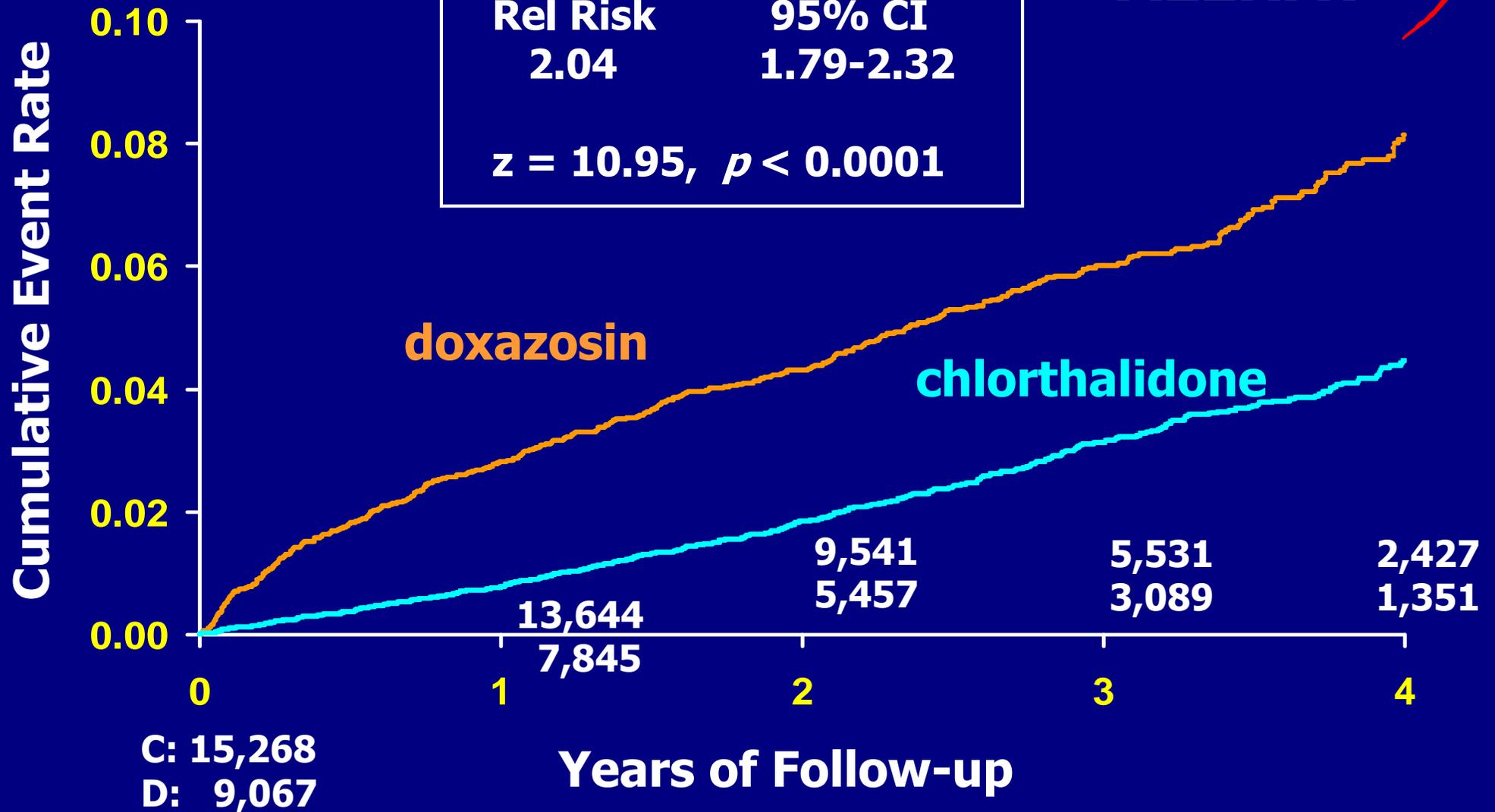
ALLHAT



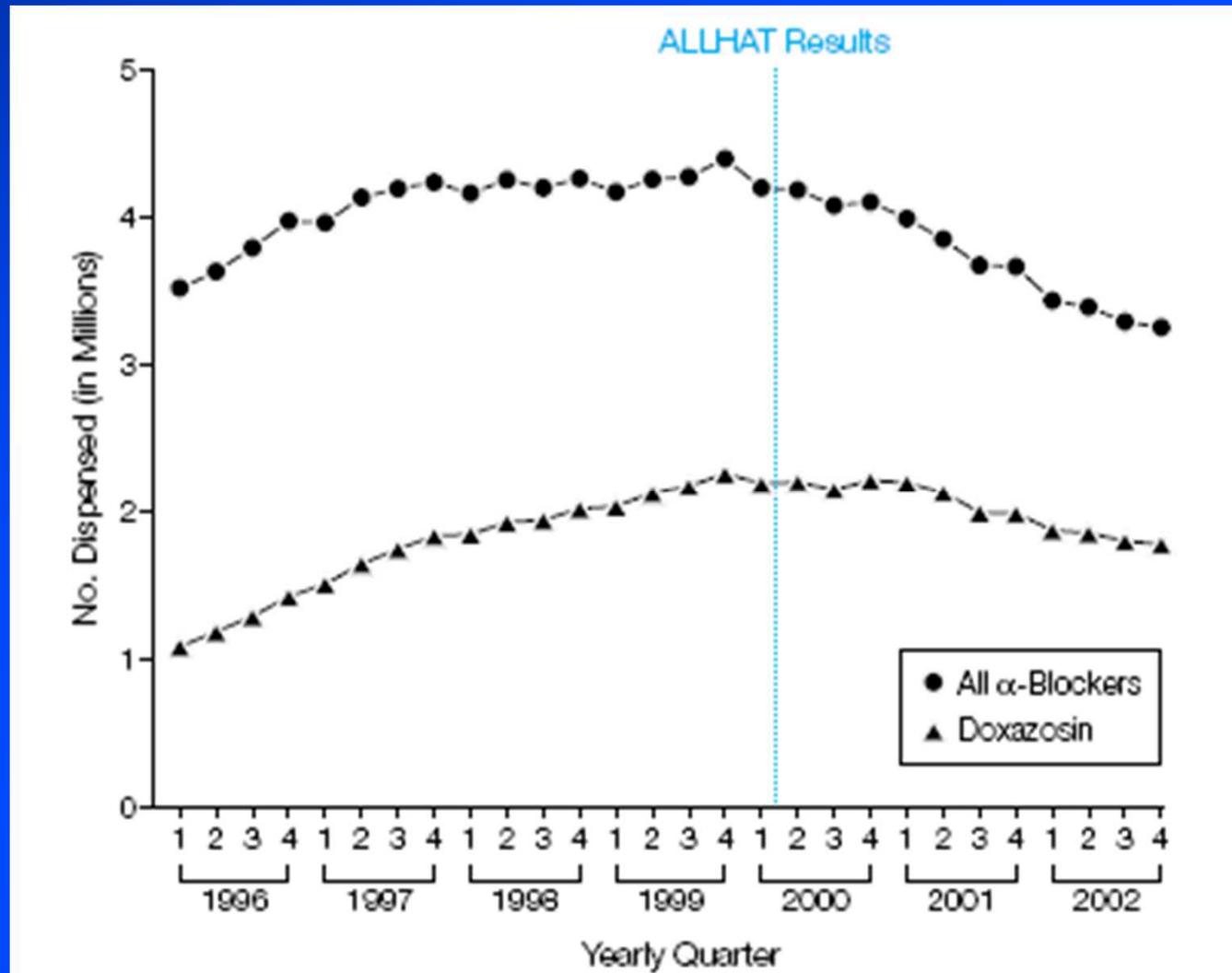
# Heart Failure

ALLHAT

|                         |           |
|-------------------------|-----------|
| Rel Risk                | 95% CI    |
| 2.04                    | 1.79-2.32 |
| $z = 10.95, p < 0.0001$ |           |

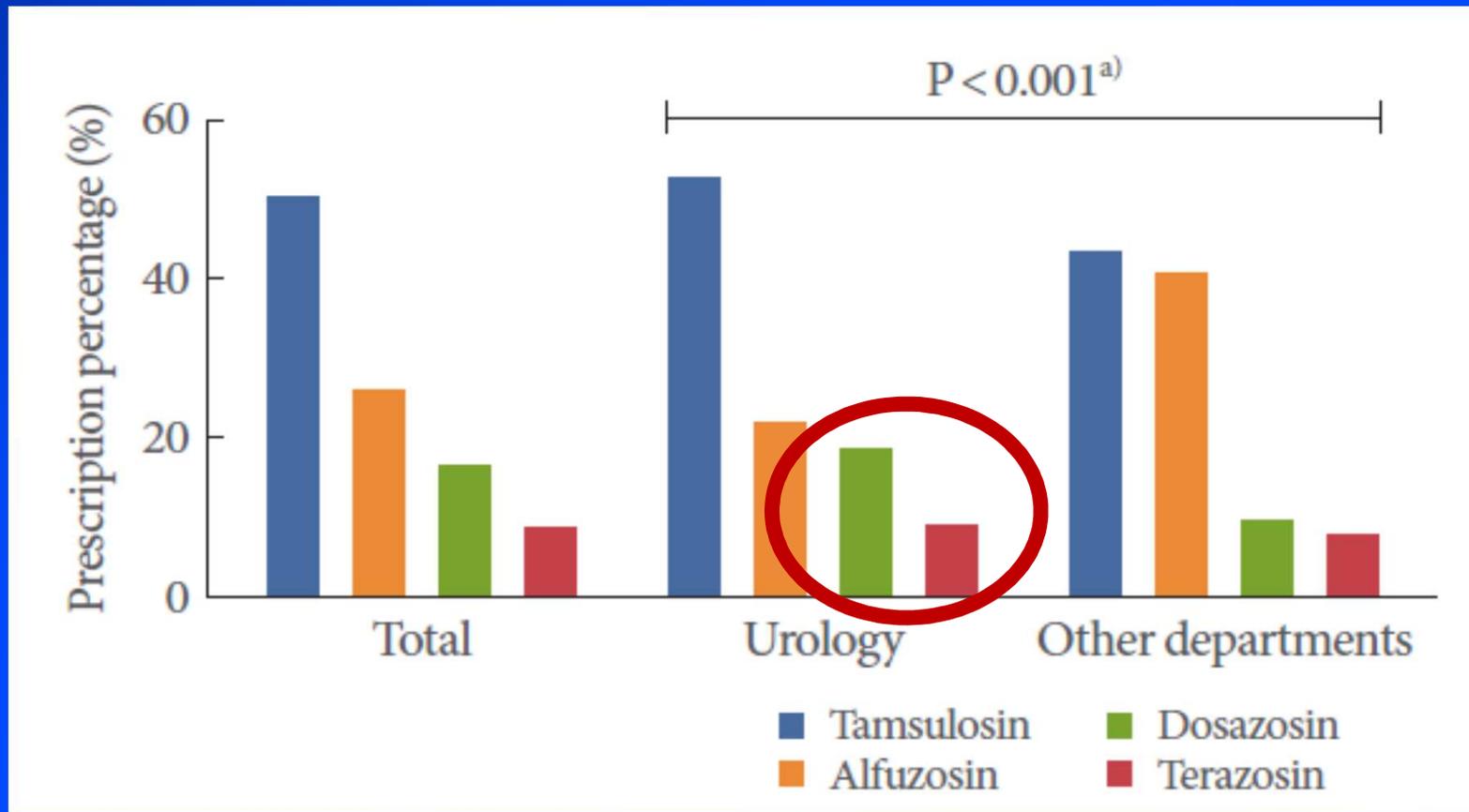


## a-blockers prescription patterns



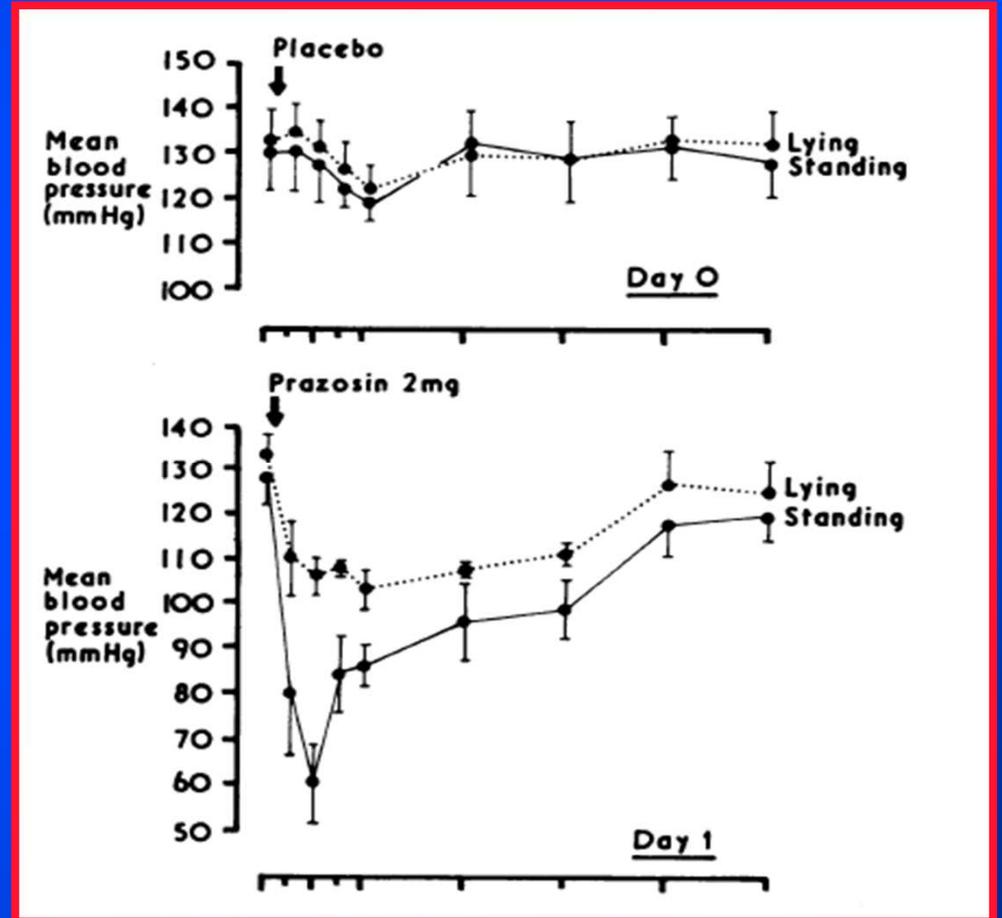
*Stafford, JAMA 2004*

## Αναγραφή α-αποκλειστών



## Adverse effects

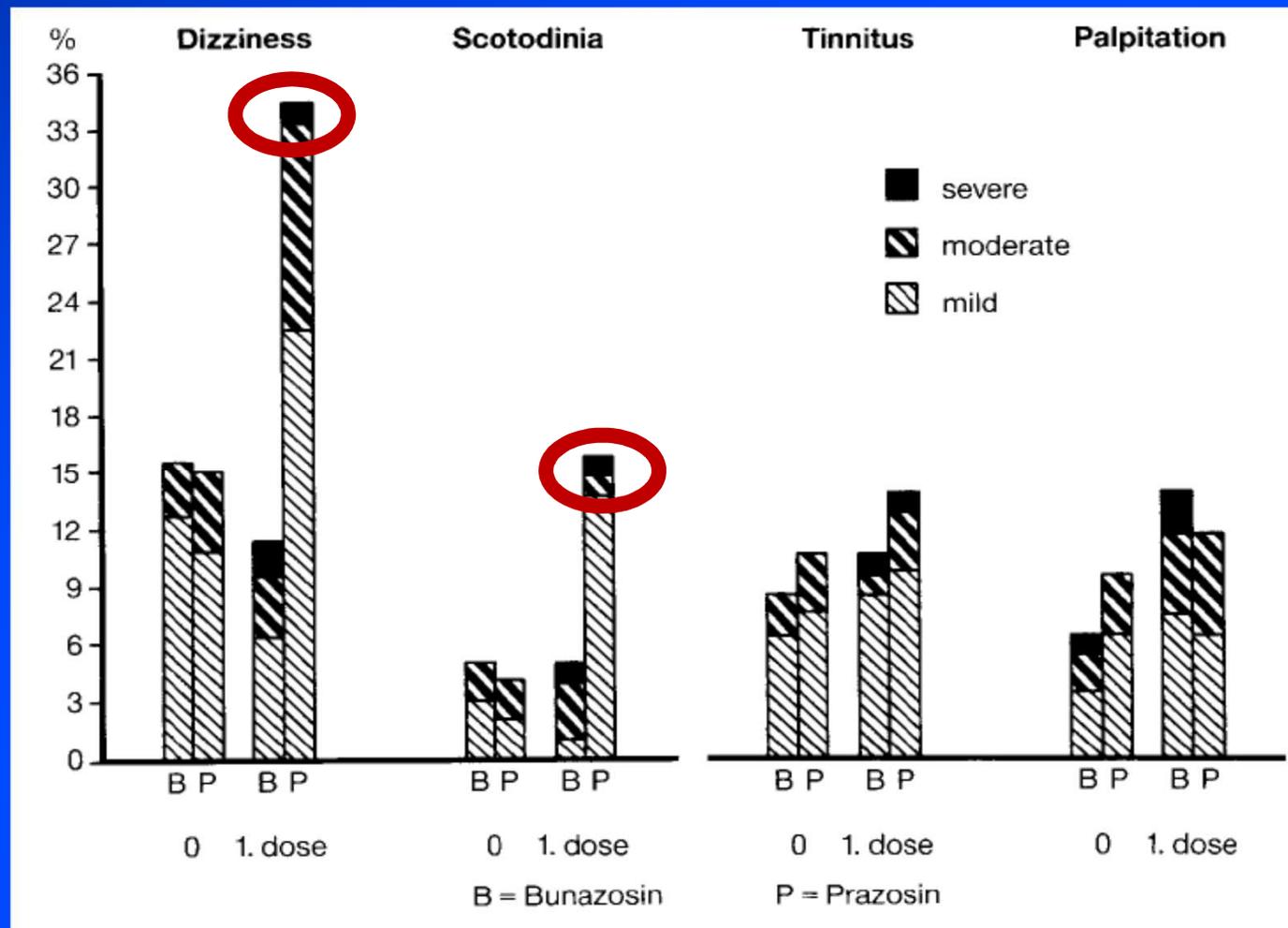
- First dose effect
- Orthostatic hypotension



Graham, BMJ 1976

*Doumas, Loutraki 2011*

# Συμπτώματα ορθοστατικής υπότασης



*Rieckert, Am J Hypertens 1996*

# Συγχορήγηση PDE-5 με δοξαζοσίνη

## Μέγιστη πτώση – Κλινική σημασία

| Criteria                      | Tadalafil +<br>Doxazosin | Placebo +<br>Doxazosin | Mean<br>Difference | 95% CI for<br>Mean Difference |
|-------------------------------|--------------------------|------------------------|--------------------|-------------------------------|
| Standing:                     |                          |                        |                    |                               |
| Max decrease SBP (mm Hg)      | 27.8                     | 17.9                   | 9.8*               | 4.1, 15.5                     |
| Max decrease DBP (mm Hg)      | 14.4                     | 9.1                    | 5.3*               | 0.6, 10.0                     |
| Max increase heart rate (bpm) | 16.1                     | 12.3                   | 3.8*               | 0.5, 7.2                      |
| Supine:                       |                          |                        |                    |                               |
| Max decrease SBP (mm Hg)      | 19.6                     | 15.9                   | 3.6                | -1.5, 8.8                     |
| Max decrease DBP (mm Hg)      | 11.5                     | 8.7                    | 2.8*               | 0.2, 5.4                      |
| Max increase heart rate (bpm) | 11.9                     | 8.1                    | 3.8*               | 0.3, 7.2                      |

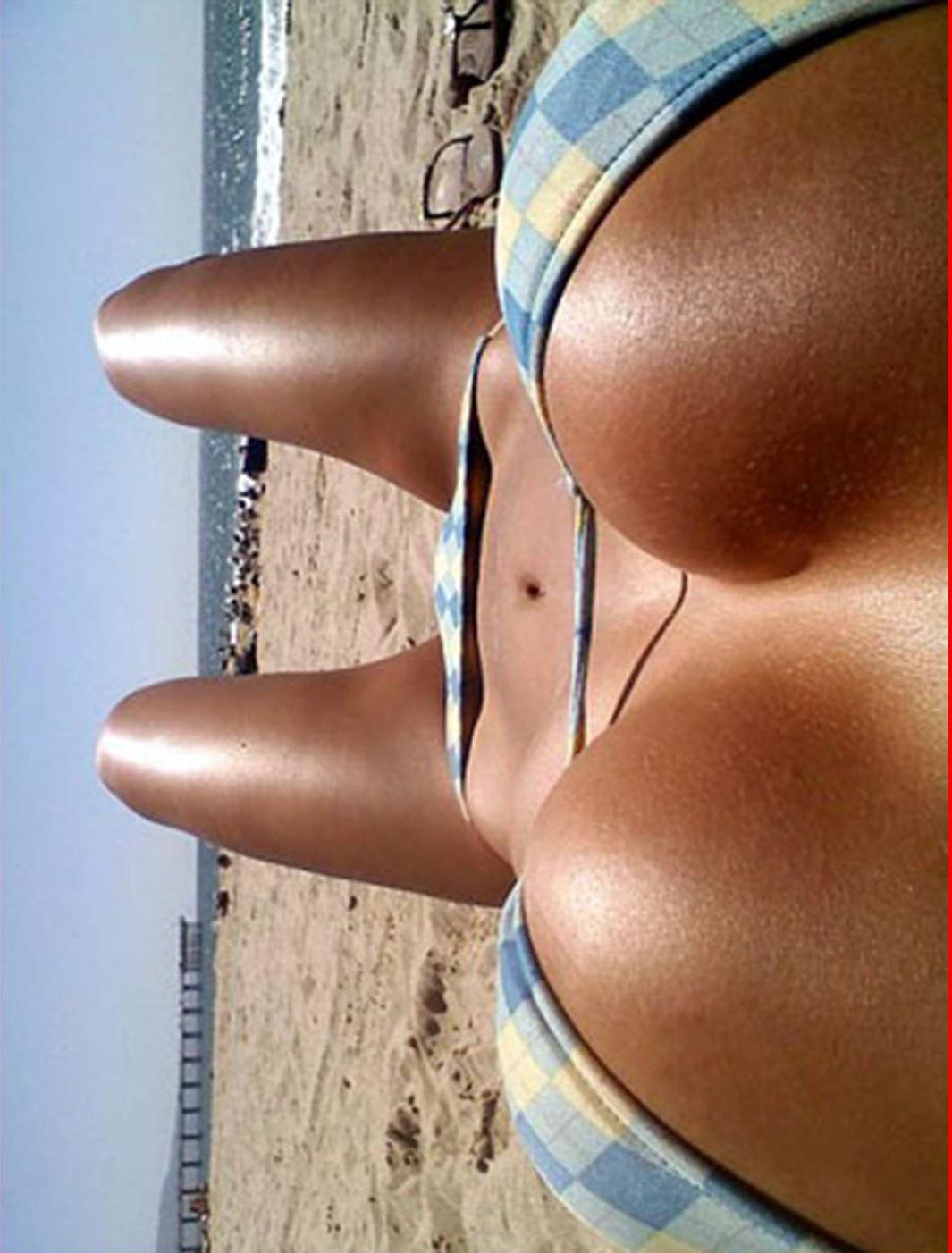
|                                              | No. (%)                             |                             |
|----------------------------------------------|-------------------------------------|-----------------------------|
|                                              | Tadalafil 20 Mg +<br>Doxazosin 8 Mg | Placebo +<br>Doxazosin 8 Mg |
| Total pts                                    | 18                                  | 18                          |
| Standing SBP less than 85 mm Hg              | 5 (28)                              | 1 (6)                       |
| Standing DBP less than 45 mm Hg              | 1 (6)                               | 0 (0)                       |
| Supine SBP less than 85 mm Hg                | 0 (0)                               | 1 (6)                       |
| Supine DBP less than 45 mm Hg                | 0 (0)                               | 0 (0)                       |
| Change in standing SBP greater than 30 mm Hg | 5 (28)                              | 2 (11)                      |
| Change in standing DBP greater than 20 mm Hg | 2 (11)                              | 1 (6)                       |
| Change in supine SBP greater than 30 mm Hg   | 1 (6)                               | 1 (6)                       |
| Change in supine DBP greater than 20 mm Hg   | 2 (11)                              | 0 (0)                       |

# Συγχορήγηση PDE-5 με ταμσουλοζίνη

## Μέγιστη πτώση – Κλινική σημασία

| Criteria                      | Tadalafil<br>10 Mg +<br>Tamsulosin | Tadalafil<br>20 Mg +<br>Tamsulosin | Placebo +<br>Tamsulosin | Mean<br>Difference<br>(tadalafil 10 mg<br>minus placebo) | 95% CI for<br>Mean Difference | Mean<br>Difference<br>(tadalafil 20 mg<br>minus placebo) | 95% CI for<br>Mean Difference |
|-------------------------------|------------------------------------|------------------------------------|-------------------------|----------------------------------------------------------|-------------------------------|----------------------------------------------------------|-------------------------------|
| Standing:                     |                                    |                                    |                         |                                                          |                               |                                                          |                               |
| Max decrease SBP (mm Hg)      | 19.4                               | 20.1                               | 17.7                    | 1.7                                                      | -4.7, 8.1                     | 2.3                                                      | -4.1, 8.7                     |
| Max decrease DBP (mm Hg)      | 13.1                               | 10.3                               | 8.1                     | 5.0*                                                     | 1.4, 8.6                      | 2.2                                                      | -1.4, 5.8                     |
| Max increase heart rate (bpm) | 14.9                               | 15.2                               | 13.3                    | 1.6                                                      | -1.4, 4.6                     | 1.8                                                      | -1.2, 4.8                     |
| Supine:                       |                                    |                                    |                         |                                                          |                               |                                                          |                               |
| Max decrease SBP (mm Hg)      | 17.6                               | 17.6                               | 14.4                    | 3.2                                                      | -2.3, 8.6                     | 3.2                                                      | -2.3, 8.7                     |
| Max decrease DBP (mm Hg)      | 11.6                               | 11.3                               | 8.3                     | 3.2                                                      | -0.6, 7.0                     | 3.0                                                      | -0.8, 6.8                     |
| Max increase heart rate (bpm) | 12.4                               | 12.9                               | 9.2                     | 3.2                                                      | -1.0, 7.4                     | 3.8                                                      | -0.4, 8.0                     |

|                                              | No. (%)                         |                                 |                         |
|----------------------------------------------|---------------------------------|---------------------------------|-------------------------|
|                                              | Tadalafil 10 Mg<br>+ Tamsulosin | Tadalafil 20 Mg<br>+ Tamsulosin | Placebo +<br>Tamsulosin |
| Total pts                                    | 18                              | 18                              | 18                      |
| Change in standing SBP greater than 30 mm Hg | 2 (11)                          | 2 (11)                          | 1 (6)                   |
| Change in standing DBP greater than 20 mm Hg | 3 (17)                          | 0 (0)                           | 1 (6)                   |
| Change in supine SBP greater than 30 mm Hg   | 1 (6)                           | 1 (6)                           | 2 (11)                  |
| Change in supine DBP greater than 20 mm Hg   | 1 (6)                           | 2 (11)                          | 0 (0)                   |



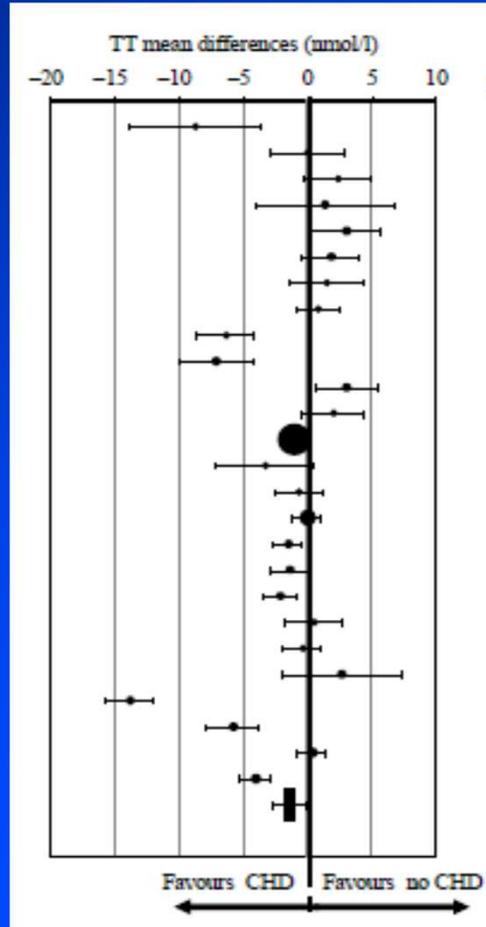
## Τι να κάνουμε

- Χαμηλή δόση α-αποκλειστών όταν λαμβάνονται συστηματικά PDE-5 inh
- Χαμηλή δόση PDE-5 inh όταν λαμβάνονται συστηματικά α-αποκλειστές
- Προτίμηση στους εκλεκτικούς α-αποκλειστές
- Προσοχή να μην συμπίπτουν οι μέγιστες συγκεντρώσεις φαρμάκων (>4h διαφορά λήψης)

# Τεστοστερόνη

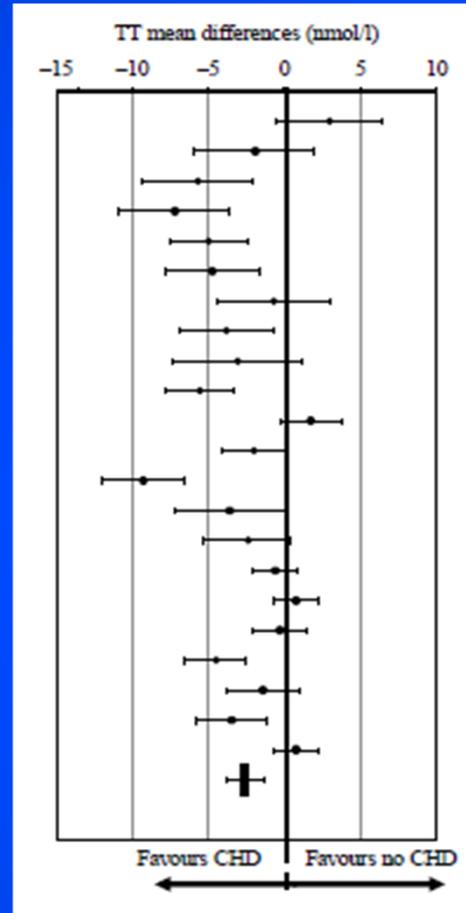
# Τεστοστερόνη και καρδιαγγειακή νόσος

## ΣΝ χωρίς αγγειογραφία



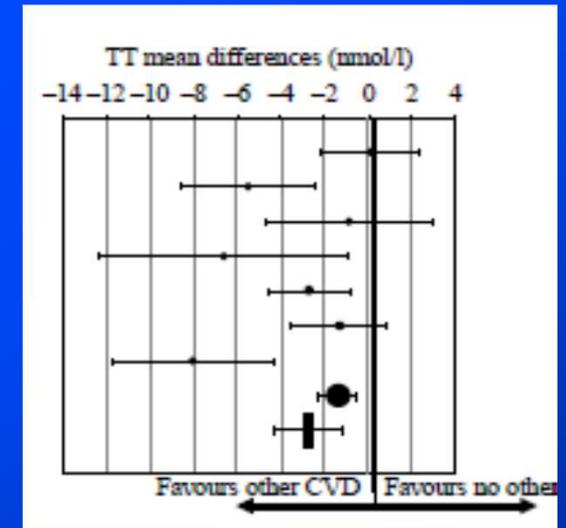
-1.44; CI: -2.72, -0.16

## ΣΝ με αγγειογραφία



-2.57; CI: -3.82, -1.31

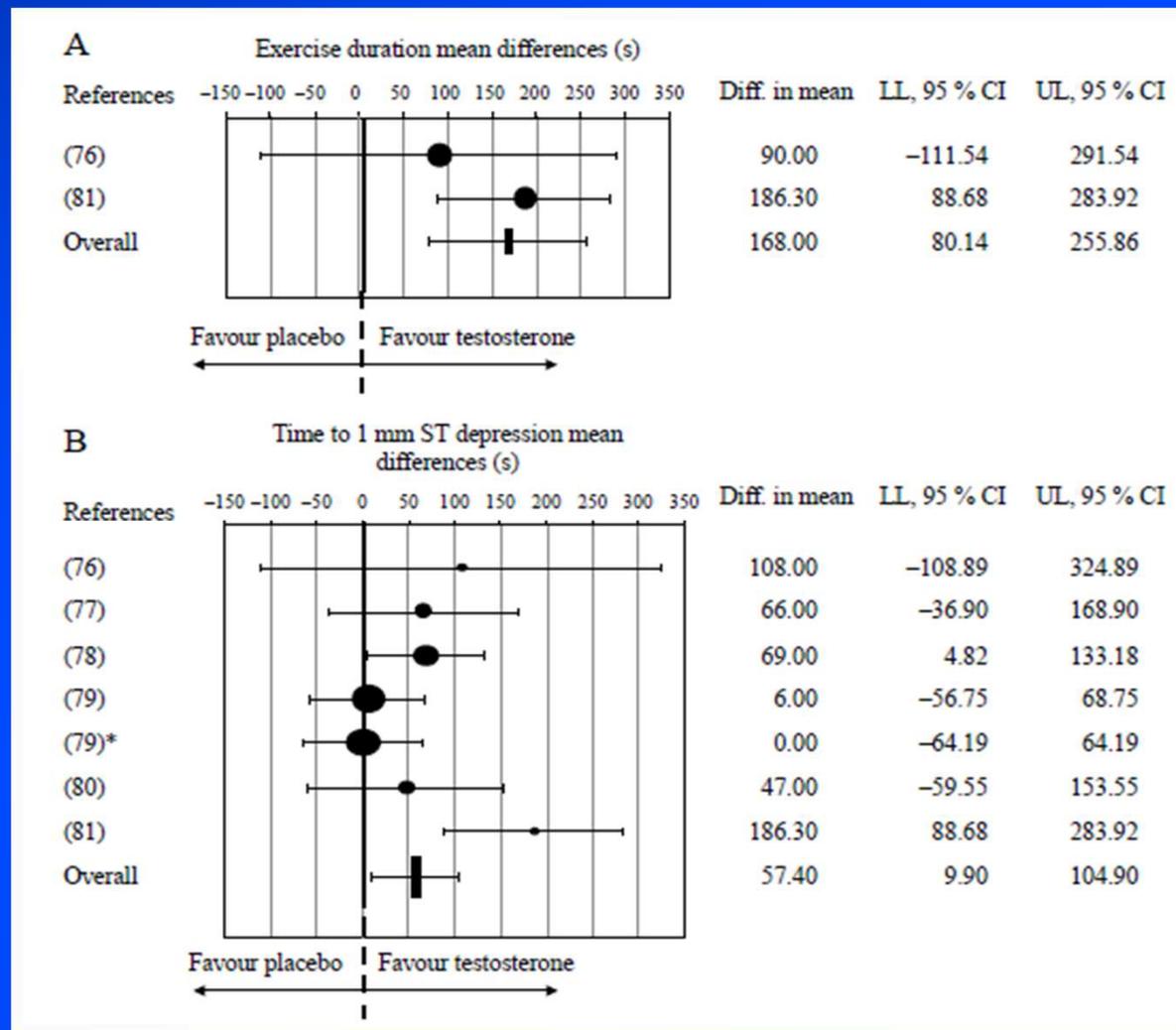
## Άλλα ΚΑ νοσήματα



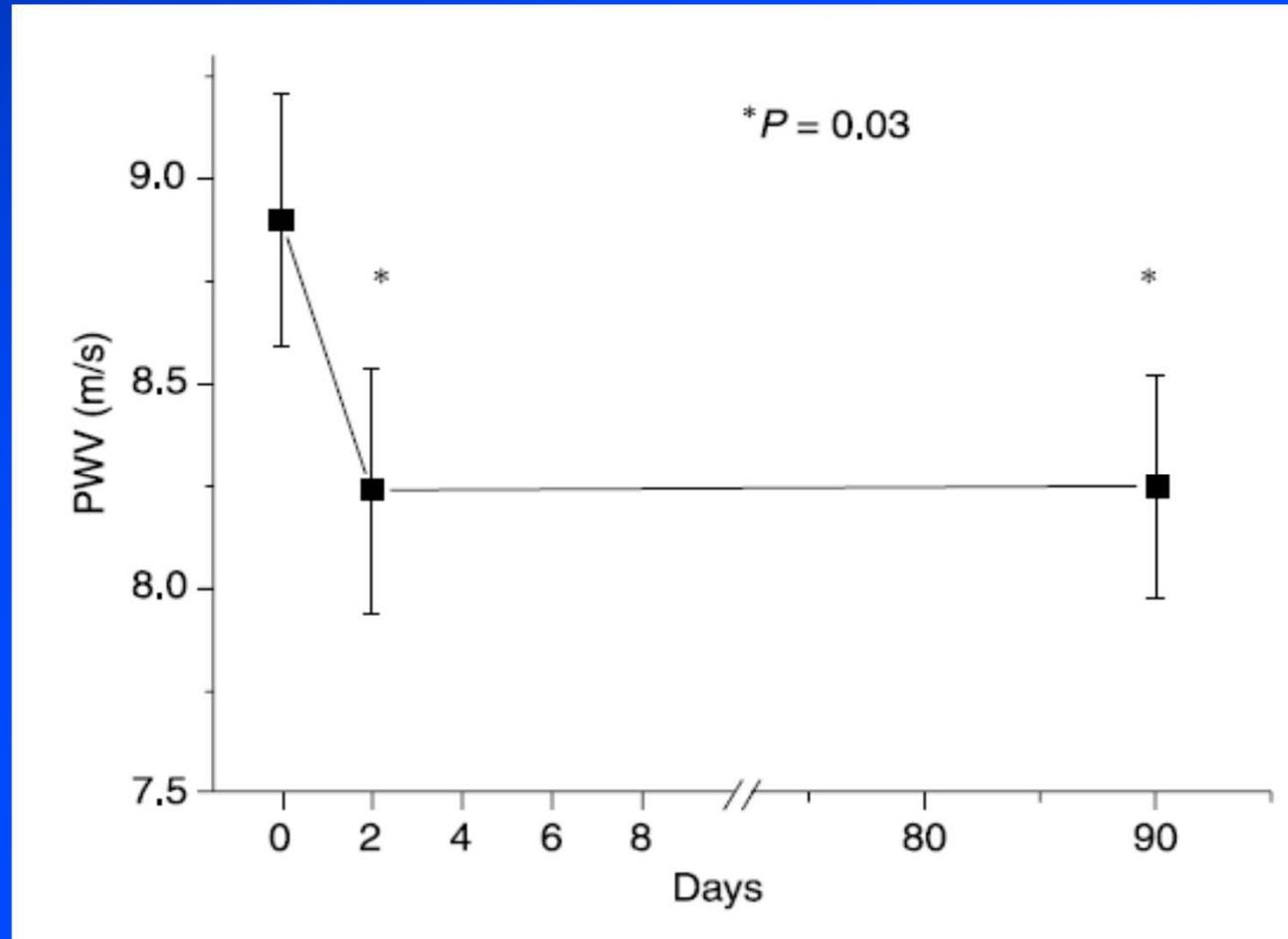
-2.71; CI: -4.26, -1.15

# Ικανότητα προς άσκηση

## Ισχαιμία

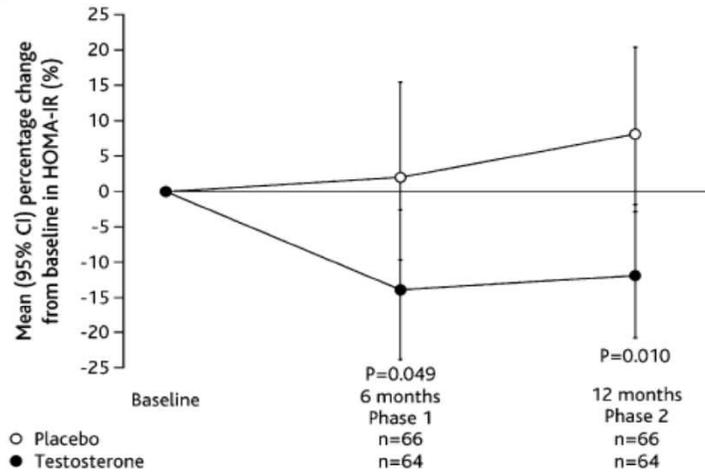


# Αορτική σκληρία

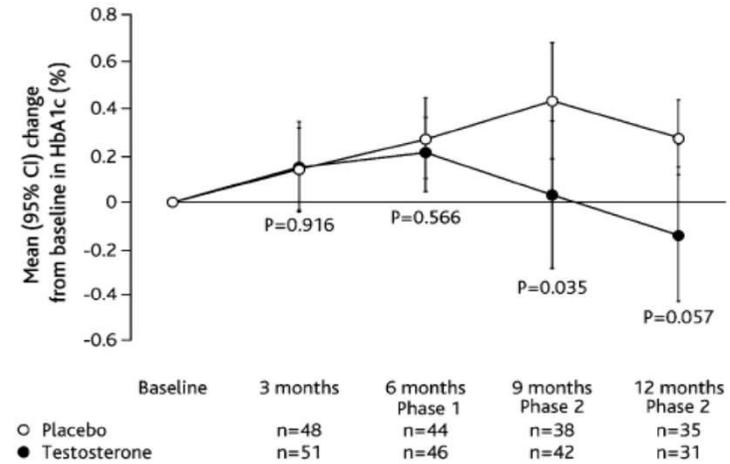


# Αντίσταση στην ινσουλίνη – γλυκαιμικός έλεγχος

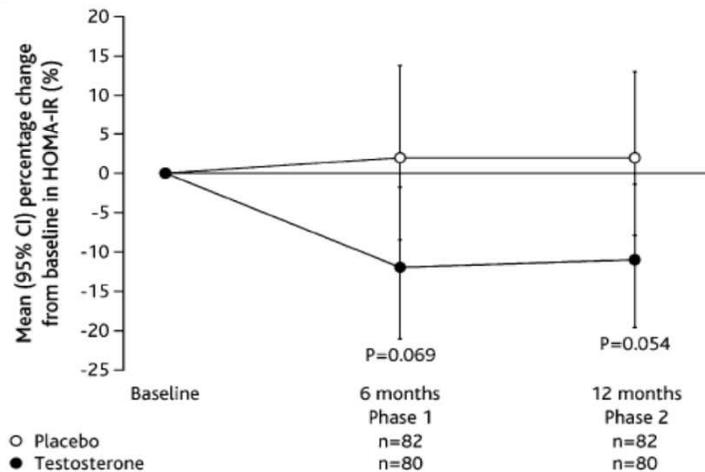
**B** Patients with type 2 diabetes



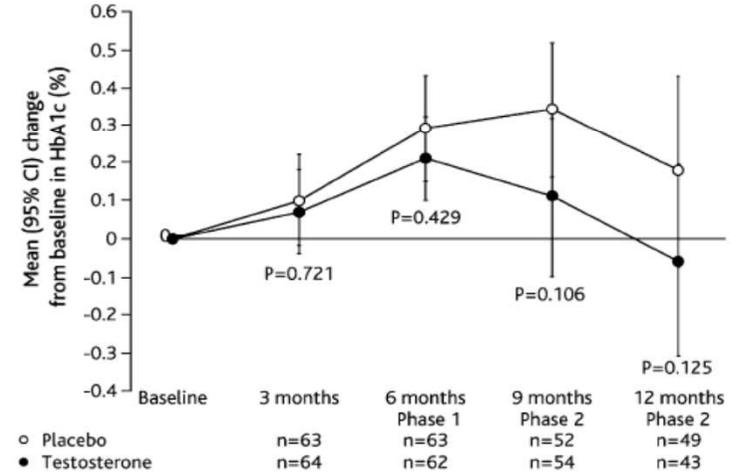
**E** Patients with type 2 diabetes



**C** Patients with MetS



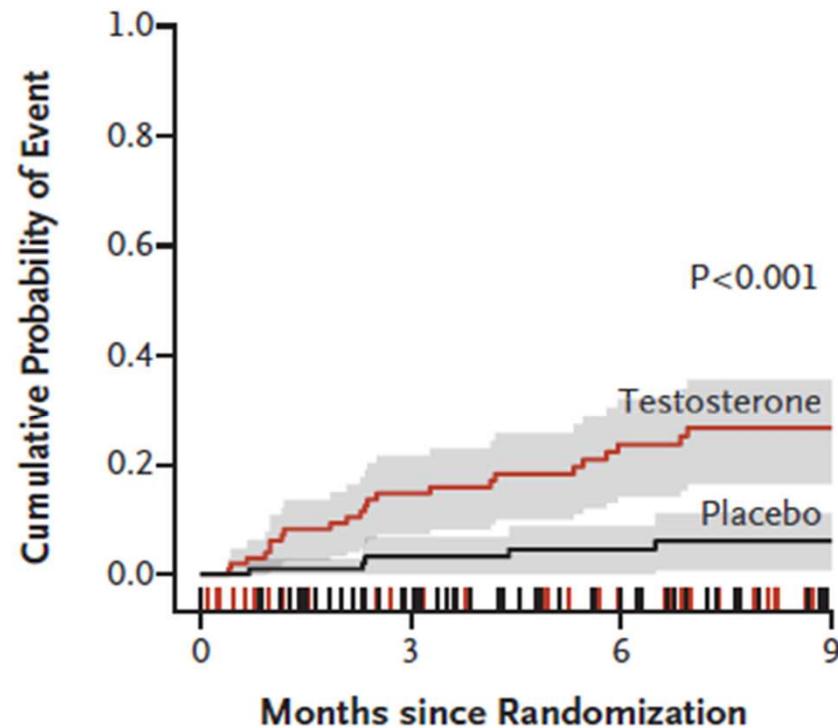
**F** Patients with MetS



*Αλλά...*

# Θεραπεία υποκατάστασης και καρδιαγγειακά

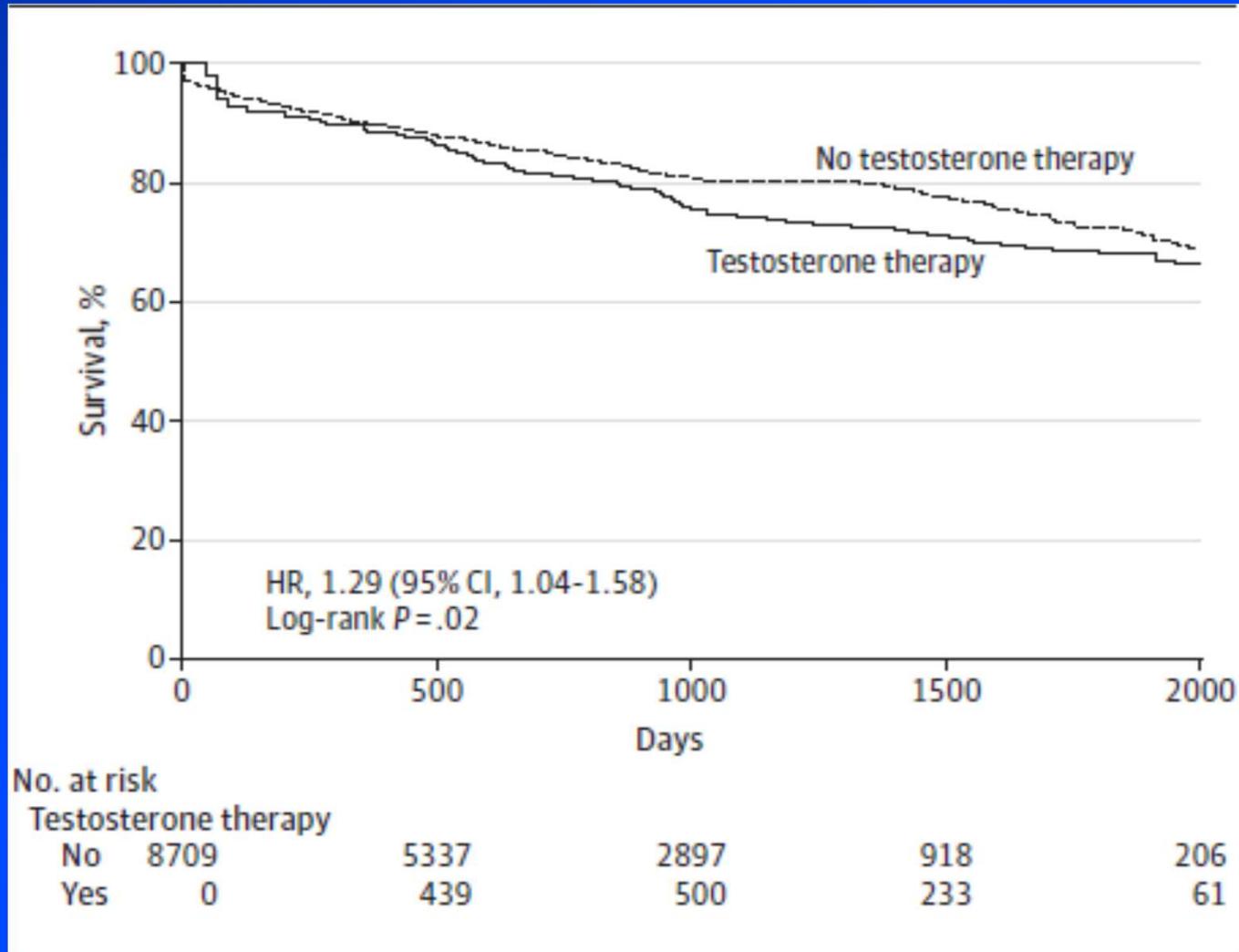
## A Cardiovascular-Related Events



### No. at Risk

|              |     |    |    |    |
|--------------|-----|----|----|----|
| Testosterone | 106 | 76 | 55 | 35 |
| Placebo      | 103 | 84 | 65 | 48 |

## Θεραπεία υποκατάστασης και επιβίωση



## Θεραπεία υποκατάστασης και OEM

|                               | Heart Disease History |                     | No Heart Disease History |                      |
|-------------------------------|-----------------------|---------------------|--------------------------|----------------------|
|                               | TT Prescription       | PDE5I               | TT Prescription          | PDE5I                |
| <b>Age &lt; 65 Years</b>      |                       |                     |                          |                      |
| Patients (N)                  | 4,006                 | 10,681 <sup>†</sup> | 44,533                   | 130,831 <sup>†</sup> |
| Pre-prescription              |                       |                     |                          |                      |
| Cases                         | 21                    | 65                  | 135                      | 491                  |
| Rate per 1,000 PY (95%CI)     | 5.26 (3.43, 8.06)     | 5.26 (3.43, 8.06)   | 3.04 (2.57, 3.60)        | 3.04 (2.57, 3.60)    |
| Post-prescription             |                       |                     |                          |                      |
| Cases                         | 15                    | 20                  | 30                       | 99                   |
| Rate per 1,000 PY (95%CI)     | 15.22 (9.18, 25.25)   | 7.34 (6.89, 7.82)   | 2.73 (1.91, 3.91)        | 3.01 (2.95, 3.08)    |
| Rate Ratio (post/pre) (95%CI) | 2.89 (1.12, 5.63)     | 1.4 (0.91, 2.14)    | 0.90 (0.77, 1.04)        | 0.99 (0.84, 1.17)    |
| RRR <sup>‡</sup> (95%CI)      | 2.07 (1.05, 4.11)     |                     | 0.91 (0.60, 1.37)        |                      |
| <b>Age ≥ 65 Years</b>         |                       |                     |                          |                      |
| Patients (N)                  | 2,047                 | 5,492 <sup>†</sup>  | 5,057                    | 20,275 <sup>†</sup>  |
| Pre-prescription              |                       |                     |                          |                      |
| Cases                         | 15                    | 35                  | 22                       | 104                  |
| Rate per 1,000 PY (95%CI)     | 7.36 (4.44, 12.22)    | 7.36 (4.44, 12.22)  | 4.41 (2.90, 6.7)         | 4.41 (2.90, 6.7)     |
| Post-prescription             |                       |                     |                          |                      |
| Cases                         | 8                     | 13                  | 12                       | 20                   |
| Rate per 1,000 PY (95%CI)     | 15.91 (7.96, 31.81)   | 8.35 (7.36, 9.48)   | 9.74 (5.53, 17.14)       | 4.04 (3.69, 4.42)    |
| Rate Ratio (post/pre) (95%CI) | 2.16 (0.92, 5.10)     | 1.13 (0.68, 1.88)   | 2.21 (1.00, 4.46)        | 0.92 (0.60, 1.39)    |
| RRR <sup>‡</sup> (95%CI)      | 1.90 (0.66, 5.50)     |                     | 2.41 (1.12, 5.17)        |                      |

## The Opinion Pages | Editorial

# Overselling Testosterone, Dangerously

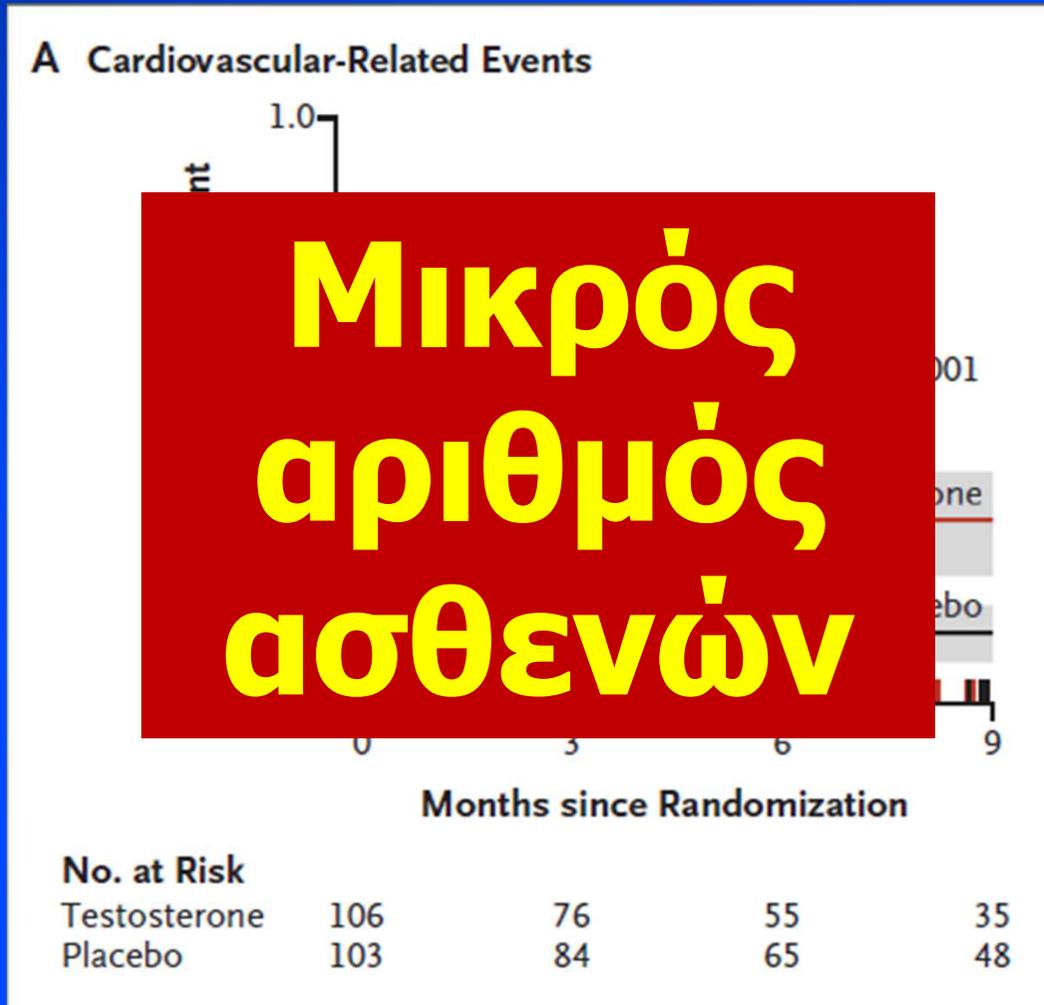
By THE EDITORIAL BOARD FEB. 4, 2014

The study, published last week in the online journal PLOS One, provides the most compelling evidence yet that many American men have embarked on a perilous course of over-treatment. Testosterone is clearly indicated to treat abnormally low levels of the hormone because of genetic or pathological causes, a condition known as hypogonadism. But a huge upsurge in prescriptions in recent years suggests that testosterone is now being prescribed to men who are simply reluctant to accept the fact that they are getting older. In many cases, doctors are prescribing testosterone without even ascertaining whether a patient's testosterone levels are actually low or whether he has a medical condition that justifies it. The reason seems clear. Drug companies have shamelessly pushed the notion, to doctors and to the public, that their testosterone-boosting product can overcome a supposed disease called "low T."<sup>1</sup>

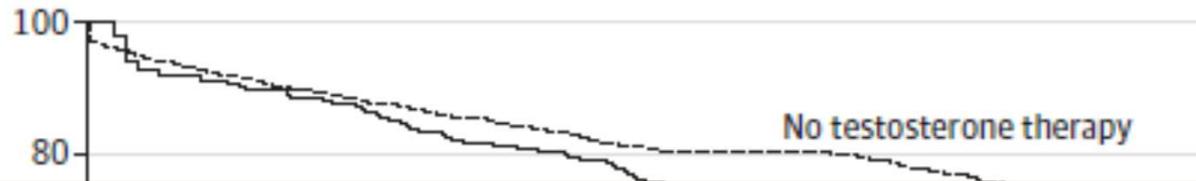




# Θεραπεία υποκατάστασης και καρδιαγγειακά



## Θεραπεία υποκατάστασης και επιβίωση



# Αμφισβητούμενη στατιστική ανάλυση

|                      |      | Days |      |     |     |
|----------------------|------|------|------|-----|-----|
| No. at risk          |      |      |      |     |     |
| Testosterone therapy |      |      |      |     |     |
| No                   | 8709 | 5337 | 2897 | 918 | 206 |
| Yes                  | 0    | 439  | 500  | 233 | 61  |



## Θεραπεία υποκατάστασης και OEM

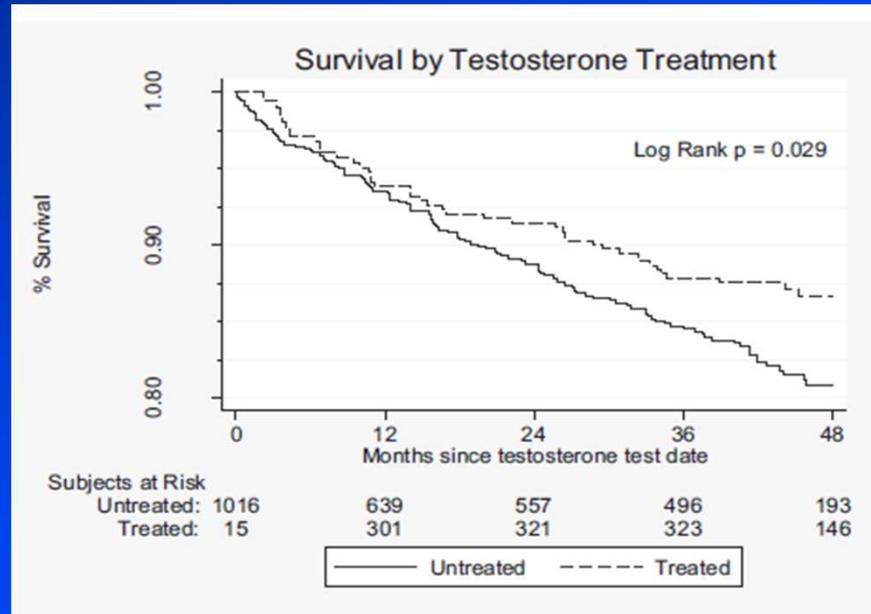
**Αδόκιμη  
σύγκριση**

**Απόλυτος  
κίνδυνος;**

|                               |
|-------------------------------|
| Patients (N)                  |
| Pre-prescription              |
| Cases                         |
| Rate per 1,000 PY (95%CI)     |
| Post-prescription             |
| Cases                         |
| Rate per 1,000 PY (95%CI)     |
| Rate Ratio (post/pre) (95%CI) |

|                     |
|---------------------|
| Age ≥65 Years       |
| 7,054               |
| 37                  |
| 5.27 (3.81, 7.27)   |
| 20                  |
| 11.52 (7.43, 17.86) |
| 2.19 (1.27, 3.77)   |

# Θεραπεία υποκατάστασης και θνητότητα

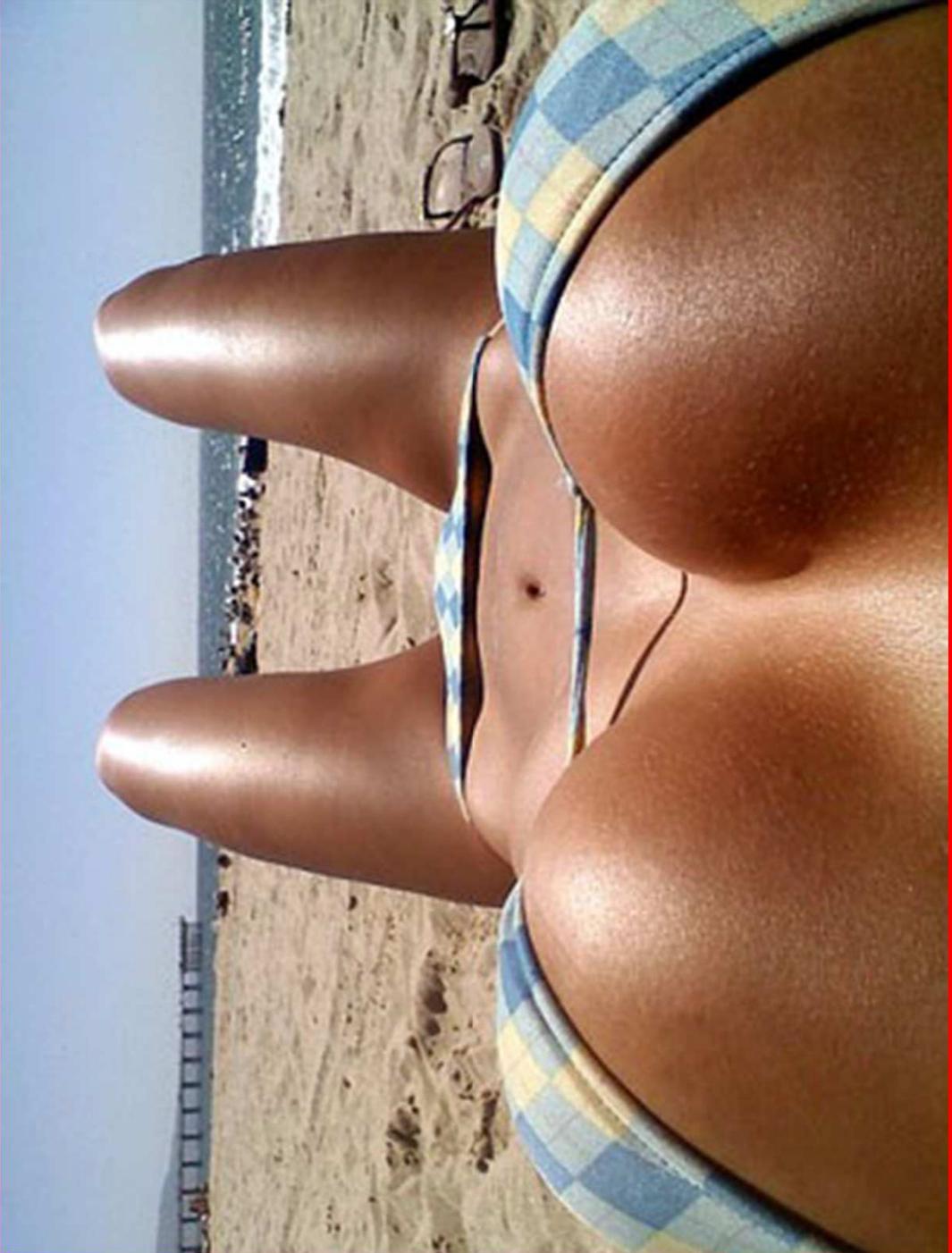


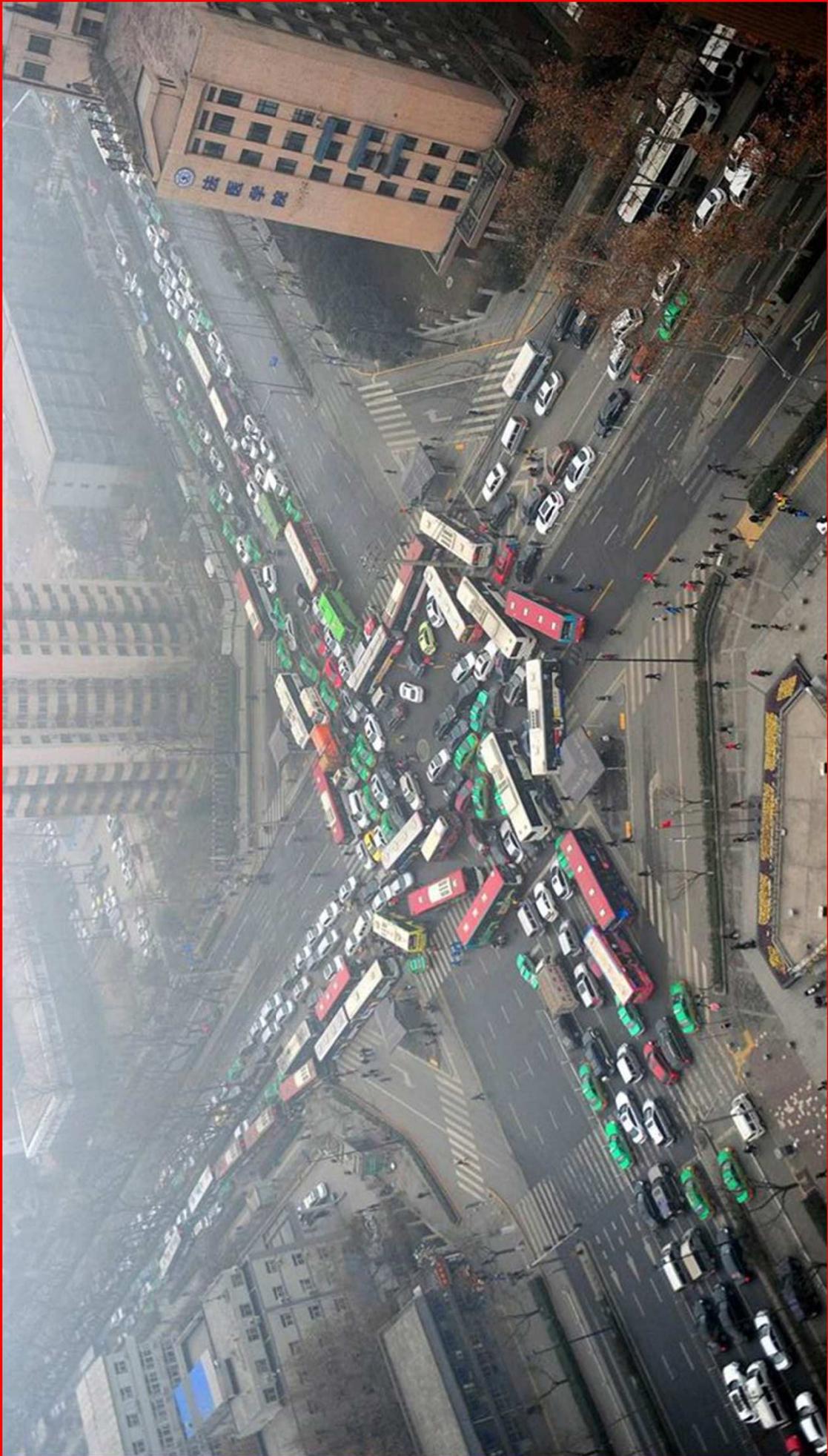
| Subgroups <sup>a</sup>    | Hazard ratio (95% CI) and P value |
|---------------------------|-----------------------------------|
| Age                       |                                   |
| 41–59 yr (n = 454)        | 0.43 (0.20–0.92); 0.03            |
| 60+ years (n = 577)       | 0.68 (0.45–1.03); 0.07            |
| Prevalent diabetes        |                                   |
| Yes (n = 393)             | 0.44 (0.23–0.84); 0.013           |
| No (n = 638)              | 0.72 (0.46–1.13); 0.155           |
| Prevalent cardiac disease |                                   |
| Yes (n = 226)             | 0.82 (0.42–1.61); 0.56            |
| No (n = 805)              | 0.55 (0.36–0.84); 0.006           |

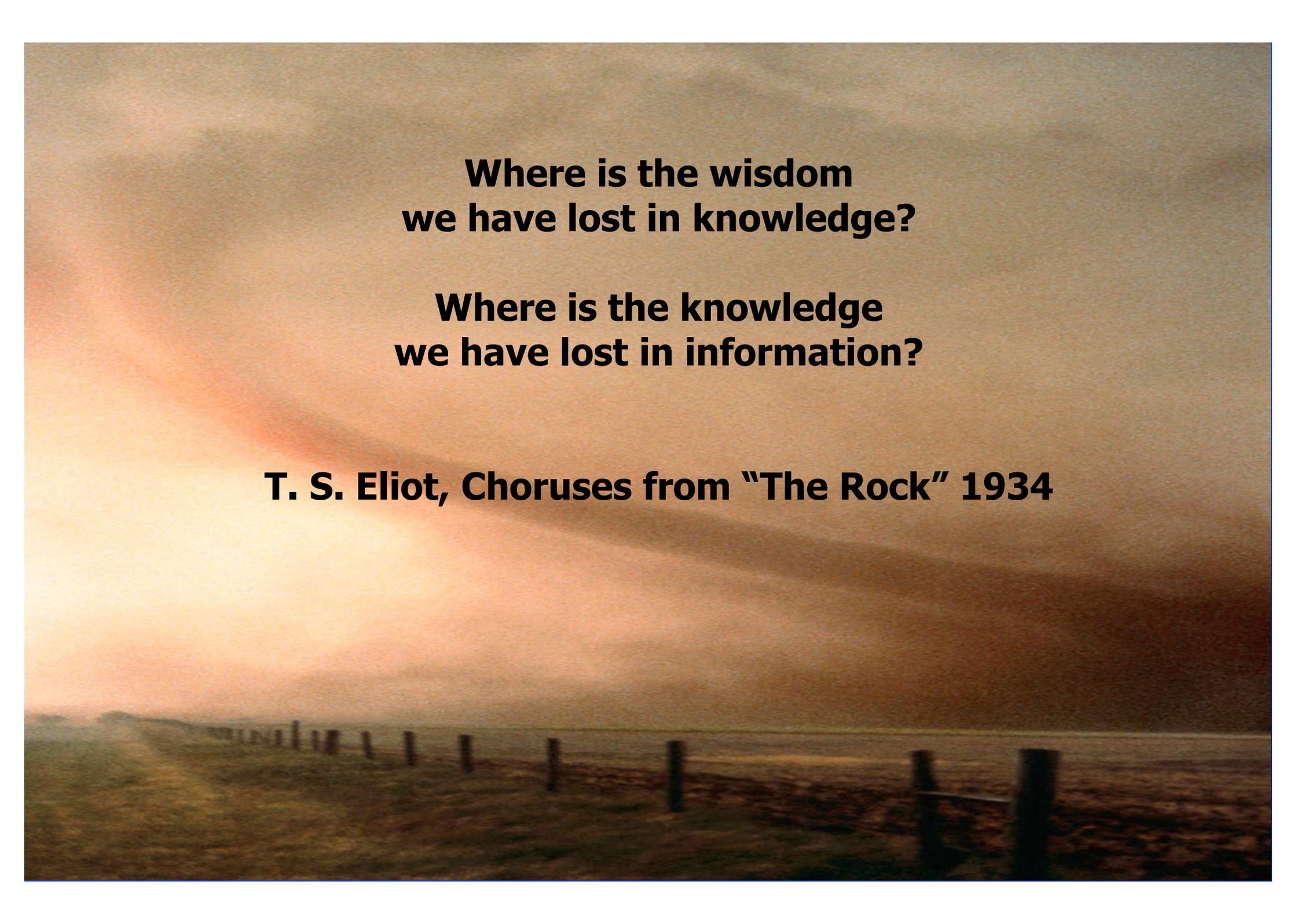
| Testosterone exposure | Person-years | Deaths | Mortality per 100 person-years | Fully adjusted HR (95% CI) <sup>a</sup> |
|-----------------------|--------------|--------|--------------------------------|-----------------------------------------|
| Untreated (n = 633)   | 2290         | 131    | 5.73                           | 1.00 (reference)                        |
| Treated (n = 398)     | 1190         | 41     | 3.44                           | 0.61 (0.42–0.88);<br>$P = 0.008$        |
| Total (n = 1031)      | 3480         | 172    | 4.95                           |                                         |

## Θεραπεία υποκατάστασης και θνητότητα

- 581 άνδρες με ΣΔ τύπου 2
- 5.8 έτη παρακολούθησης
- Θνητότητα:
- 17.2% vs 9% χαμηλή vs φυσιολογική τεστο
- 8.4% vs 19.2% θεραπεία υποκατάστασης vs όχι
- HR: 2.3 (95% CI: 1.3-3.9)





A sepia-toned photograph of a landscape. In the foreground, a wooden fence with vertical posts and horizontal rails runs across the frame. The ground appears to be a field or a road. In the background, there are rolling hills or a distant shoreline, all shrouded in a thick mist or fog. The sky is a uniform, hazy brownish-orange color, suggesting a dawn or dusk setting. The overall mood is somber and contemplative.

**Where is the wisdom  
we have lost in knowledge?**

**Where is the knowledge  
we have lost in information?**

**T. S. Eliot, Choruses from "The Rock" 1934**

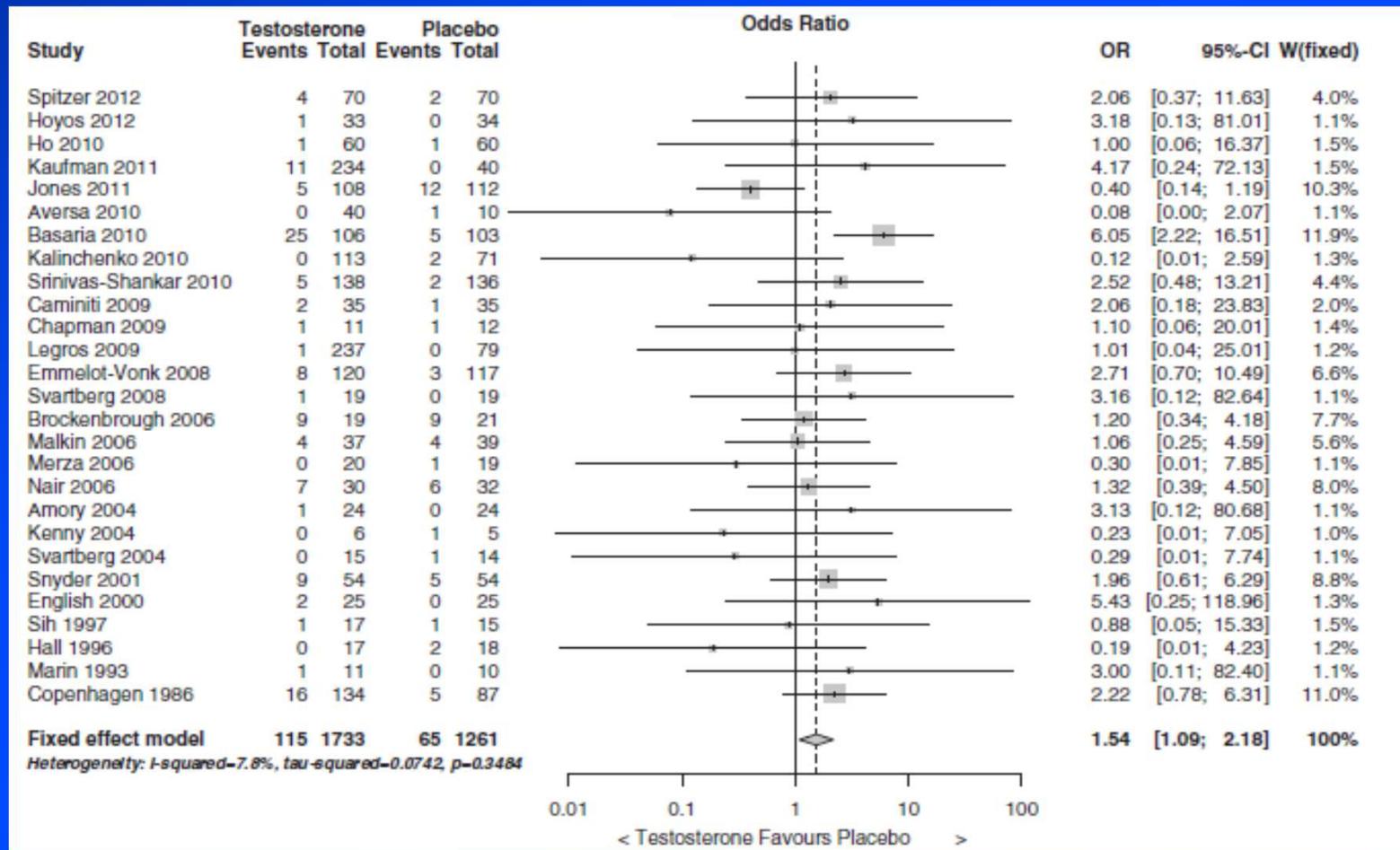
# Καρδιαγγειακό σύστημα



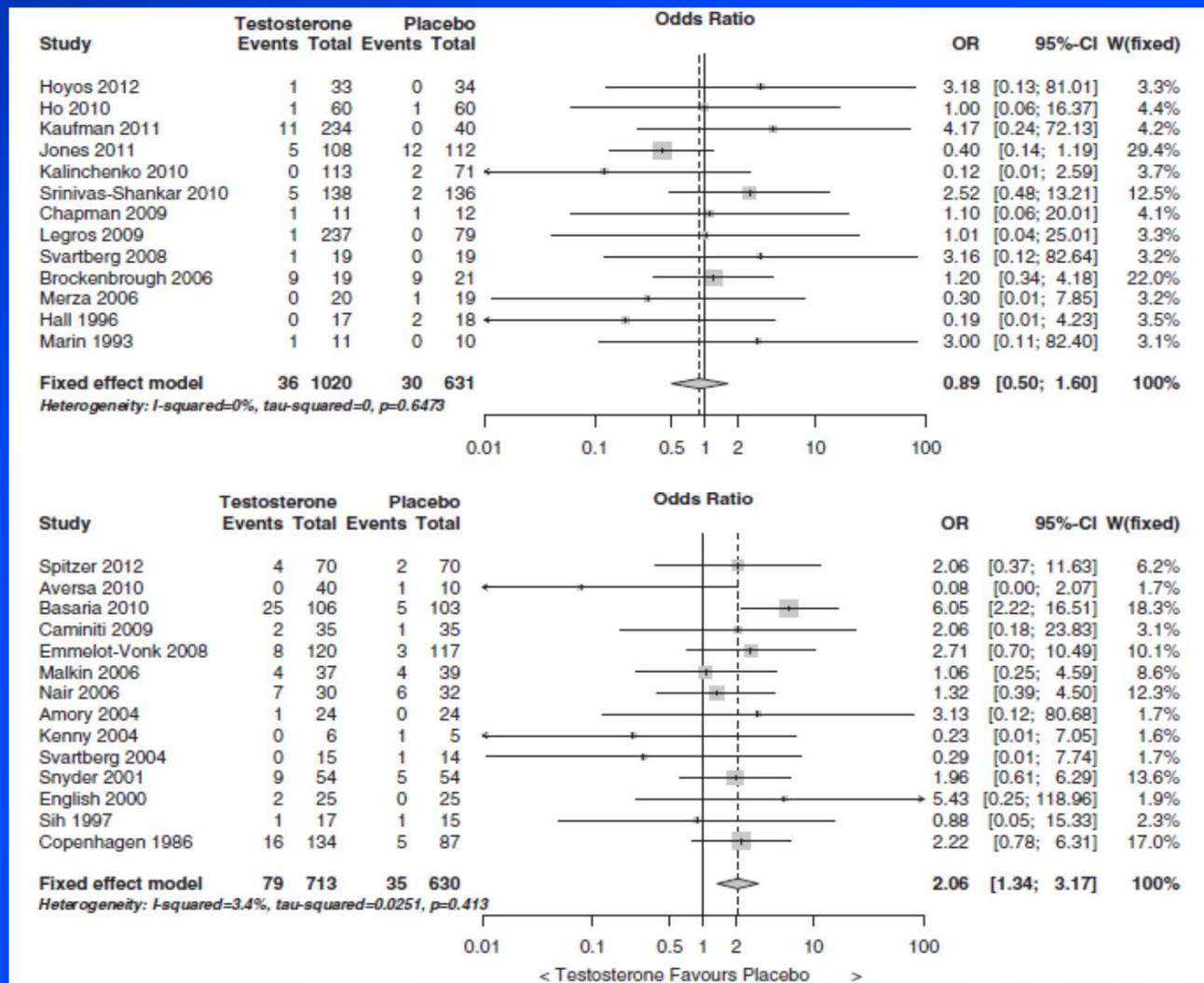




# Θεραπεία υποκατάστασης και καρδιαγγειακά

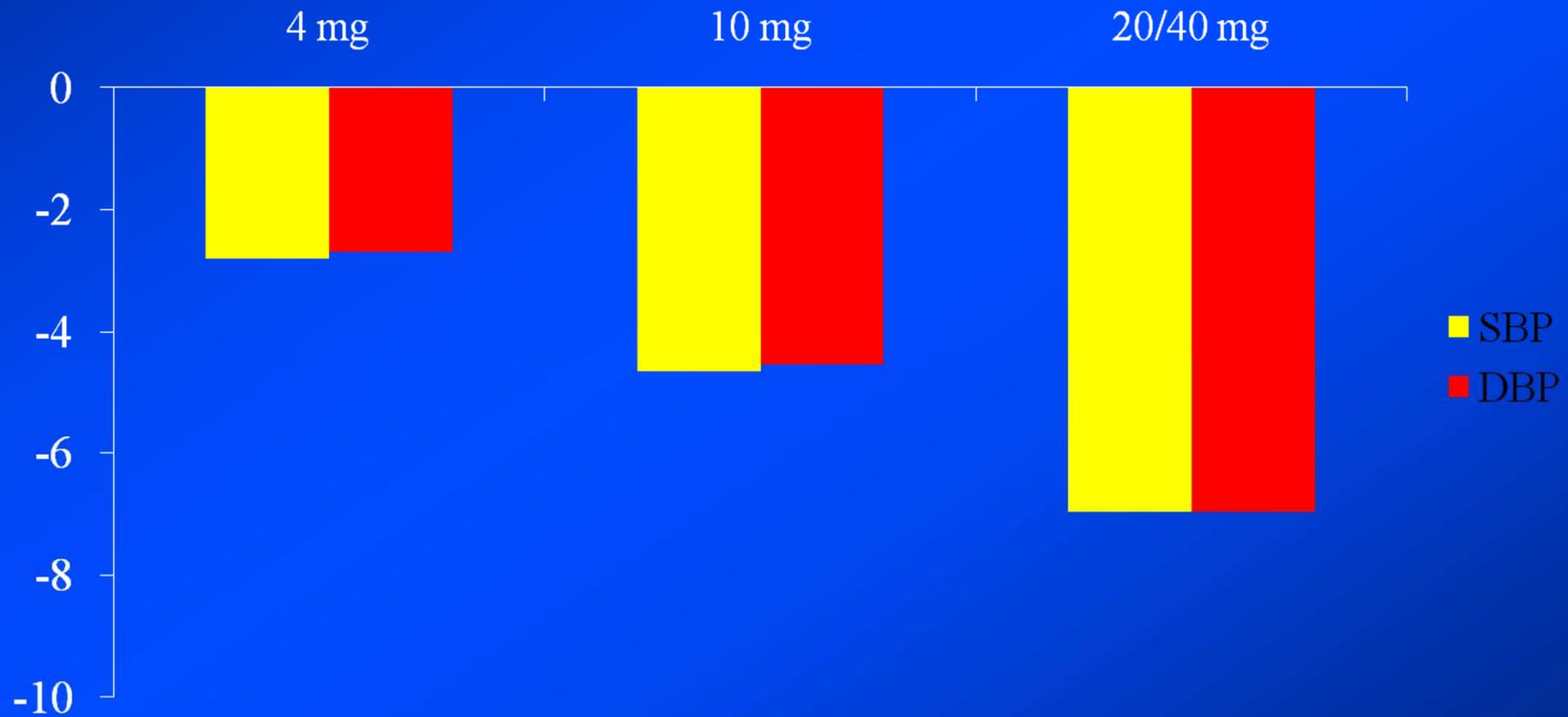


# Θεραπεία υποκατάστασης και καρδιαγγειακά ανάλογα με τη χρηματοδότηση της μελέτης



# Efficacy in hypertension

Blood pressure reduction – PF00489791



# **Efficacy in hypertension**

## **Resistant hypertension**

**Clinical potential of  
combined organic nitrate  
and phosphodiesterase type 5 inhibitor  
in treatment-resistant hypertension.**

**BP reduction: 26/18 mmHg**

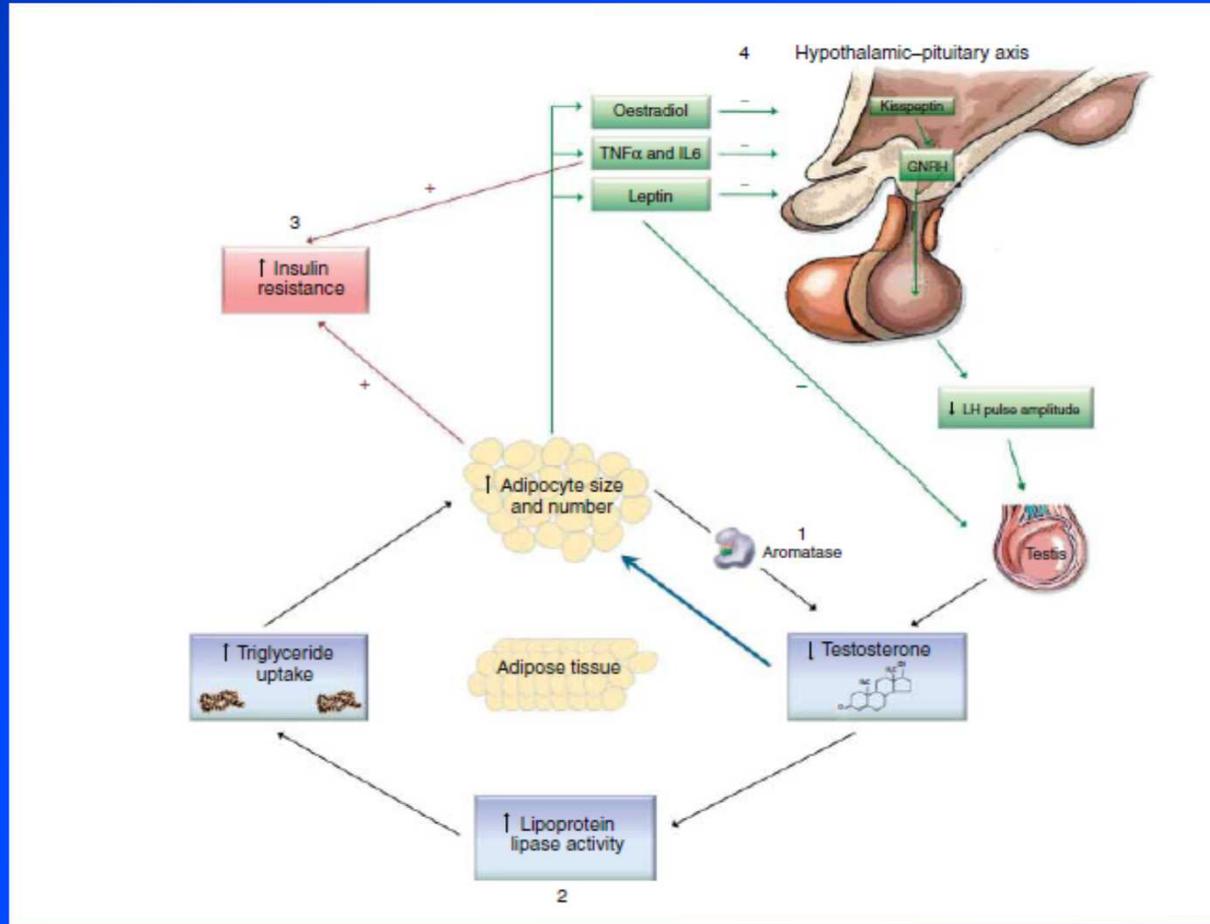
**Without significant AE**

**But ... be careful**

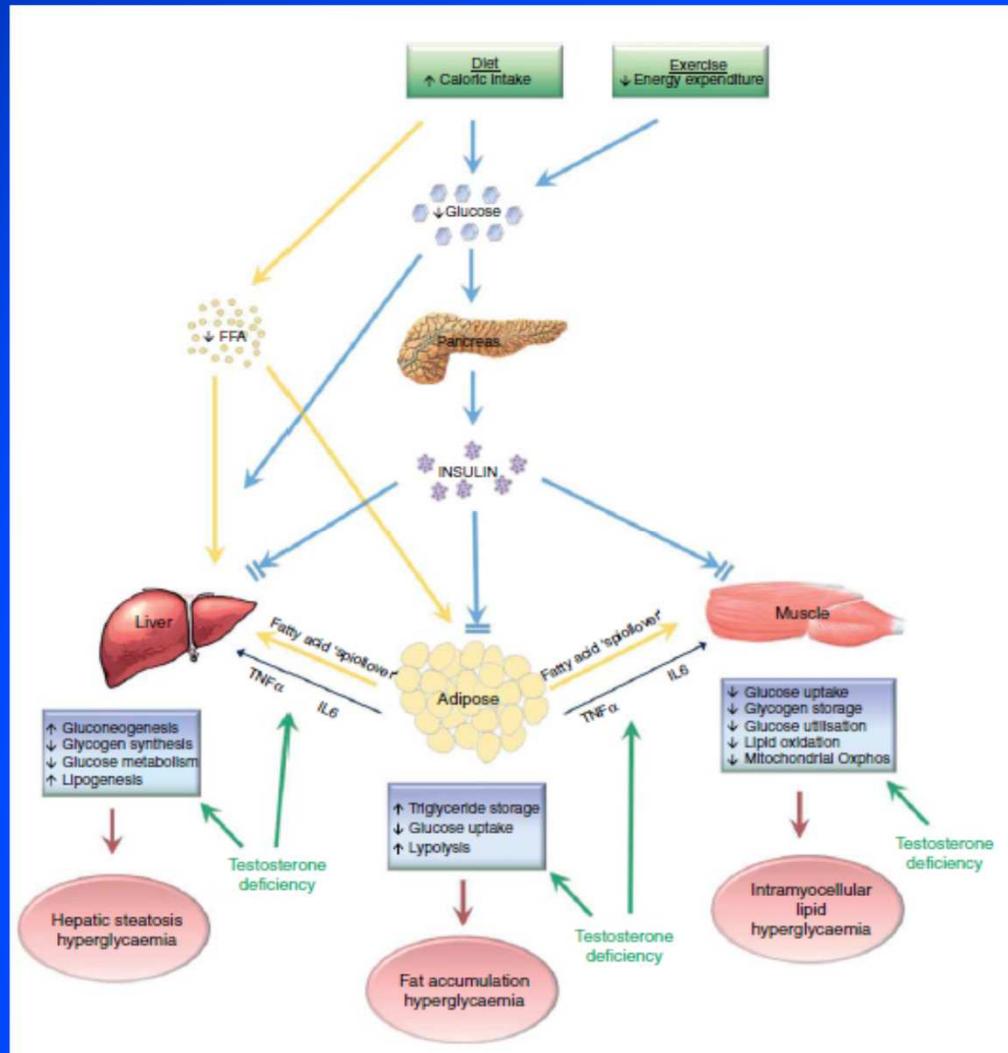
## Χολινεργικοί υποδοχείς

- Ουροδόχος κύστη
- Σιελογόνοι αδένες
- Γαστρεντερικό σύστημα
- Εγκέφαλος
- Οφθαλμοί
- Καρδιά

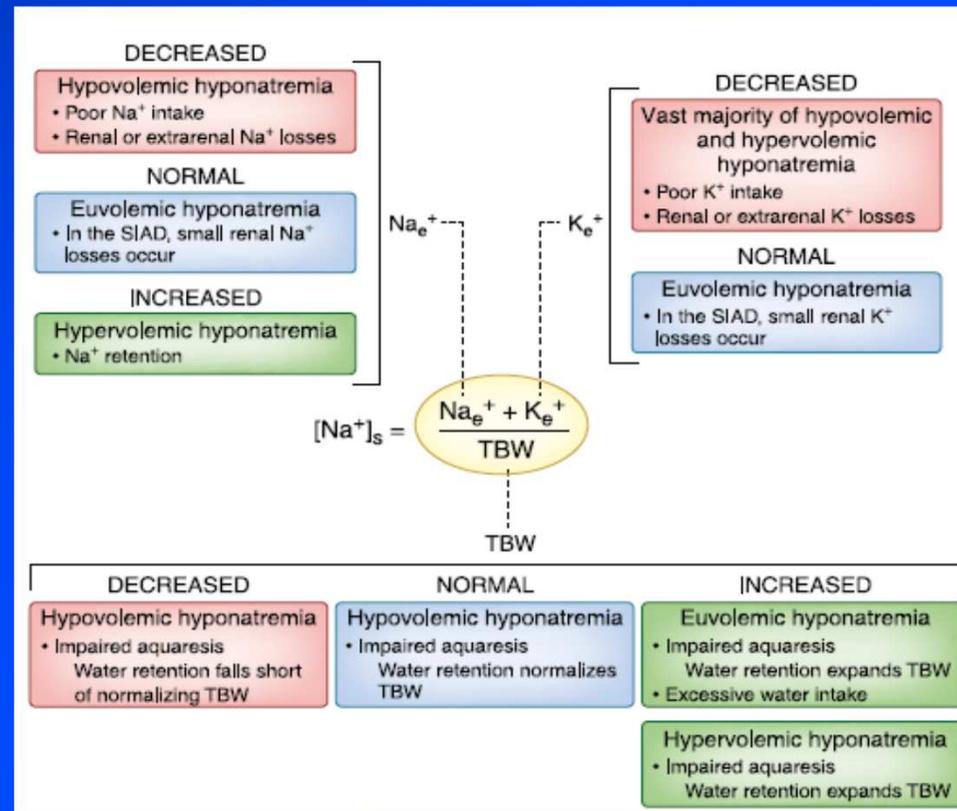
# Τεστοστερόνη



# Τεστοστερόνη



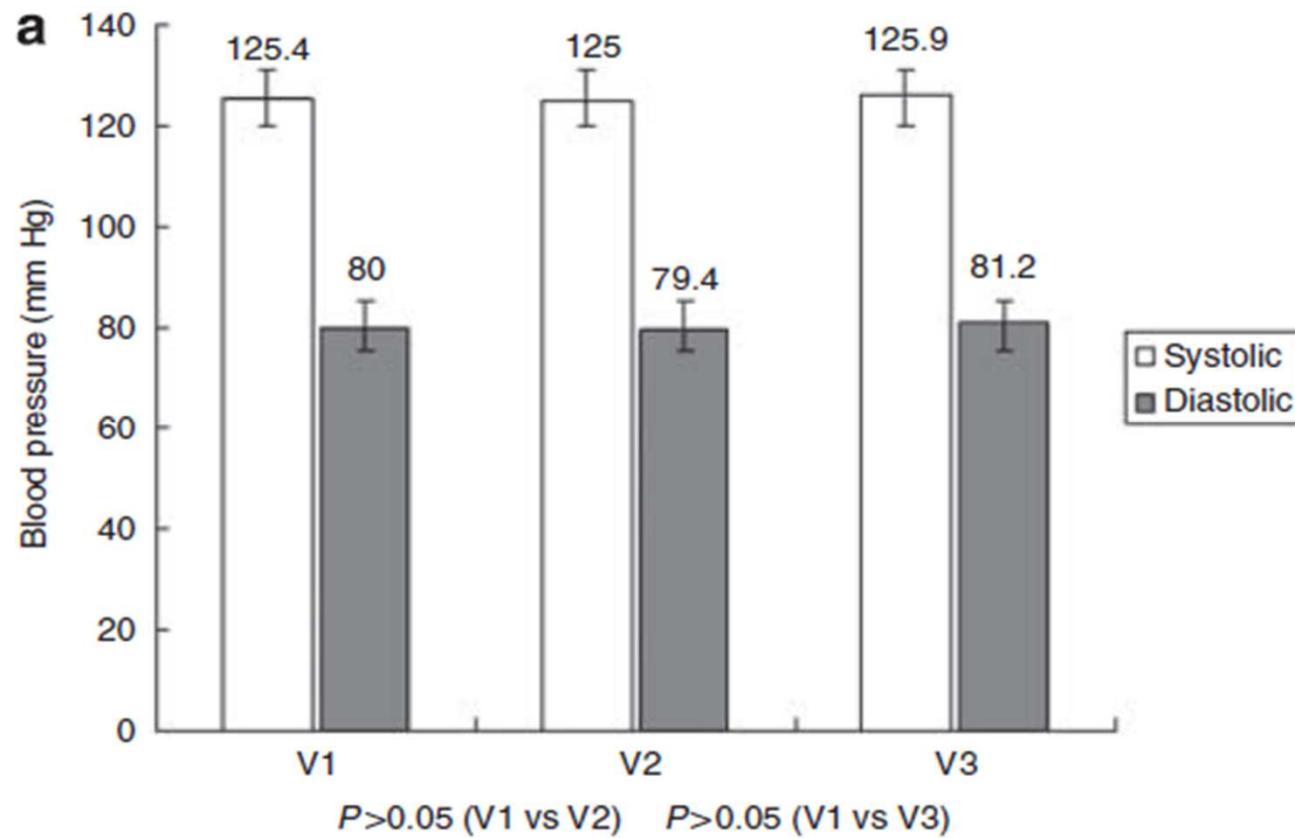
# HR-CV risk



# HR-CV risk

|                                 | Infusate                                       |                                                              |                                      | Fluid Loss                                     |                                                              |
|---------------------------------|------------------------------------------------|--------------------------------------------------------------|--------------------------------------|------------------------------------------------|--------------------------------------------------------------|
|                                 | [Na <sup>+</sup> + K <sup>+</sup> ]<br>(mEq/L) | Effect on [Na <sup>+</sup> ] <sub>s</sub><br>per 1 L (mEq/L) |                                      | [Na <sup>+</sup> + K <sup>+</sup> ]<br>(mEq/L) | Effect on [Na <sup>+</sup> ] <sub>s</sub><br>per 1 L (mEq/L) |
| 3% NaCl                         | 513                                            | ↑ 13.0                                                       | Aquaresis (e.g., primary polydipsia) | 20                                             | ↑ 3.1                                                        |
| 0.9% NaCl                       | 154                                            | ↑ 1.4                                                        | Natriuresis (e.g., furosemide)       | 55                                             | ↑ 1.9                                                        |
| 0.9% NaCl + 30 mEq<br>KCl per L | 184                                            | ↑ 2.4                                                        | Viral/bacterial diarrhea             | 90                                             | ↑ 0.7                                                        |
| Ringer's lactate                | 135                                            | ↑ 0.8                                                        | Osmotic diarrhea                     | 40                                             | ↑ 2.4                                                        |
| 0.45% NaCl                      | 77                                             | ↓ 1.1                                                        | Gastric fluid                        | 70                                             | ↑ 1.4                                                        |
| 5% dextrose                     | 0                                              | ↓ 3.5                                                        |                                      |                                                |                                                              |

## Συγχορήγηση με ουδεναφίλη



## Συγχορήγηση με ταδαλαφίλη

|                                  | V1             | V2             | V3            | P        |          |
|----------------------------------|----------------|----------------|---------------|----------|----------|
|                                  |                |                |               | V1 vs V2 | V1 vs V3 |
| Systolic BP, mm Hg <sup>a</sup>  | 124.18 ± 10.42 | 124.06 ± 10.36 | 121.78 ± 9.23 | .261     | .241     |
| Diastolic BP, mm Hg <sup>a</sup> | 76.27 ± 8.02   | 75.57 ± 8.34   | 75.06 ± 7.56  | .729     | .395     |
| Systolic BP, mm Hg <sup>b</sup>  | 126.61 ± 11.15 | 126.27 ± 10.91 | 125.39 ± 7.30 | .647     | .534     |
| Diastolic BP, mm Hg <sup>b</sup> | 78.10 ± 8.54   | 77.73 ± 8.85   | 77.35 ± 7.93  | .822     | .634     |
| Heart rate, beats/min            | 73.31 ± 6.64   | 72.69 ± 8.64   | 72.86 ± 8.44  | .760     | .678     |

## Υπόταση στις μελέτες

| Treatment-related Adverse Events                                                                         | Placebo<br>N = 678,<br>n (%) | Alfuzosin OD               |                            |
|----------------------------------------------------------------------------------------------------------|------------------------------|----------------------------|----------------------------|
|                                                                                                          |                              | 10 mg<br>N = 473,<br>n (%) | 15 mg<br>N = 335,<br>n (%) |
| Patients with $\geq 1$ adverse event                                                                     | 219 (32.3)                   | 197 (41.6)                 | 137 (40.9)                 |
| Upper respiratory tract infection<br>(URI, rhinitis, sinusitis, laryngitis,<br>and pharyngitis combined) | 23 (3.4)                     | 29 (6.1)                   | 19 (5.7)                   |
| Dizziness (dizziness and malaise combined)                                                               | 19 (2.8)                     | 27 (5.7)                   | 30 (9.0)                   |
| Headache                                                                                                 | 12 (1.8)                     | 14 (3.0)                   | 8 (2.4)                    |
| Fatigue (fatigue and asthenia combined)                                                                  | 12 (1.8)                     | 13 (2.7)                   | 14 (4.2)                   |
| Impotence                                                                                                | 4 (0.6)                      | 7 (1.5)                    | 4 (1.2)                    |
| Ejaculatory failure/disorder                                                                             | 0                            | 3 (0.6)                    | 1 (0.3)                    |
| Hypotension/postural hypotension                                                                         | 0                            | 2 (0.4)                    | 2 (0.6)                    |
| Syncope                                                                                                  | 0                            | 1 (0.2)                    | 2 (0.6)                    |

## Ταμσουλοζίνη και αντιυπερτασικά

|                   | Baseline                 | Change              |                                  |
|-------------------|--------------------------|---------------------|----------------------------------|
|                   | Day 4 (placebo)          | Day 11 (0.4 mg/day) | Day 19 (0.8 mg/day) <sup>†</sup> |
| <b>Nifedipine</b> |                          |                     |                                  |
| SBP (mm Hg)       |                          |                     |                                  |
| Tamsulosin        | 129.5/152.3 <sup>‡</sup> | -9.0/-2.0           | -11.4/-1.1                       |
| Placebo           | 122.0/149.0              | -1.5/-3.5           | -7.0/-3.5                        |
| DBP (mm Hg)       |                          |                     |                                  |
| Tamsulosin        | 83.7/99.7                | -4.5/-2.0           | -3.1/-2.0                        |
| Placebo           | 77.0/95.0                | -0.5/1.0            | -5.0/0.5                         |
| <b>Enalapril</b>  |                          |                     |                                  |
| SBP (mm Hg)       |                          |                     |                                  |
| Tamsulosin        | 115.7/146.3 <sup>‡</sup> | 0.0/+2.7            | +1.3/+3.3                        |
| Placebo           | 111.5/140.0              | +8.0/+9.0           | +3.0/-0.5                        |
| DBP (mm Hg)       |                          |                     |                                  |
| Tamsulosin        | 74.7/99.0                | -0.3/-5.0           | +2.0/-4.7                        |
| Placebo           | 73.0/93.5                | -0.5/-0.5           | -4.0/0.0                         |
| <b>Atenolol</b>   |                          |                     |                                  |
| SBP (mm Hg)       |                          |                     |                                  |
| Tamsulosin        | 117.0/150.5 <sup>‡</sup> | -2.7/-8.5           | -8.0/-5.7                        |
| Placebo           | 124.5/161.0              | -3.0/-6.0           | -11.5/-4.7                       |
| DBP (mm Hg)       |                          |                     |                                  |
| Tamsulosin        | 77.5/96.7                | -4.0/-4.7           | -4.7/-5.5                        |
| Placebo           | 77.5/96.0                | -2.0/-2.0           | -6.0/-1.5                        |

*Lowe, Clin Ther 1997*

## Έλεγχος παρασυμπαθητικού τόνου

- Καρδιακή συχνότητα στην ηρεμία
- Καρδιακή συχνότητα κατά την επαναφορά
- Μεταβλητότητα καρδιακής συχνότητας
- Ευαισθησία τασεο-αντανακλαστικού

## Χολινεργικοί υποδοχείς στην καρδιά

- M1, M2, M3, M5
- Ρύθμιση καρδιακής συχνότητας: M2 υποδοχείς
- M1, M3, M5 χωρίς λειτουργική σημασία
  - Φαρμακολογικές μελέτες
  - ‘Σβήσιμο’ γονιδίων σε πειραματόζωα

# Comorbidities

| Characteristics                                 | OAB patients             | Non-OAB patients         | <i>P</i> |
|-------------------------------------------------|--------------------------|--------------------------|----------|
| Total number of patients                        | 41 440                   | 77 272                   |          |
| Women, %                                        | 83.6%                    | 83.2%                    | 0.040    |
| Age, years (mean $\pm$ SD [median])             | 62.47 $\pm$ 13.46 (65)   | 61.46 $\pm$ 13.58 (64)   | 0.002    |
| Age $\geq$ 65 years, %                          | 53.57                    | 49.74                    | <0.001   |
| Clinical characteristics                        |                          |                          |          |
| Baseline HR, beats/min (mean $\pm$ SD [median]) | 75.67 $\pm$ 11.15 (76)   | 75.11 $\pm$ 11.50 (74)   | <0.001   |
| Patients' HR, %                                 |                          |                          |          |
| 61–70 beats/min                                 | 22.92                    | 24.27                    | <0.001   |
| 71–80 beats/min                                 | 43.54                    | 42.16                    | 0.001    |
| 81–90 beats/min                                 | 16.31                    | 15.11                    | <0.001   |
| 91–100 beats/min                                | 6.25                     | 5.87                     | 0.028    |
| Higher HR ( $\geq$ 80 beats/min)                | 31.36                    | 19.62                    | <0.001   |
| Baseline SBP (mean $\pm$ SD [median])           | 130.65 $\pm$ 18.25 (130) | 129.57 $\pm$ 18.07 (130) | 0.004    |
| Baseline DBP (mean $\pm$ SD [median])           | 75.74 $\pm$ 10.34 (76)   | 75.33 $\pm$ 10.25 (76)   | <0.001   |
| BMI (mean $\pm$ SD [median]), kg/m <sup>2</sup> | 30.15 $\pm$ 7.31 (28.86) | 29.07 $\pm$ 6.73 (27.93) | <0.001   |
| Framingham risk score                           | 9.93                     | 9.62                     | <0.001   |

# Διαφορές φύλου

## Sex differences in vasopressin V<sub>2</sub> receptor expression and vasopressin-induced antidiuresis

**Jun Liu,<sup>2</sup> Nikhil Sharma,<sup>1</sup> Wei Zheng,<sup>2</sup> Hong Ji,<sup>2</sup> Helen Tam,<sup>1</sup> Xie Wu,<sup>2</sup> Michaele B. Manigrasso,<sup>1</sup> Kathryn Sandberg,<sup>2</sup> and Joseph G. Verbalis<sup>1</sup>**

*<sup>1</sup>Division of Endocrinology and Metabolism and <sup>2</sup>Division of Nephrology and Hypertension, Department of Medicine, Georgetown University Medical Center, Washington, District of Columbia*

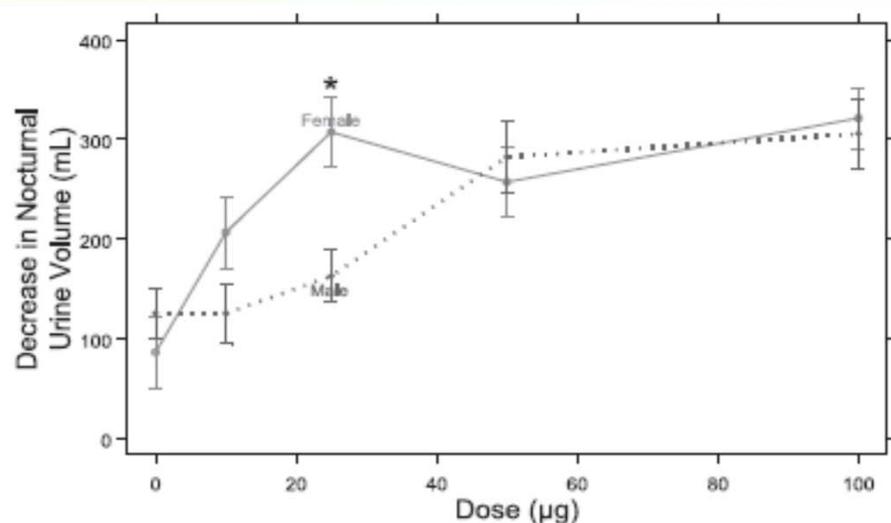
Submitted 6 April 2010; accepted in final form 27 November 2010

## Gender difference in antidiuretic response to desmopressin

**Kristian Vinter Juul, Bjarke Mirner Klein, Rikard Sandström, Lars Erichsen, and Jens Peter Nørgaard**  
*Ferring Pharmaceuticals, Copenhagen S, Denmark*

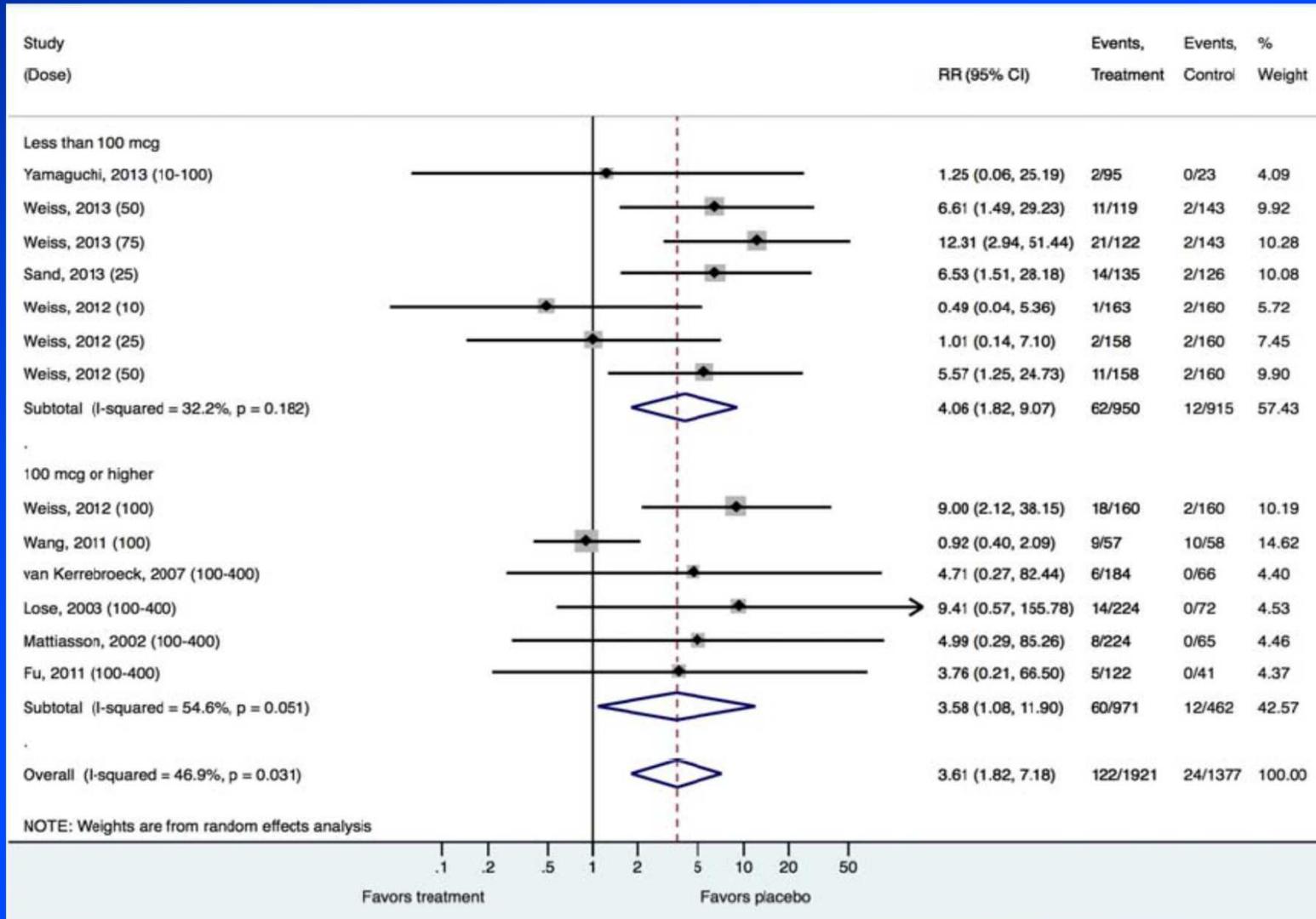
Submitted 27 December 2010; accepted in final form 25 February 2011

## Διαφορές φύλου

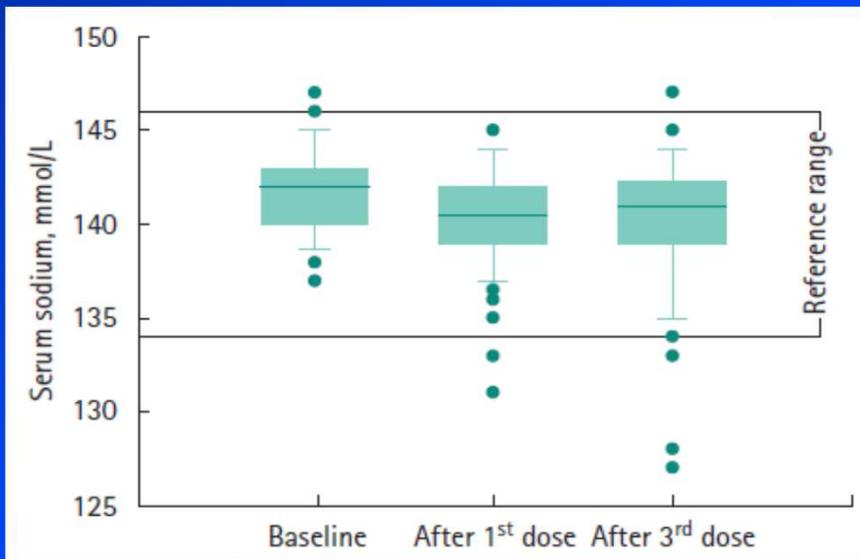


| Dose, μg | % of Maximum Effect (Men) | % of Maximum Effect (Women) | Change in Sodium, mmol/l |                |
|----------|---------------------------|-----------------------------|--------------------------|----------------|
|          |                           |                             | Women >50 yr old         | Men >50 yr old |
| 0        | 0 (-)                     | 0 (-)                       | -0.48 (0.32)             | 0.31 (0.20)    |
| 10       | 19 (8)                    | 38 (20)                     | -0.21 (0.35)             | -0.57 (0.25)   |
| 25       | 37 (11)                   | 61 (20)                     | -1.1 (0.31)              | -0.51 (0.21)   |
| 50       | 54 (12)                   | 76 (17)                     | -2.2 (0.40)              | -0.89 (0.32)   |
| 100      | 70 (10)                   | 86 (13)                     | -3.3 (0.50)              | -1.7 (0.34)    |

# Συχνότητα Μετα-ανάλυση

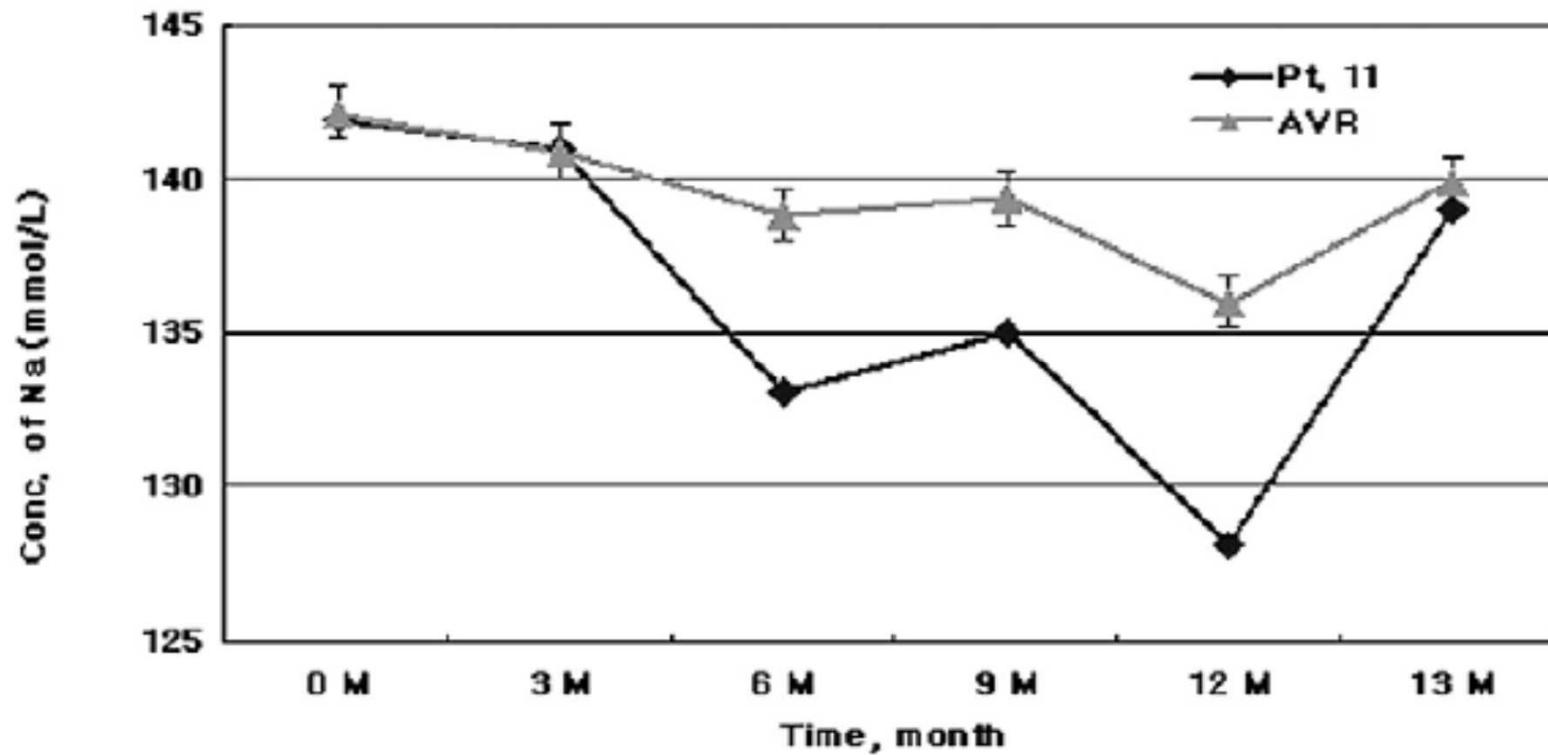


# Oral – short term



| Sex/age, years                             | Serum sodium (mmol/L) |                |                |
|--------------------------------------------|-----------------------|----------------|----------------|
|                                            | Baseline              | After 1st dose | After 3rd dose |
| <b>Sensitive to change in serum sodium</b> |                       |                |                |
| F/82                                       | 146                   | 141            | 135            |
| F/79                                       | 142                   | 137            | 135            |
| M/89                                       | 144                   | 139            | 134            |
| M/77                                       | 143                   | 139            | 136            |
| M/79                                       | 140                   | 136            | 128            |
| M/79                                       | 137                   | 133            | 127            |
| <b>Serum sodium below normal range</b>     |                       |                |                |
| M/79                                       | 140                   | 139            | 133            |
| M/73                                       | 138                   | 131            | 135            |

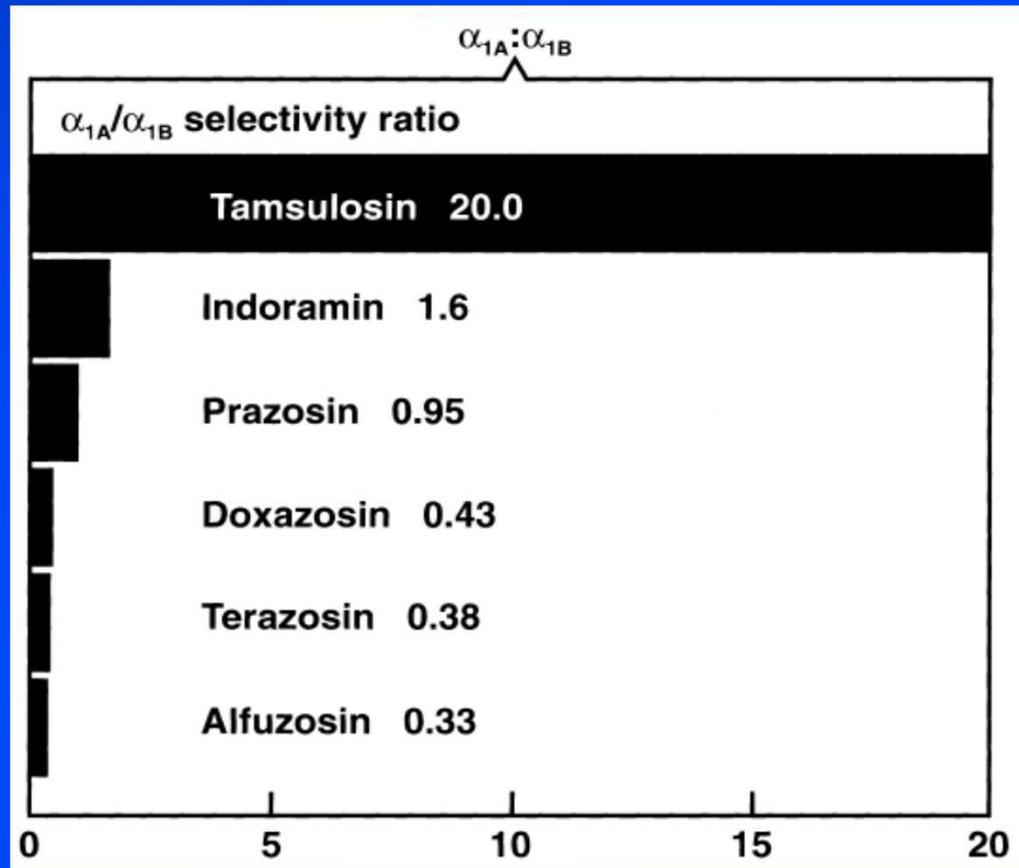
## Oral – long-term



## Έμφραγμα μυοκαρδίου και PDE-5 inh

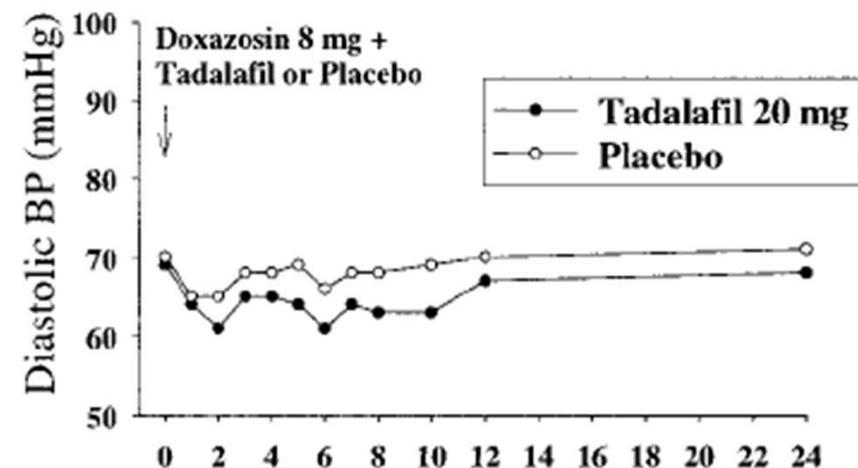
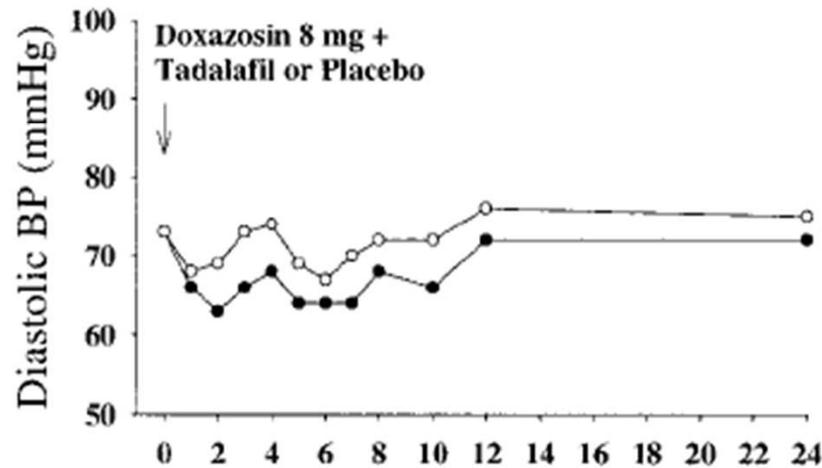
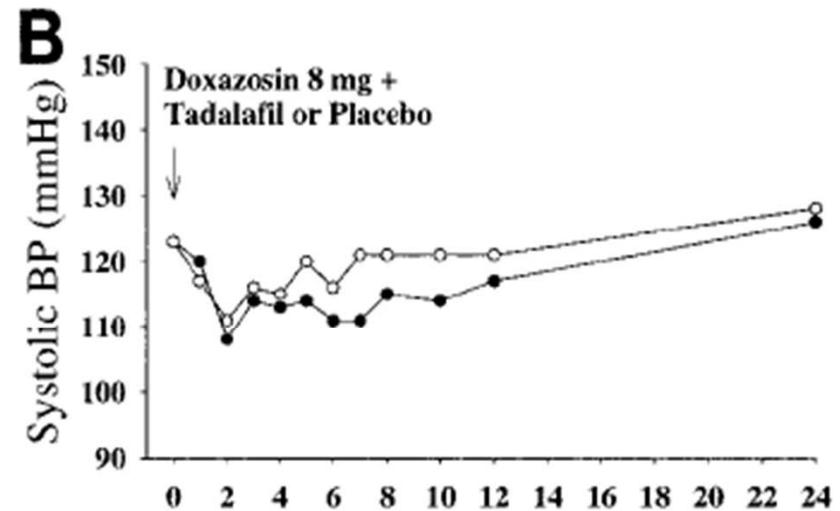
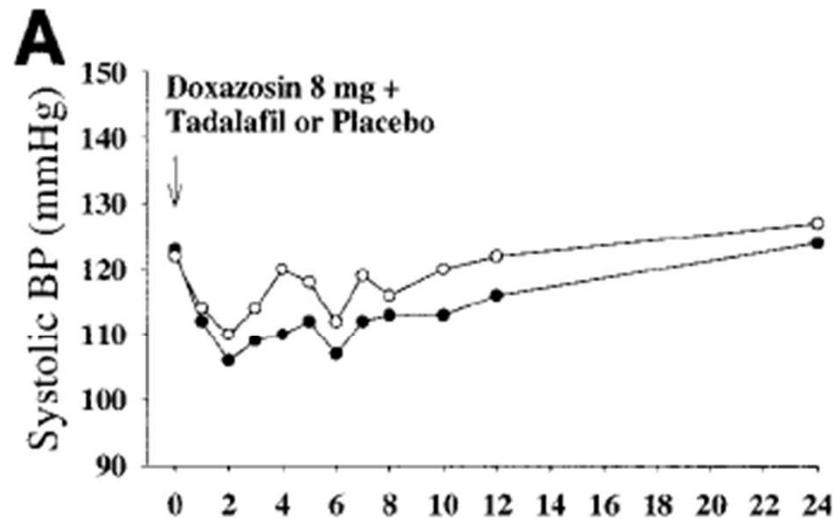
|                                  | All Ages             | Age <65<br>Years     | Age ≥65<br>Years    |
|----------------------------------|----------------------|----------------------|---------------------|
| Patients (N)                     | 167,279 <sup>†</sup> | 141,512 <sup>†</sup> | 25,767 <sup>†</sup> |
| Pre-prescription                 |                      |                      |                     |
| Cases                            | 695                  | 556                  | 139                 |
| Rate per 1,000 PY<br>(95%CI)     | 3.48 (3.02, 4.01)    | 3.22 (2.75, 3.77)    | 5.27 (3.81, 7.27)   |
| Post-prescription                |                      |                      |                     |
| Cases                            | 152                  | 119                  | 33                  |
| Rate per 1,000 PY<br>(95%CI)     | 3.75 (3.19, 4.40)    | 3.42 (2.76, 4.24)    | 6.06 (4.26, 8.63)   |
| Rate Ratio (post/pre)<br>(95%CI) | 1.08 (0.93, 1.24)    | 1.06 (0.91, 1.24)    | 1.15 (0.83, 1.59)   |

# Εκλεκτικότητα $\alpha$ -αποκλειστών

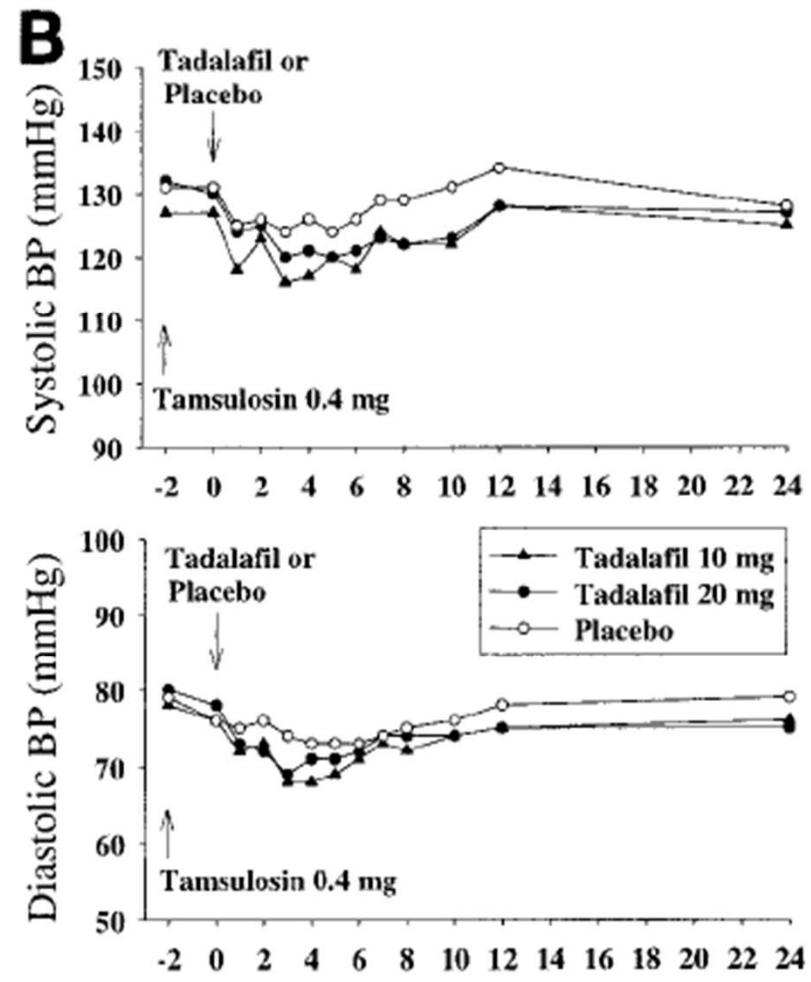
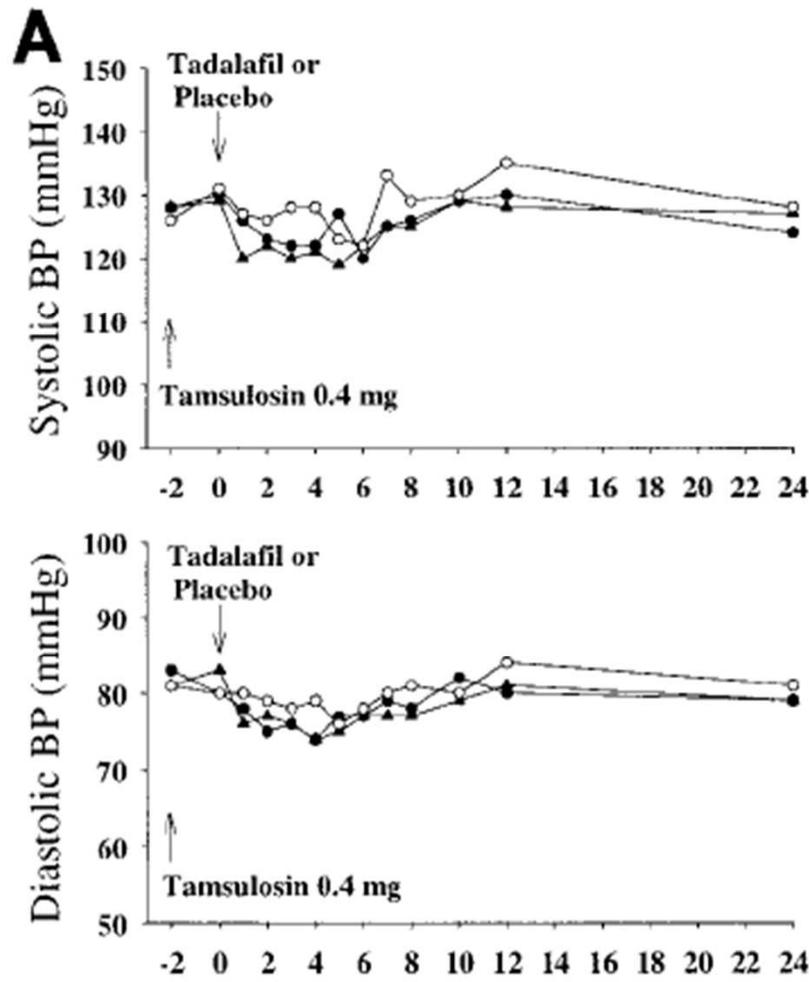


# Συγχορήγηση PDE-5 με δοξαζοσίνη

## ΑΠ όρθια-ύπτια θέση

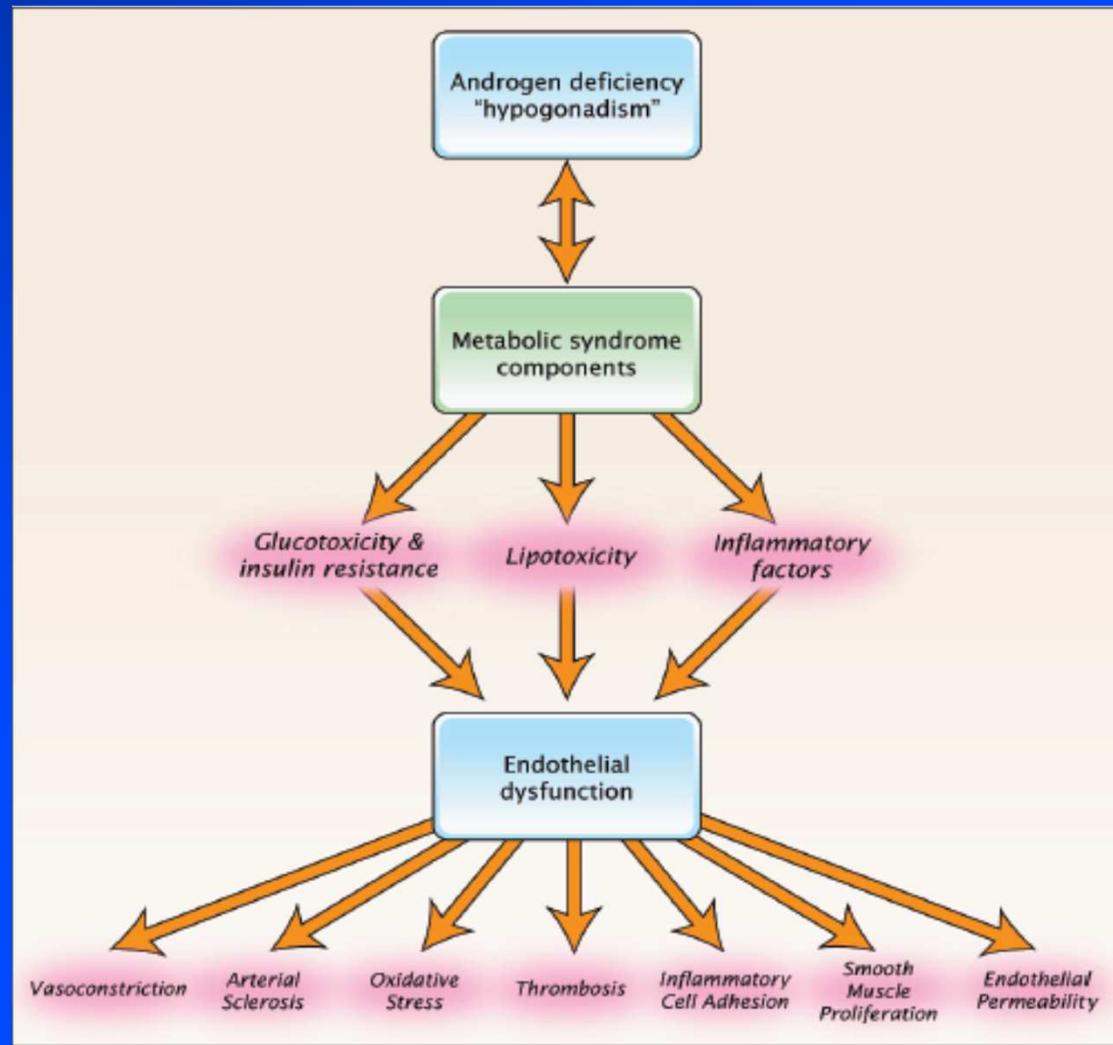


# Συγχορήγηση PDE-5 με ταμσουλοζίνη ΑΠ όρθια-ύπτια θέση

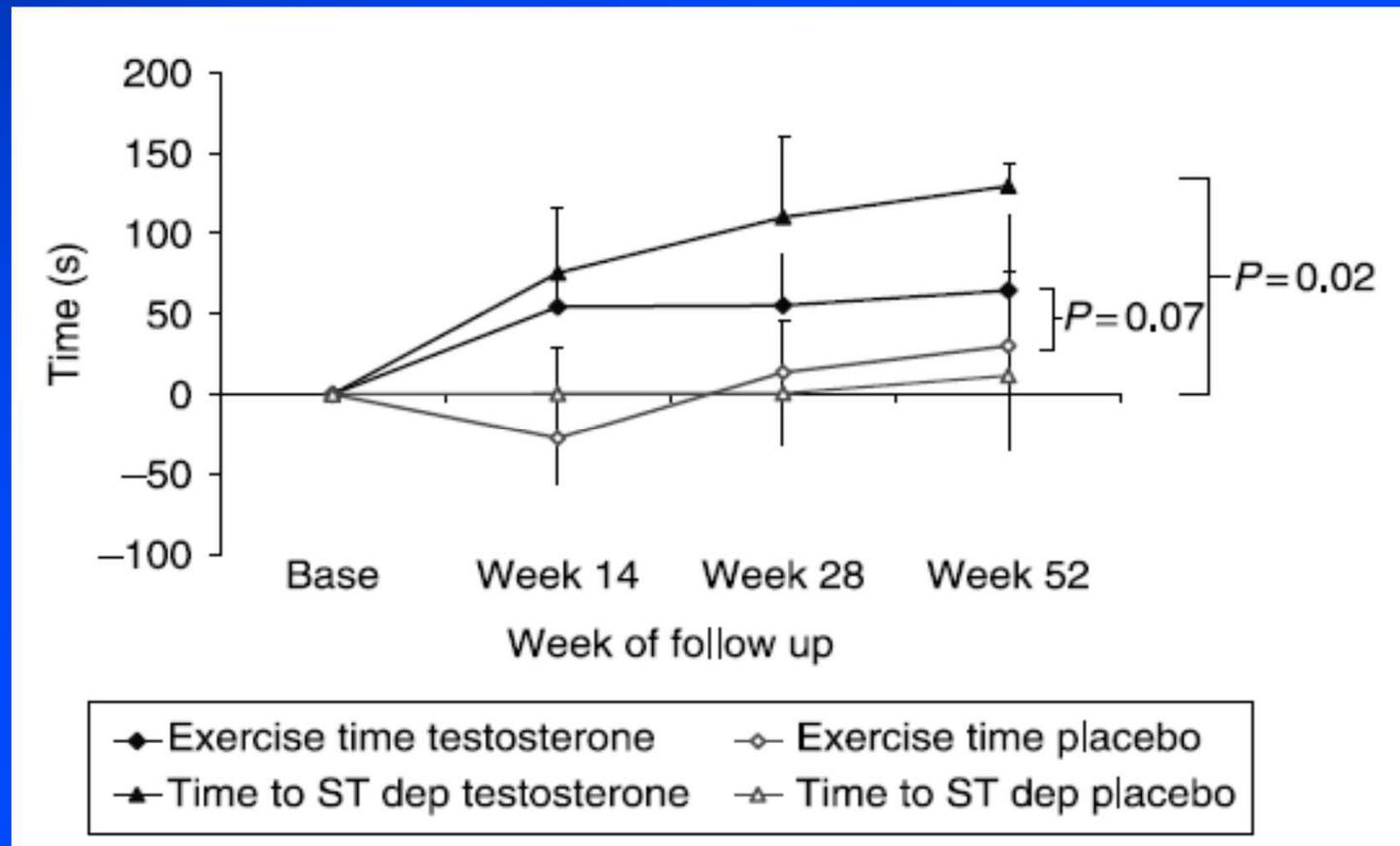


# Τεστοστερόνη και καρδιαγγειακός κίνδυνος

## Μηχανισμός



# Ικανότητα προς άσκηση Ισχαιμία



# Θεραπεία υποκατάστασης και OEM

|                               | All Ages          | Age <65 Years     | Age ≥65 Years       |
|-------------------------------|-------------------|-------------------|---------------------|
| Patients (N)                  | 55,593            | 48,539            | 7,054               |
| Pre-prescription              |                   |                   |                     |
| Cases                         | 193               | 156               | 37                  |
| Rate per 1,000 PY (95%CI)     | 3.48 (3.02, 4.01) | 3.22 (2.75, 3.77) | 5.27 (3.81, 7.27)   |
| Post-prescription             |                   |                   |                     |
| Cases                         | 65                | 45                | 20                  |
| Rate per 1,000 PY (95%CI)     | 4.75 (3.72, 6.05) | 3.76 (2.81, 5.04) | 11.52 (7.43, 17.86) |
| Rate Ratio (post/pre) (95%CI) | 1.36 (1.03, 1.81) | 1.17 (0.84, 1.63) | 2.19 (1.27, 3.77)   |